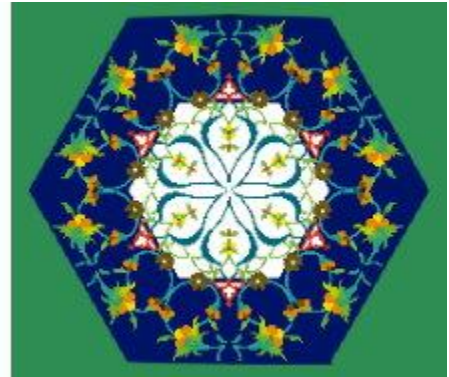


Walking the Stations and the Remembrance

Walking the Stations

The stations are a map for you to use in your journey of spiritual growth. They describe the personality traits, spiritual characteristics and spiritual states of people as they travel towards living in God's reality in every moment. Some people are living in stations that are more in harmony with the material world and others are living in higher stations more aligned with God's reality.



No matter which station you are in today, through hard work and sincere striving you can ascend from living in alignment with the dense, material world to the subtle world of God's truth, reality and knowledge. Love yourself where you are, love your Lord and worship Him as He asks us to, and I'm sure you will reach what your deepest heart is longing for.

The 7 stations are described in 3 of Sidi's books: *Music of the Soul*, *The Path to Allah*, *Most High* and *He Who Knows Himself Knows His Lord*. Below are the stations as written in *Music of the Soul*.

If, as you read the stations, you feel drawn to working with them here is what you can do:

1. Read the station out loud, making sure you understand every word.
2. Then, hand copy the station into a notebook designated for this purpose.

3. Re-read what you have written and then do remembrance for at least 30 minutes. If you have questions about what Sidi means at a certain point, do the remembrance as you contemplate that section and see if God gives you some insight.

Writing the stations frequently is enormously helpful as you walk toward your Lord. Your heart is the house of God, it is a temple and writing these stations builds the inner architecture of that temple so that your heart becomes a place of worship.

Feel free to [contact us](#) if you have any questions about this practice. Peace.

The Seven Stations of the Nafs

Bismi-llāhi-r-Raḥmāni-r-Raḥīm

In the Name of God, the Most Merciful, the Most Compassionate

1. Al-Amarra (listening to the orders from the darkness)

There are many things in the nafs. This word contains all the things that come from your self – your perception, your hearing, your feeling, the voices in your mind, and the desires of your heart, that say this and that or ask why or what. When you begin to walk in the way, you find two opponents inside yourself. The nafs sit inside you and the evil whisperer (ash-shayṭān) is also inside you but from the outside.

An example of this station is when the shayṭān came to Adam, may peace and blessings be upon him, in the garden. The shayṭān began to speak to the nafs inside Adam telling him to disobey the order of Allāh. The nafs of Adam listening and giving in to the voice of the shayṭān is the station of al-amarra. The nafs speaks inside you and the shayṭān speaks outside you to the nafs, but they both speak with

the same voice. Do not listen to the shayṭān. You must remember the name of God. He says to you, “First, listen to Me.”

What do you do in this station to discharge the voice of ash-shayṭān? Remember the name, pray as-ṣalāh, and walk. Continue and do not stand still. Give mercy. Strive hard, and after that you walk to the next station.

2. Al-Lawamma (the station of still questioning)

Here the shayṭān sits near the self and begins to speak with a strong voice, “Why do you pray? This is a lot of trouble for you!” And the nafs also say, “This is not good for you! It will cause you a lot of trouble.” Do not listen to this voice.

You, who seek knowledge of the truth, must look to the name of God and discharge everything outside. See only the name of God. In the beginning, the shayṭān asks, “Why do you pray? Why do you walk in this way? Why leave everything? Why change yourself? Why waste this time?” Also, there are many people whom you meet who say, “Do not walk like that; do not leave everything; this is not the right way. This is a mistake.” All this is from the shayṭān. When he sees that you do not turn away from God, he goes to your friends, and if he cannot get them to stop you, then he goes to your relatives and says, “He walks another way.” Then your family comes to you and they tell you to live their way. This is also from the face of the shayṭān, yet this should make the student more determined to leave everything because when you know that this is the right way, you cannot listen to anything else.

Continue, and remember the name of God, and pray and pray and pray. This is a difficult station for the student, more difficult than the first station. It is the war with the self and the shayṭān. It is the light fighting the darkness. Listen only to the voice of God. He says to you, “Come, come to Me, My son and My daughter. I am in your heart. Do not listen to any other voice, only to My voice.”

By saying this, God helps you to remember the name. Listen only to the voice of God. Leave your father and mother from the body if they try to keep you from walking in the way. Leave everyone who tells you that this is not the right way. Pray and sing. This singing is different from any song with music. This is the song of your heart. Listen only to the voice of God. The guide says not to use music now. First it is necessary to know Who speaks when you play music. When you are singing, listen to the voice of God. Do not go outside because everything is inside you. You are the love and you are the face of God. This is a very difficult station. Do not waste any time in this station.

Say, “Help me, my God. I cannot do anything without You.” He will come to you. Open your heart, and listen to His voice all your time. Do not waste a minute in this station. Then He will take you between His hands, and there you will find peace and love. Between His hands, you will find the garden. You will feel everything in His hands. Then He will help you in the third station.

3. Al-Amina (the station of faith and trust)

In this station, the shayṭān sits next to you. He lives in the world outside you, while the nafs lives inside you, yet they are of the same nature. Here he sits close to you, but he cannot do anything as long as you do not listen to his voice, and you hear only the voice of God. Your hearing can only hear the voice of Allāh.

If the shayṭān sees that you do not listen to God, or remember the name, or pray, then he begins to speak to you saying, “Enough! Do not remember so much, but remember only a little!” He tries to speak with the language of God, but his words have an outside meaning. He says, “It is right to pray, but you make trouble for yourself. I love you and I know what is best. Remember only a little. I am afraid that when you pray a lot, you will hurt yourself.” The shayṭān speaks with your own face when he speaks to you here, and

he tries to make the self refuse to pray. But say to him, “No! I will pray and remember the name of God all the time.” Then when you continue, you sit with your mind and your heart opened.

The shayṭān is not too much trouble anymore because he begins to die. It causes his death when you go where the shayṭān does not want you to go. If you wake up, and you want to walk and to continue with an open mind and heart, then you begin to feel peace in your heart, and the shayṭān has to flee. Now you can strive and continue in the way.

4. Al-Mutma’inna (the station of security)

This is a quiet station. Here the nafs and the shayṭān have become silent because the student begins to walk more quickly. You have become a believer and you begin to live within. You feel rested and you no longer listen to any voice, only the voice of God. Neither the voice of the nafs nor the voice of the shayṭān can stop you from continuing in the way. You begin to leave everything outside and to clean yourself inside. You know now that the nafs and the shayṭān carry the same face. You no longer refuse anything God wants. You begin to know all the qualities and to see that everything comes from God. If you leave everything outside and open your heart, then you begin to touch completion. Your mind and the eye of your heart begin to open, and you begin to see with the eye of your heart. This eye is very clean, and it is just beginning to open. You need to pray and to remember the name more, and to learn to give mercy.

5. Ar-Raḍiyya (not obeying anything from the nafs)

In this station you begin to see the face of God in everything. You hear the voice of God in every song and you say, “Who sings? Who talks? Who walks? This is my God!” This is a high station. It is a station of mercy and peace because you begin to give everything to

God, and you do not refuse anything. When God takes you, He gives to you and He helps you.

Now you begin to speak with your God and to ask Him about everything, and you begin to weep, but a holy weeping. What is the reason for your weeping? You weep because you see that you lost so much time when you lived in the world outside. You weep and say, “Why did I live like a blind person in the world?” You weep because you begin to see through clean eyes when you walk in this station.

6. Al-Mardiyya (accepting without asking)

You listen to the voice of God and you begin to see the picture of the truth. You see the world through the eye of your heart and you begin to speak in the language of the soul. You know that there is no difference between anything, and you say, “I am Your servant. I am the picture of God and there is no difference between the body and the soul.” You start to know that there is no beginning and no ending. You become thirsty for truth, and you stop speaking with yourself. Now you listen to the voice of God. Everything inside you changes, and you see that everything is from God, and that it is God Who is helping you to change. You speak in the tongue of God, but it is not yet complete and you must walk more.

There is no more ash-shayṭān here. Where can he be? He is nowhere because he has disappeared. Love conquers everything. It conquers the nafs and the shayṭān. After this, you begin to know the secret.

