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My heart said YES and I took the first step...

- At March 10, 2011
- By [filiz](#)
-  [11](#)

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I've been procrastinating for days, dying to write yet not creating the space or time to let my hands type the words waiting to be shared with you. But here I am finally and although it is early hours of a new day, I will start writing about the learning journey I am in right now. I will begin. now.

After all, we just entered the [9th \(and last\) wave of Mayan Calendar](#) which is about *unity consciousness* and I hold a deep intention to be part of the expanding universal consciousness that continues to imprint humanity's evolution. What better time than this to share our stories, wounds, learnings and what our hearts long for...



I live life in continuous, interfluent learning cycles. The particular journey I am in now which took me from Turkey to Athens to Frankfurt happens to be about co-creating with women who are on life-changing journeys to find their ultimately authentic, creative expressions in the world.

Just like me.

I am literally surrounded by women, far and close, who, one day found the courage to say “NO, ENOUGH” to their inner judges, their families, their culture, the secure but painstakingly dull career/life path ahead of them and who also found the courage to say “YES, let's do it!” to their inner/divine guidance, the calling they ignored for years, that passion, that secret desire that never had the chance to grow because sun shine and inner waters weren't allowed in the deep dark corners of the feminine psyche.

We are so many. So many that I get overwhelmed by the immense power, deepening connections and swirling energy between us. I get inspired from top to toe by witnessing the unfolding co-creations and solidarity among women who are not even in the same geographical location. I want to celebrate the return of the Feminine by sharing stories, from my own journey as well as other women's journeys in reclaiming their authentic feminine power.



being born again, from ashes to Phoenix...

Yes, my current journey is about witnessing and holding space for women who are being initiated by a mystical rebirth into their wholeness, who dare to set themselves on fire to be reborn from their ashes.

It is marvelous and magical to witness these women, their stories, rebirths, *Home comings*. It is tender, it is inspiring, heart opening and makes life worth living.

I call these women **medicineWomen**.

They are the artists, social innovators, mothers, permaculture designers, storytellers, activists, elders, midwives, doulas, healers, wisdom & faith holders...who continually recreate themselves, fiercely determined to show up for truth and service in this time of planetary transition.

A few months ago, when I connected with this calling to witness, hold space for and tell stories of women journeying to the core of their essence, authentic Selves and creative potential, I felt this immense surge of power/energy slowly but intensely burning through me. You know how it is, feeling completely alive at the cellular level when something deeply resonant comes along. I heard an invitation from the Mystery and my body responded with a leap forward; so I tended my intention to set on my first artistic journey with medicineWomen.

I sensed my inquiry would be into

- ~ womanhood with healing properties
- ~ beauty and extra-ordinariness of the ordinary and not-so-ordinary women
- ~ a feminine way of being and doing in the world based on intimacy, trust and intuition
- ~ apprenticing to deep listening, witnessing and holding space
- ~ how the Great Mother is expressing herself in medicineWomen and celebration of her role in the transition to the new paradigm.

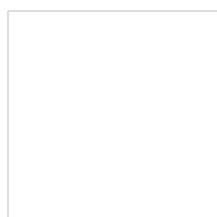


In the past few days, something shifted, aligned and matured within me that brought some more clarity and commitment.

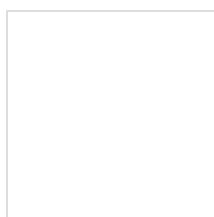
So, with this post, I am putting it out there, that *I commit to being an instrument in illuminating the stories of medicine Women to the world, to honor Great Mother's voice singing to us to awaken and to invite women and men into sacred heart space through my work.*

May it be of service to life!

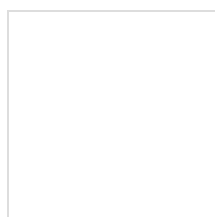
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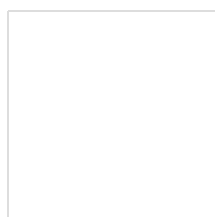
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Our medicine is doing what we love now



working with the feminine aspect



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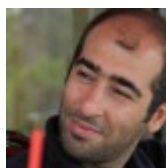
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11 comments



• [Kamyar](#)

Big smiles from heart 😊

March 11, 2011

[Reply](#)



○ *medicineWords*

deep bow for co-sensing...

March 14, 2011



• [Maria ~~~](#)

May it be well~journeying, Filizaki mou...

May it be well~rooted and well~growing...

Reading this made me feel I'm witnessing a holy baptising... You gave clarity, boldness and NAME to your call for service.

Deep bows to you, my filenada*,

Maria

~~~

\*female friend... 😊

March 11, 2011

[Reply](#)



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*medicineWords*

efkaristo, filenada!

March 14, 2011



•

[Jamie Walters](#)

Filiz! My heart is smiling deeply. This is sooooo beautiful to see and read.

And Big Love on stepping out to support such a vision and mission – to illuminate “the stories of medicineWomen to the world, to honor Great Mother’s voice singing to us to awaken and to invite women and men into sacred heart space” through your work.

Please do let me know if/how I can support & encourage it.

Love,  
Jamie

March 11, 2011

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*medicineWords*

Dear Jamie,

thank you for your acknowledgment and encouragement! I hope that I will be able to walk my talk...

I will certainly turn to wise women around me for some guidance as the work manifests more clearly in the coming days...

gratitude,  
filiz

March 14, 2011



[Marjory](#)

Filiz,  
Medicine woman. Beautiful, I support your commitment to do this sacred work.

March 11, 2011

[Reply](#)



*medicineWords*

Thank you Marjory, yes for being in sacred flow together...

March 14, 2011



[Majeeda Rosa](#)

Beautiful and inspiring – I felt a well of energy and resonance come forth from your words. Thank you!

March 12, 2011

[Reply](#)



*Nici Richter*

Hello! Sarah Whiteley sent me your link – I want to study your work and writings hope and pray that we will meet at Axladitsa in May 2011. Kind regards Nici Richter Johannesburg, South Africa

March 26, 2011

[Reply](#)



*medicineWords*

Dear Nici,  
welcome to medicineWords...  
I hope that you can join us in May.  
look forward to meeting you at Axladitsa,  
Filiz

March 27, 2011

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### Meet Filiz

I am a storyteller of the new paradigm. I have seen this shift coming for a long time. I just love witnessing and illuminating inspiring stories of how WE are co-creating the new world. A brave new world... What I can

see, whether individuals walking their authentic path and surrendering to their life calling or communities transforming through collective intelligence and solidarity fired by love and compassion, I will share it here within the context of humanity's rite of passage story.



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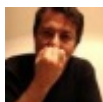
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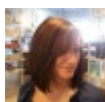
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### About Filiz



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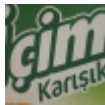
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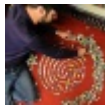
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