7. Al-Kamila (the perfection of the nafs)

Al-kamala is the station of the perfection of the nafs. When you reach completion in the stations of the nafs, all of the nafs become purified. Here, you begin to live completely in the station of the heart. You must walk through every station, not only in words, but

in your whole being. I want everyone to know how to walk in this high station.

I know every student before he is born because God gives the guide the knowledge to know all of his students. When you know yourself well, then you are like the guide. Do not only repeat, but live every word that the guide says to you.

This is only a very short explanation and my language is very simple. To explain fully would take a book for each station. But if you open your heart and walk, you will find everything inside.

The Seven Stations of the Heart

Bismi-llāhi-r-Raḥmāni-r-Raḥīm

In the Name of God, the Most Merciful, the Most Compassionate

1. At-Tawba (the return to God)

You want to return to God to clean yourself and to wipe away all your mistakes. When anyone wants to change everything from the outside to the inside and wants to live in this station, he needs to be clean and to walk in the way of God. You need to wash your entire body because you have lived in darkness and trouble.

When you want to listen to the voice of God, you must give your hearing to this voice. When He, Praised and Exalted is He, says to you, “Come and listen to what I say,” you must open your hearing because God wants to put holy words inside you. You must clean your hearing because God wants you to hear only His word. First He loved you and wanted you, then you loved and wanted Him, and then He caught you so that you could speak with Him.

First, you must say, “My God, I want to live with You in everything. Clean me and place me inside Your heart. Do with me what You want. I will listen to Your every word. I am Your servant. I want to

be a special servant for You; nothing else do I want. I want only to see Your face. Give me love, and help me to know the meaning of this love. I do not know anything if You do not help me.

“My beloved God, I am here, and I am at peace only with You. My soul is with You, and in my heart there is no difference between anything inside or outside me. Clean me with Your water of truth because everyone who wants to see You needs this water.”

“Now I am beginning to remember Your name all the time. I do not lose any time. I pray to You. I know that You do not need this praying because this praying is only from me to myself. I ask You to help me to know the meaning of this praying, and to practice it. I am between Your hands. These hands are different from any other hands because they are very holy.”

“Oh my God, everyone needs to know, but who will understand if You do not care about him? I want to walk in Your steps. Give me a strong heart and a quiet heart, and make me polite.

“When I reach this station, I am beginning to know You, and You are what I am. This is the truth. I have searched for a long time. Now I promise to continue in this way, and to not lose any minute because every minute is for You.”

“My Lord, help me to open my heart and soul, and to give my heart to anyone who wants to know You. Help me to show the flower inside my heart, so that anyone can take what they need from this flower because everyone needs the fragrance of this flower. This fragrance is different from any other because this is Your fragrance. Put it inside me and help me to know all the stations. This is what I want, nothing else. Keep me, and do not discharge me from this life.”

“There are two things in the world between the people – light and darkness. I hope to live all my life in the light, and to give everyone

what You give me because You are the Mercy for everyone. Your message is my message, and I will not leave this message if You help me. I want to return my soul to the place where it was when You made me, to the place that Muḥammad, the father of my soul, showed me, may the blessings and peace of Allāh be upon him. He is the guide of the love because his face is Your face. I will not refuse any order he gives me, may the peace and blessings of Allāh be upon him, because this is what You want. I give everything to this guide because he is a prophet from You. Muḥammad, may the blessings and peace of Allāh be upon him, sent his sons to this world to give Your message to everyone who wants it. I thank my guide for this chance because he has put me here, and he knows the way of Your love. This is all I want. My God, fill my heart with love and mercy and politeness.”

“My tomb is broken and I rise up because my moon is ascending. I see everything in my heart, and my heart begins to speak to You because now my heart is Your house.”

2. At-Taslīm (surrender to God)

If anyone wants to walk in the way and to live in the garden, then he must leave his body, his heart, and his soul, and be only with God, to be with Him face to face. You cannot go left or right. You must walk straight and speak to no one, only to God. You must not see anyone, only God. You must not walk with anyone, only God.

When you live in this station, you wonder how you lived before you found the way. Now you can know yourself, and you can change everything from the outside to the inside, and see no difference between the two. There is no difference now between your self and your soul, and there is no difference between anything inside you because there is nothing, only He. He is she, and she is he because He returns everything to the first world – the world of the subtle.

The return means that you change from the world of the thick body (al-kathif) to the world of the subtle soul (al-latif). You return your being to the place where it was when you were born. But there really is no place where you are born in your soul. You are really nothing and you come from the holy soul in the first world. This is the world of Allāh. There is no place, no heaven and no earth, that can contain God because everything is from Him. If everything is from Him, why not give everything back to Him? Leave everything and give it to God, soul to soul and heart to heart.

When you reach this station, you reach the garden of surrender. This surrender is deeper than any other surrender because now you are surrendered in God. No one in this station feels troubles, and everything in your life is peace and love because now your life is the life of your God. This is the station of the secret love.

Remember until you know how to fill your heart with this love because this love is deep and it is full of the meaning of Allāh's holy word. This word does not disappear because it is from Allāh. When you live in this station you are born many times, and you give the love to many faces because your face is the face of the love.

When you understand what I mean, you will understand the message – a very holy message which is a picture of the first world in which Allāh made everything. I want you to return to live in this world. It is the world of the angels and the souls. There is no difference between angels and souls.

You are the sun of truth. Know your sun (the deep light of your soul). If your sun rises, then you know why He put you in this world. You understand why He made you. He did not make you to eat and to sleep. He did not make you only to make money. You know what your message is in everything. Give everything and leave everything. When you give everything, you live in the garden of surrender (at-taslim), and this is the garden of knowledge. This is what I want.

You could not have reached before. Open everything inside you, and then you find only Allāh.

Listen to every meaning in every word in every book of the prophets. Then you will know the meaning of the truth. I ask God to give you the meaning of everything. Do not go left or right and do not lose any time because He will ask you about every minute. This is a holy message and this is what He wants from you. In this message you can know everything. This is the station of at-taslim – surrender to God.

3. Al-Adab (politeness, courtesy)

Anyone who wants to live in the garden of the soul needs to clean his body of all the things he carries because he carries the qualities of God. God has ninety-nine qualities, but has only one name, a special name – Allāh!

When you want to walk in the way, you need to be polite with all of these qualities with any person. When you speak, when you walk in the street, when you hear any voice from anywhere, know this is not the voice of the person, but it is the voice of God speaking. You must be polite because you are speaking with God. When you look at anything, you must know how to look at this thing. Listen to everything and look, but be silent because it is the picture of your God, and it is very clean. You cannot see your picture unless you are married to Him.

Allāh knows what the guide says to you, “You are the mirror and I can see myself in your heart. For this reason, I put the love inside your heart so that I can see myself in your heart. This heart must be clean because I want to live in your heart because it is the house of my God. This heart is also my heart, and you are the love, the secret love inside this heart.” You cannot know the meaning of this love unless you break your glass. When you break your glass, you wake up. This glass is your body, and after that you walk through these

stations of the heart. Fill your heart with the love and the mercy and the peace, and give everything to your guide.

When you give to your guide, you give to yourself, not to anyone else because he is the mirror of God and you can see yourself in the heart of the guide. Do not refuse any order from him because the order he gives is not from him, but it is from God. Wash your body and heart with the water of the truth, and drink the wine. This wine is different from any other wine. It is the wine of love, the highest love, the wine of divine intoxication. No one can see God if he does not drink this wine because this is holy wine. When you drink from this wine you will want to live here all the time because there is no life without this wine. It is the wine of the truth, and the wine of knowledge, which is for every seeker to drink. It is necessary for your soul because your soul does not eat or sleep. How can she sleep after she knows the secret of the love, and how can she sleep after she knows the truth of God?

After that, be silent in this station because you sit with your God all the time. You have no time to sit with anything else, only Him. There is no one in your world, only He because you understand what He is, and He will give you everything you want. How can you look left or right when you see the secret light? Continue to reach what He wants from your soul. Allāh wants your soul to be clean, and He wants you to leave the self because you are beginning to walk in the way. Before this you lived with people on the outside, but now He wants you to change this soul and to see only His face, and to speak with Him with the language of the soul.

Now you live in a high station. Be silent all the time and look straight. Do not speak with anyone, only Him. He wants your soul to be only with Him. He does not like you to be with anyone else because there is no other. There is no beginning and no end because you are the beginning and there is no end to you. You are the mercy and you are the politeness, but know yourself well, and open your

heart to know how you sit with the Beloved. He is the secret. There is no difference between you and Him, but know what He wants from you. You are the secret beloved, and He wants you to be special for Him in everything. He wants you to be His daughter, but this is a different daughter. This is the daughter of the truth. There is no difference between daughter and father, if you know what I mean. I do not mean an outside thing, but a deep meaning inside. Do not lose these jewels from the wisdom. If you do not keep them, you are lost and He will discharge you. What will you do for the rest of your life if He discharges you? But I will pray to Him, and I hope that you will be His daughter, the righteous daughter, the polite daughter. Do not refuse what He says because you are holy and He is holy.

This is the meaning of al-adab. It is a short meaning, but in this meaning you can find your picture. You can reach the way of the truth. Now I have said enough. I have given you holy words. I am afraid to explain any more of al-adab, the politeness. You cannot live without being polite. The politeness is necessary for anyone who wants to walk in the way. Catch anyone and put politeness in them. I hope you have listened to me and have understood. I pray that God will help you to be polite all the time.

4. Al-Khawf (awe of God)

If you want to walk in the way of God, you need to know where you sit with God. You need to understand everything that God wants from you. If you are not polite with Allāh, He will not give you any of the holy meaning. Above all, you must open your hearing for God's voice. His voice is different from anything that you have known. Now you begin to speak with Him, and when you sit with Him you must give everything to Him. You must open every quality to hear Him and put everything in its place through the holy meaning. You must look at His face all the time because then you sit in the holy garden, the garden of meaning. If you lose time when you

are with Him, you will not understand why Allāh has put you in this place. Then you will not know the message, and you will not know what He wants from you. Allāh gives you this station to learn the meaning of the fear of Him.

What does He mean by fearing Him? Anyone who sits close to a king fears the power of the king. Yet Allāh is not like a king who governs this earth. If anyone does anything wrong, an earthly king will punish him or kill him. Allāh will not do what an earthly king would do, but He will discharge anyone from His garden who is not polite. It is very difficult for anyone who has lived in His kingdom to return to live outside. No one can continue to walk or to return to what they had reached before, unless Allāh wanted to give them another chance. This is what I mean when I say that you need to fear Him if you want to sit near the holy King, but the difference here is that there is no one, only He, and you are His picture. This picture needs to be clean, and full of the mercy, and full of the secret love, and you must know the meaning of the secret love. I say again and again, when you want to sit with God, be in fear of Him. Yet this is a different fear. You fear Him because you want to be special for Him, and to look only at His face. And there is no more body because your body is broken.

You travel on this holy journey all your time. You sit with your God face to face, but in your soul. Your soul has broken open and has changed. You wake up in another high station and want to reach the holy soul of God because this is the father of your soul. You are from Him and you want to return to Him.

If you do not know what I mean, clean your mind because your mind is the picture of your heart. There is no difference between your heart and soul and self if you are with God because He does not know numbers. He is al-Wahid. He is One. Lam yalid wa lam yulad. He begets not, nor is He begotten. And there is no one like Him.

There is no one like Him, only His heart. Be the house for His heart. To understand and to reveal what He wants from you, you need to be with Him all the time, and to not lose any time, not one minute. Do not waste any time. Pray to God all the time, when you walk and when you work. Pray when you look at anything because in any quality you can see the face of Allāh. Do not miss any prayer, and remember the name of God.

Do not think of other things when you sit in this station. Here you sit between the fire and the garden. Remain in your place because He put you in this place. If you look right or left or behind you, you will fall down and you will touch the fire. This fire discharges you and returns you outside. Then you are lost for the rest of your time. You are like an animal, but an animal is better than you. You have carried the message, whereas an animal does not understand. Why do you not sit and be polite? Why do you lose your time? Why do you look right and left? Be special for Him. This station is very dangerous. Look at your qualities in this station. This is a high station that needs you to break your soul to change everything inside your soul. Do not refuse any order, and do whatever He wants. Listen when He says anything to your heart. Live with Him, for Him. This is what He wants from you. Continue to pray and to remember the name of God. Do not stand still, and be silent because He will speak to you. He loves you. Be with Him all the time. You have no time because every minute is from Him. He wants you to be clean, but what do I mean by clean? Give mercy to everyone and everything. You are the mercy, and everything is inside you. Listen to His voice because He speaks to you every moment. Listen and, if you can, do not refuse anything when you live in this station. I will ask Him to help you, and to give you what you want, and what He wants.

This is the fourth station of the heart, the fear of God, al-khawf. This station is more dangerous than any other station because your body has completely changed to be your soul. The body is like a

glass, and when you are not polite, you will break the glass before your time.

5. As-Sidq (righteousness)

The right religion is special from Whom, to where and for what? Why do you want the religion? The religion is from God to God, to know the truth of Him, and to know yourself, and to know how you are with the face of Allāh. This is a short explanation. The guide of the love says, “What God wants is to teach the religion to anyone who wants. He will give what He wants to give from His special religion. What Allāh wants from me, I give. He speaks of good and gives only what is good in the special religion. He gave me the order to give you this special religion and I put it in your heart. I am the servant, and He made me polite. After that He taught me everything I needed from the special religion. The truth is the essence of God. It speaks of the subject of the self and the subject of the soul, and of how to know yourself. Then He told me to teach you this subject of the truth of God because He loves you.”

Allāh gathers the believers from everywhere to teach them how to live with Him when they walk in the way. Before you sit with Him, you must understand what He says. Listen to every word when He speaks because you are from Him. Then He takes your hand and changes you from station to station, from surrender to belief to divine insight (al-islam to al-iman to al-ihsan). If He had not given you the right religion, you would not know why you are in this world. He made you to carry the holy message. Give the message of mercy and love to all those who want to change themselves from the darkness to the light. Do not forbid anyone who wants to sit near you because you live in the garden and he has lived in darkness. You are better than the angels, and the angels pray for you. But know the secret. You will not know if you do not follow every order in the holy books, and every order from all the prophets. Change every

quality to be like the qualities of God. If you do not do this, then the order only lives on the outside.

The orders of Allāh carry many, many meanings. Prayer is an outside order, also fasting in Ramadan and giving charity (az-zakat) are outside orders. But there is a deeper meaning in these orders.

The deep meaning in the right religion and the special religion is surrender, to give everything for God. This is an inside meaning. It means to go beyond all that you have been and be special for God. Remember His name, and remember that there is no god but He. This is the first station in which you walk and say, “I am surrendered to God.” But He needs you to obey His order. When you clean all the qualities in your body, this is true Islam. Do not steal. Be truthful. Be good to people, and help everyone to walk in the way, and be polite when you walk.

This is what He wants from you in every quality. Leave everything outside, and refuse all the qualities that are not from the truth. He wants you to stand facing Him in every prayer. Be sincere and empty yourself of everything but God. Speak only His words, and do only what He wants. There is nothing, only He. Leave everything that is not useful and walk in the way. If you change everything, then you are the holy book, and you are the message. Send the message to everyone. Be the message, and give of yourself, and make yourself Him because first He wanted you, and He loved you first. Then He will take you and put you in the holy garden of the soul. This garden is different from the first garden. It is holy and full of meaning and wisdom.

In this station, you can say, “I am running to You, leaving everything I have known before, to be in Your presence. Keep me with You all the time, and help me to give Your holy mercy to anyone who needs it. Please help me my Lord, for there is no life without Your mercy.”

These are holy words spoken by the believer, the one who wants to give everything to God. There is no one who can feel this unless he lives in this life. Say, "I ask You, my God, to change every quality, to take me from station to station, and to teach me the holy meaning because I am nothing without You. I am like a camel lost in the desert who has not had a drink for many days. When he finds water, he drinks and drinks until his thirst is quenched. I am like the camel because I have found water in the garden." Then He gives you the water to help you clean yourself of all unnecessary qualities. The only thing you must do is to pray and to open your heart. He wants you to believe in every order He sends, and He wants you to be certain in your heart when you are with this order. This is the first order, al-islam. The second order, which is the way of the heart and is special for the heart, is al-iman.

Oh my brother, listen to every word. Every order is from your God to help you to reach Him. If you do not follow what He has sent you, you will not reach Him, and you will live outside His garden. You must leave all the unnecessary qualities of the human being outside, and put in their place special qualities for the soul. You need the real politeness to be with God and the prophets, with your guide and with your brothers and sisters. The picture of the guide is the picture of your brothers and sisters. The picture of the guide is the picture of the prophets, and the picture of the prophets is the picture of God. Know what I am saying. If you are not polite, you will not reach. I would like you to sit on the holy carpet, but understand what I mean.

This is the voice of Allāh to you, and you must follow it if you want to have knowledge of Allāh. Empty yourself of everything from your past and die to be in the Day of Judgment now. Then you are born again. Break your tomb and wake up from your sleep because you are the jewel, and you are the secret inside the jewel. You cannot know the secret if you do not break this jewel. You are priceless because He wants you. You are also very holy, if you know. You

cannot reach until you break the glass inside you, and put everything outside except Allāh. After that you can continue, if you are able, and I think you are because He would not have put you in this place if He did not want you. Give your self and your soul and everything that you have to God if you believe in what I say.

In this way, you need to be a believer all the time. This is the real station and a very deep station. If anyone does not believe in the truth, he will not reach, and Allāh will put him outside and discharge him from the holy garden. This is the fifth station of the heart, as-sidq, the righteousness.

6. Al-Ḥaqīqa (the truth/reality of God)

You are the secret. If you know the deep secret, you can reach Him and sit in the holy garden. In the garden you will find the wine of the truth. Every heart needs this wine because the heart is the tree of God and the tree needs to drink His wine. You cannot drink this wine if you do not know its meaning. How would you know the way of the wine if you did not clean your house? Because He is the Holy House.

There are two things that make war in your heart – the family of light and the family of darkness. Clean your heart of the family of darkness, because many things come from the darkness. People tell you to not pray and to not remember the name of God. They want to catch you and to take you from the garden, but refuse what they want and what they say. This is the shayṭān and your self speaking! In your heart, you want to continue to walk in the way of God, but the self (an-nafs) tells you that the way will make trouble for you. Do not listen to this voice. It wants you to go outside and to live in the darkness, but Allāh wants you to live in the light, not in the darkness. Leave everything, and open your heart only to God to know the secret inside your heart. If you change your heart, then

you are the qibla (the direction of prayer). Your heart is the qibla, and you are the qibla.

When you are in this station, you can pray from your heart. You face yourself when you pray because He wants you to know yourself. When you know yourself, you know God and you reach His place, which is no place because He is the beginning and the end. You can pray inside your heart when you live in this station. You are the truth, and your ear is the ear of God, and your eye is the eye of God. Your picture is the picture of God, and there is no picture now because you are a deep secret. Now you can reach and you can know yourself.

Always remember that you will not reach if He does not love you. First He loves you and then you love Him, yet there is no first. He can see everything in your face and He can hear every voice. When you speak, you should know how to speak with yourself. When you are in this station, there is no body because you have lost your body. It has become completely light. Where can another sit inside you? There is no room for another, there is room only for God. You can live in this station because it is the real life. The guide wants you to spend all your time with Him. Do not lose any minute because every minute is very holy. I live with my soul now. This is the holy light, if you know.

Praying is different here from any prayer before. You now pray in two ways – the ritual prayer for the self and the deep praying for the soul. You live all your time in everything with your soul, but the real soul. This is from the truth. No one can reach if he does not change everything from the outside to the inside, and there is no outside and no inside. Where is Sidi? Nowhere! Only He! There is no difference between you and Him because you have returned to the origin, and there is no origin.

Stay in this life. How can you leave after you know the truth of God? Your body is His and you are His mirror. Keep your body special

for God. Do not give it to anyone. This is the language of love, a deep language. Know this language because it is the language of the soul. When you understand what I mean, you speak with God. And there is no voice but His.

Pray, but do not pray only with your body. Pray with your heart and soul. You live now in al-wahid al-ahad, not just one, but all one. Al-ahad is the divine oneness of God. All your qualities in this station are the qualities of Allāh because your sun (soul) is rising, and it is a holy sun which contains every meaning. When the sun rises in your heart, you can see everything and know everything. He loves your prayer because when you pray in this station, you pray with your God face to face, and there is only the face of the unity.

“Oh my God, keep me in this station to pray deeply because my face is Your face. Help me to know, and do not discharge me back to the life I lived before I came to You because now I could not live without You.”

This way is the way of the soul. My Beloved is inside me. What do I want after that? I want nothing. He stays inside, and I love Him and He loves me. The prayer now becomes deeper and deeper. I do not want to live without this wine because I receive all that I desire through this wine. When I walk in this station, how could I live without the wine of the truth? This is the true song. I understand every word I speak because I know my name, my real name. This is the secret. You can know every name from His name. When you put His name inside you and all the qualities inside your heart, you know the truth. My vision is very clean now, and my time is very holy now because it is all for Allāh.

I thank my God, thank my Beloved because He knows the truth of me, and I know the truth of Him. He has given me the real wine, and He has given me politeness, and He has put mercy inside me. He has put everything from Himself inside my heart and has made me what I am. I see the unity when I arrive at the knowing. He made me a

slave for Him and He has taught me every order and has made me the beloved for Him.

If He had not helped me, how could I know? If He had not helped me, how could I have reached? If He had not helped me, how could I live in this holy life, to know the deep secret inside myself, and to know Him well? This is my God all the time. This is the truth. What are you?

7. Al-Maḥabba (the Love)

My brother, listen to me! Listen with your ear, but with the hearing of God, to understand what I mean. See through my eyes and live with me in every quality. Be silent. Be quiet and open your heart to listen to what I say about the love. You love Him and you need this love. You cannot leave the love. How can you live without love? What would your life be like? If you do not love Him, He will discharge you and bring another into the net. The people who love Allāh, Allāh loves them. Listen to what I say from the lips of the Prophet Muḥammad, may the blessings and peace of Allāh be upon him, “Be the ear to your God; be the eye to your God; be the face also if you want to sit with God face to face.” If you sit near Him, you will find the mercy and the holy love. Throughout your life you will find no sadness because He has loved you from the beginning.

The meaning of the love and the religion are contained in the secret. What He wants from you is for you to be the servant of your Master, and to be polite when you sit near Him. You want Him to give you mercy and love from the mercy, so that after that you will know what He wants from the meaning of the mercy.

The heart must be very clean for His love. You cannot reach the secret of the love if you do not change every quality to be like the qualities of your Beloved. You must die with your Beloved if you want to reach the secret of the love. Clean your heart of everything that is inside it, and put your heart between the hands of God, and

let Him do what He wants with it. How can you live in this world if you refuse the order He sends? The truth of the love is to give everything to your Beloved and to be empty of everything but Him. Then you have only the name of the deep secret love inside.

He has given me this name, and this name rules my heart and cleans it of everything inside it but the Beloved. Then I say, “Stand inside the doorway of love all the time. Do not go left and right, or to any side. Know that you are not lost if you remember the name of God all the time, inside or outside.”

You give everything to Him when you put your heart in the fire of His love. Then you drink from the cup of the love and find everything and see all the secrets. When you speak with Him, you speak with the lips of God. When you move, you move with the order of God. At every moment you stand facing God. You forbid anything but Him to live inside your heart because there is nothing, only He, and your heart is special for Him. Forbid any quality that does not live with Him to live inside you. Then you will not see anything but the face of Allāh all the time. Your heart is full of love and you leave everything but Him. Then you begin to sing with God, and He gives you every secret.

When you live with these qualities, you must remove the shoes from your feet out of respect for your Master, as Moses did, may peace and blessings be upon him. By these shoes, I mean the world because now you live in the holy valley. You are in the valley of love. You were put in this valley to be the eye of God, and to see everything through this eye.

There are two sides to His love. The first side is to see God in the human being. He wanted to see Himself in the human being, so He created him, and you are the mirror. Allāh says, “I am the secret treasure and I loved you to know Me, so I made the human being, and you can know Me from your image.” The second side of the love is to see the human being in God. If you change everything and you

clean yourself of all unnecessary qualities, there is no outside and no inside because there is no first and no last. You have reached a high station and here there is no difference between you and Him because you have returned to Him, and you are from Him. He loves you to return to Him because He is the love. This is the bond between the human being and God and it exists all the time, but know what this means. You can find the love in the deep meaning of everything, and there is no end to it, and you cannot live without this love because it is your life with Him.

At last I say, “Love everything because when you love all things, you are loving God.” When you give, you give from God to God. Give mercy to your brothers and sisters all the time, and open your heart, and see what is inside your heart. If you see Him inside, then you live in the house of God. You can thank Allāh because He has put you in His heart. Everything is from Him. Thank Him because He has put you in the holy garden. This is the garden of love. Know that the word I want to share with you is love and love and more love.

Allāh! Allāh! Allāh!

The Seven Stations of the Soul

Bismi-llāhi-r-Raḥmāni-r-Raḥīm

In the Name of Allāh, the Most Merciful, the Most Compassionate

1. At-Tafakkur (silent remembrance)

In this station you remember with your mind, with your thoughts and with your heart. Be silent because this is the remembrance of at-tafakkur. You have changed yourself to live in your heart and now there is no difference between your self and your heart. Your heart is in the unity because you have changed everything. Now you have really begun to walk straight in the way of God.

Continue walking. Change every quality in your heart to become a new quality full of light. You begin to live with your soul and to know the meaning of His words. His words are the jewels, the jewels of knowledge, and they are different from anything that you have known before. Now your sun (soul) rises. Before now your heart was not filled with all the holy meaning. You did not understand the meaning of the love and you could not sit under this sun because this sun needs to contain all the qualities of your heart. If you do not guard every quality in your heart, and you do not clean them, then you cannot sit under this sun and know the secret meaning of the soul.

In this station, one needs to be more and more polite, and one needs more and more love. You also need to pray, but pray more deeply. Now you begin to sit in the garden of God. In this garden you need to be merciful all the time. You need to live, every minute, with your soul. In this station, you must understand the meaning of the soul because now you sit with the soul of God, and your soul has returned to His soul. You do not need to remember with your tongue. Remember in the silence of your soul, which lives in His soul. Remember Him in everything because now everything is finished, and you have lost yourself. Discharge everything outside. This station is a very dangerous one. You need to understand how to sit with your soul because your soul has changed to be full of light.

In this station, He wants you to look only with the eyes of your heart. Keep yourself only with Him, in everything because there is nothing in this station, only His soul. Put your soul in His fire, which is full of the holy love and of all His qualities. He wants you to be with Him in everything.

If you want to walk in this station, you need to pray, but to pray from the eye of your heart. Do not leave the prayer which you have done before because He loves to see you praying. You are His servant and you are the picture of Him, and He wants to see you

when you pray as-salat. When you stand before Him, you must be silent and you must know the meaning of the prayer.

Also, when you walk anywhere, and when you watch the world around you, your eyes need to be praying. When you look, see the name of God. See the name, the soul of God in everything. When you see animals, birds or human beings, remember and know that God puts His soul in everything. There is nothing, only His soul, and when He wants to take the secret from anything, He takes it in a minute and it is finished. This is the truth of God.

Know the secret of yourself before you die. You need to be born again and to die again. You must clean every quality in your heart. You must die and break your tomb to wake up from your sleep, and then to break your tomb again to live with the soul of God. When I speak of your tomb I mean your body because it is like a prison. But know everything that is inside this tomb so that you can come to know the meaning of the secret. You will need a long time if you do not break your tomb, but if you do break this grave, which is the life of your body, you will find everything inside. You are full of the secret reality.

Do not lose any time in this station. You can go anywhere and you can do any work, but remember the name in your heart. Be silent throughout the day if you do not need to speak with anyone. If someone asks you a question, answer him with only a few words. Pray when you work because you are doing the work of God. When you walk, you are walking with the steps of God. When you speak, you are speaking with God. You are different from any other human being because you live inside the truth. When you leave everything behind you, you can see the secret inside every human being. You cannot know any of this without deep praying.

When you reach this station, you need to be polite and sincere. Listen to any order and to any voice because it is the voice of your God. There is only His voice. Now He wants you to be special for

Him. How could you come again to know what you know now, if you are not special for Him in everything that you do? You want to carry His message. If you do not listen to every word He says, in whatever you do, you cannot reach the knowledge of the truth of God. Continue in the way and do not stand still. Walk straight and do not go left or right. Allāh loves everyone who walks straight because He is One.

He wants to see His love in your soul. He wants you to know how to sit in the fire of His love. If you hold the fire of His love in your heart, He will help you, and He will take your hand, leading you to Him and giving you what you want. But in this station, wait and do not ask Him for anything. In another station, you have asked Him for everything, but now in this station it is from the polite to not ask Him for anything, but to follow everything that He wants because He knows everything you need and puts everything in its place.

Remember Him all the time and give yourself to Him. Keep nothing of yourself, only Him. This is what He wants from you in this station. Thank Him again and again. This is the meaning of at-tafakkur, the silent remembrance.

2. Al-Hubb (sincere love)

My brother, my heart, listen to what I say to you, but with the ear of your heart because this hearing contains the Muḥammadan presence (Muḥammadan hadrat).

Be with me in every quality of your body, of your mind, of your heart, and of your soul. Be the eyes and the ears and the hands of God. Listen to what I say, from my heart to your heart, because you need to listen now to the language of the soul. You are the beloved and you are more than beloved. You need to listen to the words of Allāh. Take what He wants to give you from the mercy, from the love, and from the truth. You sit near Him all the time now, soul to

soul. You feel no sadness and you are not afraid because He has wanted you from the beginning, from the world of pre-eternity (al-azal) to know only His love. Put your soul inside His heart forever, to be more and more of a holy servant for your Master.

You will see the true face of Allāh when you love the guide, when you give everything to the guide, and when you see the face of God in the face of the guide. Then you can touch the mercy from the love, because its meaning has become clear within you, like a drop of rain when it comes from the sky, splashing forcefully into the water. This splash is like the fire, and this fire is what He wants you to feel in your heart. He wants you to drink from this water, to meet your Beloved because you want your Beloved and nothing else. Allāh wants you to live with Him every moment because you cannot live without your Beloved.

Who can live without God? If you want this life all the time, you must pray. And also pray when you walk, when you work, and when you sleep. Pray! And pray! Do not refuse any order that Allāh sends to you. Leave everything that He has forbidden. When you give love to anyone, you are giving everything. You do not keep anything inside or outside you. You have given yourself completely to your Beloved. Why does God show you this love? To help you to erase everything from your heart but Him, the Beloved. You sit in His soul near the door of love, all the time. You have lost your self. Your qualities have been put inside the Beloved, leaving nothing of you because there is only He. If you love God, sit with your self and your heart with your soul inside His soul.

Do not speak to anyone about what He wants from you, and do not give the secret to another. Speak only to Him because there is no one in this station, only He. You have put your heart in the fire of the heart of God to inflame the yearning (al-himma) of the love inside you. When you burn only with His name, you speak with Him, from your soul to His soul, with the lips of God. You move now only with

His order. You are with Allāh all the time, to Allāh and from Allāh. If you want the himma of this love for Him, you must forbid anything to sit in your heart, only His love. This is the religion of God. When you live in this station, you live on the top of the mountain, the holy mountain. It is forbidden to see anything, only His name, or to love anyone, only Him because He has given you His soul, and He has also given you His love, for you to be special for Him. When you love Him, you change yourself to become His love because the love of Allāh is the highest love. You are between His hands in everything. You are His holy servant.

Now your soul is beginning to die. It needs this dying because it is changing to live with the soul of Allāh. After your soul dies, you awaken and you speak a new language. You can know everything from this language. The language of the soul speaks only with the voice of God.

Give Him your heart, so that He can change everything inside it to be the house of your Beloved. Continue in the way and do not stand still. Remember His name and pray. This is your chance to know the secret of your soul, to be the servant sitting inside the soul of God, soul to soul, with Him. Thank Him because He has given you everything that you have, and everything is from Him. Do you understand what He says to you?

3. Al-Itlaq (the freedom)

I speak here of the heart, the eye of the nafs, the eye of the soul, and the secret of God. The Muḥammadan heart is the eye of the soul, and it contains more of the secret of the soul. If you want to take the truth and to know Allāh and His secret, you can only take it in your hand if you know that everything is in the way of the love. This love is different from the love of the body. If you reach the true love, the love of the soul, you reach the love of God because He is the secret love. Sometimes you think that the love comes from your heart, but

if you look deep with the eye of your heart, you will find that this is the love of Allāh. He is the secret inside the soul.

Know, my brother, that your heart is the center of knowledge. Listen to what it says. If you want to know the secret love, understand the meaning of every word and listen quietly to what Allāh says. If you do not open your heart and close the door to the outside, how will you know the meaning of the love? When I say that everything is in the heart, I do not mean the heart of the body. The heart of Allāh does not know human form. He has put His heart and His soul inside everything. You cannot touch it, yet it is very close to you – only a breath away. This is the meaning of inside. It is difficult to understand, but when you walk in the way of love, you can touch every quality with your whole body. But your body must change in everything and begin to walk to be born again, giving birth to a new soul. Then you begin to be clean and alive, and to show your true self. You can listen to the voice of the soul. This voice sings the song of the deep love.

What do I mean by voice? This voice speaks the language of the soul. When you reach this station and understand this language, you understand every word of any song because you are the song. The language of the soul knows only the language of the love because it does not speak as we do. This is the language of light.

When you reach this station, there is no darkness. If you feel darkness it is different from what you felt before when you lived outside. If you stand near the light but not in it, then there is still darkness, but if you walk closer to be with the light, you see only light. The more you clean your soul, the closer you come to the light, until you live face to face with the light of Allāh. This is a different life than you lived before. Now you want to live with God, face to face with His secret because your body, heart, mind, and your self have returned to the unity.

He is the secret and you begin to put your hand on the key to open this secret. But then you are the key because the secret is inside you. There is no difference between anything inside you. Your body, heart, mind, soul and your self have all opened to the secret, and you begin to live. If you reach this life and you understand what I mean in this station, you sit on the throne, and this throne is very holy. This is the throne of the truth. You are the truth and you can touch yourself by yourself. In this station you have seven hearts from the heavens, and seven from the earth (an-nafs) and every one of these hearts is different. When you walk in the way, sometimes you are in the garden and sometimes you are in the fire. You have everything, but know that there is no difference between the garden and the fire. When you reach this station and you know the meaning of the love, then you are the king because you are free.

I want everyone to be the heart because Allāh says, “Neither My heavens nor My earth contain Me, only the heart of My faithful believer contains Me.” In this station your heart walks with God everywhere, yet there is no place you can go but to Him. He lives in every quality and now you live because you do not see anything, only your God. Your heart walks with Him all the time. From this arises a war in your heart between the light of God and the darkness of the devil (ash-shayṭān). What is the reason for this?

Everyone wants the love, but in their own way. The darkness wants the love in the way of the darkness, but the student of the family of God only wants the love in the way of God, which is from the light.

Everyone wants this love. Allāh gives it to His family because He has put His love inside the heart of the student, His faithful believer. He has wanted you from the beginning.

If you find this love in your heart, thank your God. This is your chance. Send mercy to the people who cannot take the love and cannot understand what Allāh wants from them. Be a child around

the holy table of Allāh, and be from the eye of God, and listen to every order He sends. This is from the love.

Know, my brother, that your mind needs to be clean if you want to know the meaning of the secret of the love. The mind is limited by what it believes, and in the beginning it does not know how to walk. This is a very deep thing. If you want to know this mind, make it quiet and listen only to your heart because everything is from the heart to the heart. Clean your soul, and break your body to wake up from your tomb. Remember the name of God, and do not stand still. Give everything to understand every word. Then your mind will be free to give and to understand and it will be full of the love. Clean everything and change it, until there is no difference between your soul and Him. Allāh!

Know, my brother, that my heart is from the heart of Allāh. He has put every secret inside this heart, and it is a holy place. O, if I could speak of this place! Yet, in reality, He has no place because there is no place that could contain Him. You are not! You have no beginning and no end. You are the heart of Allāh.

The words I want to share with you now are about the heart of the guide. He also has a heart like the one I have spoken about, and it contains everything inside it. This heart continues to walk with God all the time. There is no other work except to be with Allāh. This heart has an eye and an ear, but they are different from anything you have known before. The guide lives all his time with Allāh, and he sees Allāh in every quality. He prays to Allāh in every picture because he is the truth. Allāh!

He sees Allāh everywhere, when he walks, when he sits, and in everything. He is complete, and he is the clean mirror for Allāh. When you stand near this mirror, he knows what is inside your heart. He sees everything because his picture reflects the picture of God, and his heart is from the heart of God. Be quiet and be polite

when you sit near him, and listen to what he says because his soul speaks with the voice of God. His truth is from the truth of God.

He is the cup and he is the wine, and his cup is never empty. He is the heart, the soul and the mind, and he is the secret. Do not lose any word that he speaks because he knows the meaning of every subject, and he knows what is inside every holy book. You can know after you walk in the way. Do not stand still, but continue because there is no end to this way. Allāh!

At last, know that there is no difference between the nafs, the mind, the heart, the soul and the secret. All are one. There is nothing, only He. But walk, and after you reach Him the real walking begins. He has put all that I have spoken about inside you, in your tomb, which is like a prison. If you break this prison and you search, you will find the real love; you will find yourself and what you want. After you know and you touch God in your hand, thank Him and pray to Him all the time. Be the mercy and give the mercy to anyone. He has put this quality inside you to make the peace and to be polite with everyone, if you can.

After that, you can reach what you want from God. When you live in this station, you live in the garden of the soul. There is no voice, nothing, only He. Be silent and also be silent in your soul, if you can. This station is very deep. Remember everything that I have said. This is the third station of the soul, the freedom, al-itlaq. This is the freedom of the soul. Here it is freed from its prison. You have broken your tomb and you have woken up. You are free. You will know, if you can reach. Allāh!

4. Al-‘Ubudiyya (servitude to God)

If you want to be a complete servant when you reach the fourth station of the soul, then be polite, but be more and more polite. You need to believe what He says in every quality in which you live. Your qualities must be like the qualities of God because your eye is His

eye and there is no one, only He. Be polite because now you begin to see Him. Leave everything because this is your religion, the right religion. Keep this religion in your heart, and do not give it to anyone who is not polite because it contains your truth.

If you know the secret within yourself, show who you are only to Him. Show yourself and give yourself. Now you can see yourself. Pray to Allāh because He has placed you near to Him. You are higher than the stars and the moon because you are the sun of the truth. Contain everything, but with the love. Leave everything. Leave your love for anyone, but Him. Keep yourself with Him because you are the fire of the deep love. Look for the truth everywhere, in anything that you see, but in a polite way. There is no one, only He. There is no one who does anything, only He.

He created the human being and all the world from His soul, and all are servants for Him. The student needs to know and to walk in the truth. If you go left and right, from knowing to not knowing, then you are not a servant. If you walk straight and only see the truth of God, then you are the servant. Allāh puts everything in its place with just one word.

He says, “The truth is made by Me. I made it to show Myself in the world. If you do not see My picture in the world, you do not understand why I created you. I have two hands – from the first hand comes the garden and from the second hand comes the fire. From the first hand comes family of God who love Me, and so I love them because they are special for Me. From the second hand come those of the family of the devil (ash-shayṭān) who do not want to walk and who do not love Me. Do not follow them. Listen to My voice. I have put My voice in the voice of the guide, and before him in all the prophets. I put the complete voice in the heart of Muḥammad, may the blessings and peace of Allāh be upon him. He is the Prophet and the guide of the love. Understand what I mean, and do not ask why I make what I make. Everything is from Me, but

know inside yourself the reason why I have created all things. Then you can understand the secret of yourself. Do not look to anyone, and do not get angry with anyone. Give the mercy to everyone because they all need it. They are servants also, but they do not know themselves yet.”

If you live on this holy mountain, live and listen to the singing of the mountain. When you reach this mountain and you see the complete guide who knows the way of the love, listen to what he says because he is the wine. He is also the one who drinks this wine, and he is the cup of the wine. He can help everyone to drink this wine. His wine is very sweet and delicious. His wine is the truth, and when you sit near him you can see the garden. He is the truth, and he contains all the truth inside himself. When you know the meaning of every word, you will know all the meaning inside his heart. All this holy meaning is from Allāh. Be polite when you reach and drink from his hand because his hand is very holy. Drink again and again and again. In the end, you will reach to be the slave of Allāh, and there is no end to the walking. This is what Allāh wants from you. You are almost like a slave, but a very holy slave. You are a special servant of God in the fourth station of the soul.

5. Al-Ma‘arifa (gnosis: knowing the truth through tasting)

When you reach the holy valley, all the wisdom will come to you. Stay inside your heart when you are in this valley because He wants you to pray to Him and to understand the meaning of the prayer. Then you will come to know Him well and your soul will be clean. Each time you pray, you begin to understand what you want from Him when you sit near Him. When you reach this place, which is no place, do not refuse what He wants from you. Do not say, “No!” Listen to His voice and say, “Yes,” to everything. You are the face of God, and everything comes from Him. There is nothing after you know the secret. You are the secret, if you understand, and if you

believe in what He wants from you in this holy message. Give everything to Him because He has given everything to you. In the deep meaning there is nothing for you to give Him because you are from Him. You are the meaning, you are the truth, and you are also a mirage. When you live in the outside world you are a mirage, but inside this mirage there is a treasure. Open this treasure to find the jewels inside. Take what you want from this holy treasure. You are the treasure, but bring forth the secret jewels that are inside you.

Now you are the light, and not just a part of the light, but you are all the light. There is no darkness at all if you understand. The darkness is an illusion, but in reality the light is also an illusion. After that, you are! And there is nothing else! Walk and continue in this holy way. Leave everything, both from the darkness and from the light, to show who you are, if you can see what is after that. There is no after because you are He and He is you. But you will not understand what He means if you do not discharge all the unnecessary qualities from your body, from your heart, from your mind, and from your self to understand the meaning of the secret. When you reach this station, you come to the holy mountain. You have not only come to the mountain, but you have reached the top of the mountain. There are no sides to this mountain, no beginning and no end.

What do you see in this station? Look, but not in your heart now. Look with the eye of your soul. There is a difference because you have cleaned this eye to see the truth of the soul. It is not enough to clean your heart and your mind, but you need to clean your soul. Allāh!

There is nothing, only you and He. You have found the holy light in the darkness. After you reach the light of the soul, you can see God in the light and in the darkness, anywhere! This is different from what you have seen before. You can see the secret of the truth. You

can see al-wahid in everything. It is important for the inside to be a clean picture because the inside picture is the truth.

There is nothing, only He. Where are you? You are from Him and you have returned to Him. You are a mirage and you are also the truth. All the world is a reflection. This is the picture of you, and you can see your picture in this reflection, but after a time you leave this picture. You live in a holy station if you understand the meaning of the picture. Your picture is also the picture of God. Inside this picture you can know the deep meaning. All the world is a reflection. Allāh!

You move from this station after a time. Before you leave, know the meaning of this station and why He has put you here. The reason He put you here is to know Him, and to send mercy to everyone. This is your message if you can carry it. Thank your God if He helps you to carry this holy message. He has made every picture in all the worlds and He has put His name in everything to know Him. Know what He wants from you and from your message. He put His name in your message. If you can see the name in everything, you can understand what He means by any word. Pray, and remember what He wants from you.

He says, “You cannot reach if you do not die.” After you die you wake up, but only after you have changed everything. He will make what He wants with you. When you reach, you say, “You are my Beloved,” and your soul begins to sit with Him face to face.

This is the real life because you are standing with God all the time on the mountain of mercy. You cannot close your eyes when you reach this mountain because there are many beautiful meanings in this mountain. Do you understand the meaning of this mountain? You are the mountain! But walk quickly to reach the top of this mountain. Reach, if you can. This is the way, but walk and listen to what He says, to what He sings, and to what He wants. Do not look to the left or to the right or behind, but look straight all the time

because there are no sides, and everything is in your hand. Your hand is a holy hand because your hand is the hand of God.

Put the fire in all the pictures of your life to clean them and to remove them from your life because you want to live in the house of the truth. You cannot live in this house if you do not reach the holy valley and drink from His water. In this house you will find the heart of God. When you reach and when you know and when you see the heart, kiss this heart all the time. This is what He wants from you. What do you find inside this heart? You find the holy secret of the love. Live inside this heart if you can, and do not go outside. Do you understand the meaning of this heart? You are the heart!

All the prophets, may Allāh's peace and blessings be upon them, are inside your heart, and all the holy places are inside your heart; and everything needs you. Why do you not know yourself? This is your station, but open your heart to be inside the heart of your God. This is a deep secret and a holy secret, if you know.

When you reach this heart and the secret, you know what I mean by the house of God. You can walk around this house. This is holy walking because you understand what you want from this message. You pray from yourself to yourself because God does not need this praying. But He loves to see you when you pray. Pray and pray and pray as-salat, and remember the name. This is a song, and there is no beginning and no end to this song. Thank your God because He shows you Himself. When you reflect Him, you reflect yourself. This is the fifth station of the soul, the secret of the truth, al-ma'rifa.

6. Ḥadrat al-Itlaq (the presence of the freedom)

When you want to reach this station, you need to know all the qualities of God. When you know the qualities, you know how to walk all your time. You begin to reflect the qualities of God. You see with the eyes of God. You speak, not from yourself, but with the voice of Allāh. Your hearing has merged to hear only the voice of

God. You walk and you move only with the order of Allāh. When you know your place in this station, you see yourself with the self of God, and there is no difference between you and Him. But this is only after you have returned all your qualities to Him because everything is from Him and there is no one else.

There is no one, only He in this world, and there is no soul but His soul. When you live in this station, you begin to understand what Allāh says with every word, and every word is holy. There is nothing in this station but He. You live in a different way than you did before. You are clean, you are polite, and you are the beloved and more beloved. You are the mercy and more mercy. You are polite, and more polite. Then you find that you live in the holy garden of the soul, in the soul of God. You have found yourself in His soul. You see that there is no self because your self has changed and has returned to be soul. Your heart has also changed to be soul because your body has changed to be soul because your body has been broken and has woken up, and it begins to sing. This song speaks with a holy meaning with Allāh all the time. This is the truth, the truth of your soul. You have found your truth, but you need to break your soul again to become the complete soul. You need to be still more complete.

How do you break your soul? In everything that you do, know what you are doing. Know what you are doing when you walk, when you pray, and when you sing. Know what you mean by the words you speak at any time.

Now there is nothing else, only He. There are no people. There is no world. There is nothing that makes you angry, and there is no darkness. There is nothing, only He. If you understand and return to Him to live in His heart, then you begin to break your soul. You give Him your soul to fill with His love and His mercy. This is a different mercy from before. You now stand in your place and understand what He means with any word. You do not let your

mind fly from place to place. When you live in your body you are in a prison, but He wants you to leave this prison and to fly to Him, to be with His soul. Clean all of your qualities. Clean everything in your world, and leave everything but Him.

When you pray, you help yourself and you help your soul. When you remember His name all day and when you do not refuse any order He sends, then He will give you everything, and more than you could want because He gives you Himself.

Everything is from Allāh to Allāh. Stay with this life. This is what He wants from you. He wants you to be special for Him. When you ask anything, ask only Him because He loves to hear your voice. You are special for Him because you are His beloved. He wants you to be with Him all the time. He wants to see Himself in you, inside your soul and inside your mind. He wants you to see that your face is the face of the guide. Listen to what the guide says to you because he is the guide of the love. When he gives you anything, do not refuse it because when he gives to you it is from Allāh to Allāh. Know that every order is from God and not from anyone else.

Be with Him and when you ask Him anything, He wants you to ask Him with His qualities, “Oh Compassionate One (Yā Raḥīm), oh Merciful One (Yā Raḥmān), oh Elevated One (Yā Rāfi), oh Faithful One (Yā Mu’min)!” This is from the deep politeness and this is what He wants from you now. When you live in this station, you live in the light because you are the light.

There is no darkness because the darkness has changed to light, and every word you speak is very holy. Do not give any holy word to anyone who is not polite because He asks you about every word that you give. Give the meaning of the truth to only those people who want to know the truth. Be holy with anyone who wants to know. This is what He wants from you when you carry the holy message. You are His face and your face is very holy. Your picture is His picture. Do not give this picture to anyone, only to Him. This is what

He wants from anyone in this life. The guide is also the picture of God. He is a clean picture. When you live in this station, you live in the word. You have no beginning and no end. You are free! There is no prison. This is the presence of the freedom (al-ḥadrat al-itlaq). This is the station before annihilation (al-fanā'), which is the seventh station of the soul, but also the first station of the way.

Be quiet and more polite. Be silent and more silent because you sit with your God soul to soul, not only face to face. In this station He wants you to be soul and nothing else. Then you die in the soul and are born again to be like a child, but a child of Allāh. This child has no father, no mother, no brother, and no sister. You are a very rich child and a very holy child. Who is like you? You live now with your God in everything. There is no life like this life. This life is Allāh! This is the presence of the Holy One (al-hadrat al-quddūs). This is a deep station of the soul. Be in this station if you can. Allāh wants anyone to live in this station all the time. Send the peace and send the mercy. Be courteous and be the truth because Allāh is the Peace, the Politeness, and the Mercy. He is the father of the love. If you can help people, this is what they need. This is your message if you can carry it and understand what it is that you give them from the holy message. This is the song of the soul! Listen to what He says to your soul!

7. Al-Fanā' (annihilation in God)

Now I feel in my heart the seventh station of the soul. This is a very holy station. If you do not open your heart and if you do not open the eyes of your soul, you cannot understand what Allāh wants in this station.

Be polite, but now more polite because He wants to speak with your soul – to your soul. He wants to give you the key to open the door of your soul, so that you can find the holy meaning in everything. Listen to what He says. This is a holy song, a holy meaning, and a

holy prayer. Listen to the song of David (Dāwūd), the servant of the soul. If you understand what he says, you can drink with your soul from the holy meaning. In order to drink, you must sit with Him. What does He want when you are sitting with Him? He wants you to sit quietly, and to understand the notes of every song and to see their beauty. He has given you this song in order for you to hear His melody, and for you to sing the song of the truth. You have found the secret and the holy garden. Now you walk around in the holy garden with the light everywhere, and you give your light to everyone, and there is no one, only the One, your Beloved. You have found the holy light. It is there for all to see at any time or in any place because He has put the love everywhere, and there is no place, only He.

This is the reason why He puts the love in every face. He puts it there for you to be holy and to reflect His light. Be polite with everyone when you reach this station because He wants you to reach the meaning of this heaven. There is no one who can touch this heaven, only you because you are the student who wants to know the truth of Allāh. He wants you to take the holy key and to find all the jewels inside. There is nothing like these jewels anywhere; they are precious and holy. You can find the secret inside the jewel, if you want to. Before, you did not know, but now He has given you all the meaning, and you begin to understand and to know everything.

If you do not love all things and know the meaning of this special love in the religion of God, you do not understand any of His truth. Before, you did not drink the wine of the special way of Allāh. Now you are intoxicated by the wine, but this is the intoxication of love. This is a quality you have lived in from the beginning, before Allāh created anything, and now you find Him in everything, in every face and everywhere. There is nothing like Him. He is in all the creation. In this station you know this truth. You can walk and you can fly with the light, with the holy self, and with the love. You can find all the knowledge of Allāh if you open the secret of the love, to know the

complete human being, the Perfect Man (al-Insan al-Kamil). He is the complete light and the eye of Allāh. Continue to change everything, to clean your soul, and to know. This is a deep and a long station. You need to leave everything behind to reach the heart of the soul. This heart is the holy house of Allāh.

To reach, now you need to drink all the holy oil from the tree of the truth because it is necessary. You need to be like the oil lamp and to shine your light for all the world because you carry the holy message of the truth. This holy oil is from the olive tree, a symbol of holiness, of peace, and of the light of God. It is the same tree from which all the prophets, may Allāh's peace and blessings be upon them, have come. It carries the qualities of the prophets, giving shade to everyone in the garden. It is the tree of the truth, and he who knows this tree knows the truth. This tree gives beautiful flowers, each with a holy fragrance, but from the wisdom, not every flower makes oil. Allāh wants every student in this station to be the holy oil from this tree, and to know, and to change, and to see Him in everything.

There are no sides to this tree, no east and no west, yet all sides are within this tree. There is no picture for this tree. It is from pre-eternity (al-azal). Allāh has put this tree in the eye of everyone, and therefore you can see with your eyes what you want.

Sometimes it lives within and sometimes it lives without, yet there is no inside and no outside. This is the holy secret because the tree is pure. It is the unity. It is as-samad. It is al-aḥād. It is al-wāḥid. Allāh lives in everyone and He puts His qualities in everything, and all His qualities are unified.

You could not climb this tree before because you did not speak or understand the language of the soul, which is the language of the deep love and the mercy. This tree is the holy bride. Its qualities are enough for you to know what the message is, and to know what you need to give so that you can live inside. There is no one who lives without this bride, and He is the mirror for the bride (who is you),

and He is the heart of the bride. Now you can climb the tree if you want to reach its holiest place. This is the summit of the devotion of Laylā (the divine essence of the love). If you smell the fragrance of your soul, then you are touching the key to open the house of your soul. Then you can change everything that came inside it from the beginning of your life in this world. You can see everything with a new eye, but this eye is the eye of God. After that you do not see anything, only Him. There is nothing else to see.

What do things and numbers mean in this station? There are no numbers. There are no women and no men, no angels and no shayṭān. Everything is from Him and you return to Him. He has made everything as a reflection, but these things in themselves are not the truth. When you see with the eye of your soul, you know this. You see what you are and what He is. Your place is from His face, yet there is no place, only He. You see, with this eye, the picture of Allāh in everything. You know Who speaks with you in your life from the beginning to the end. You know Who lives with you all the time, and you know Who gives you what you want. There is no one, only One. Only He exists.

You have seen many pictures in this world, but they are not the truth, they are all reflections. Allāh puts His name in everything (bismi-llāh). Discharge everything and return every quality to Allāh, then you will understand what He wants from you. He wants you to know Him, to know only the truth! There is nothing after that. There is no after and no before, no up and no down because you have found yourself.

This is the truth, my son and my daughter. Write, but write with the hand of Allāh. Change everything so that you listen only with the hearing of Allāh. Then change everything in your life to be soul. This is a holy station. In this station He sends you the message and the religion.

He gave all the prophets the secret, may His peace and blessings be upon them, and this is what He wants to give to everyone. If you search, you will find the unity. You want only Him and you are His picture. I could not give every secret that is inside my heart. Allāh!

This is the holy station of annihilation in God (al-fanā'). Now you take the key, and with it you can open the door to the garden of Allāh. This is a dangerous station and if you are not polite, He will discharge you. Ask Him to help you, and be polite. Do not give this station to anyone who lives outside because they could not understand this. What can they know about this? Keep the jewels which I have given you and do not lose them. Give only the picture of God. This is enough now.

Allāh! Allāh! Allāh!

Only He! Only He! Only He!

How to be Polite in Al-Fanā'

Now I want to speak about the student, about you who searches for the truth. After you reach the truth, you walk in the way, from station to station, until you sit facing God.

When you reach the last station, you are born again and return to be like a child, pure and clean. This is different from becoming any child. You become the child of truth. Your mother and your father are the truth, when you know. Every one of the family of God is a child because they are born again and again, many times each day.

When you reach the seventh station of the soul, you begin to know the meaning of God and you stand facing Him at every prayer, soul to soul. You do not pray from your body or from your heart, you pray with the soul. This is from the secret.

In this station you begin to know the meaning of the word because now the walking begins. If God does not help you, you will not reach. You must give everything to Him and leave everything outside. Yet there is no outside and no inside. He is she and she is he. If you see a difference, then you are outside the truth. There are no differences in the truth. There is no one, only He, in this high station of the soul. When you complete this, He will give you what you want if you are polite with Him. Know that politeness opens the door to the garden of Allāh. If you reach the door, the politeness you need is different from before. It is the politeness of the soul. And if you have the soul of God, what more could you want?

If you live in this station, He gives you a drink of the secret nectar (al-rahil al-maktum). Only the believers, the people of God can drink this nectar. I hope you can open your soul to hear its secret language. The sweet nectar is from pre-eternity (al-azal). He gives you a drink of His sweet nectar because He has wanted you from the beginning. Thank Him because if He had not wanted you, you could not have reached. He has given you the chance to find this special way, the way of the deep love. Listen to what He says. He speaks to you with the language of love. You need to be polite to hear this language because it is different in every way.

From the beginning He has said, “I am your God! Know Me!” And what is your answer? Look in your heart and you will find the answer. If He helps you, you can speak to Him in a pure language. “Yes, My Lord, I am Your servant. Ask anything of me. I want only Your love. My soul is with You. Take everything from me and change me to return me to my original picture, the true picture. I want only to be Your mirror, and to see myself in Your heart and in Your soul. All knowledge can be seen from this mirror because You are the secret. Help me, my God, to clean this mirror to reflect only Your love.”

You live in the holy garden of the truth in this station. Your soul is the picture of the soul of God. This is not like any garden you have seen before. This is the garden of the soul. Your eyes have never seen what they see now through the eyes of the soul. There is no ear that can hear what the soul hears. It listens to the song of David, singing the songs of all the prophets. Its beautiful notes are from the soul. This singing is not from the voice of the tongue of the body because there is no body now. Where is the body? There is no human being in this station. You are and you are not! Listen to the singing. It is the voice of the soul.

You need to know this song. There are no words to this song because something else is speaking with you. It is your soul speaking. If you do not pray you cannot hear this song. This is a very deep and elevated praying. If you do not remember His name with your voice, His voice will not sing to you. How can you hear the song of the soul if you do not send mercy to anyone you see? How can He sing to you if you do not love all the people who want to be polite and who want to know the truth? Be the guide for anyone, to show him what he is, if you can. Thank your God and say to Him, “You have given me everything I have. Nothing is from me. I see with Your eyes, not with mine. My Lord, keep me in the garden of Your soul all the time, to sit on Your carpet and to drink Your wine. I could not live outside Your garden.”

Be truthful with everyone, but first with yourself and then with your brothers and sisters. This is what God wants from you. He wants you to know only Him. When you reach this station, face to face, but in your soul, do not remember the name in a loud voice. Be quiet and remember in your heart with your soul. If you say the name of God in a loud voice in this station, it is not polite because God is right beside you.

Look straight all the time. Do what He wants you to do, and do not refuse anything He asks because He knows what is best for you. Be

quiet and courteous wherever you are. He gives you the food you eat and the clothes you wear. He has given you everything you have to remember His name. Be polite with everything you meet because you are filled with holiness. Be a mosque, if you can. Be a holy place, and pray in that holy place. Everything is inside you. You are the question and you are the answer.

Understand every answer your heart gives you, and if you want to be a complete student, listen to the song of the soul. Do not ask why you see any picture or why He makes something because He is putting everything in its place. There is wisdom behind everything that happens. If you see a picture that you feel is wrong or that you do not understand, you can say, “My Lord, please help me to know the meaning of this picture. Help me to be polite with this picture because everything is from You. You are putting everything into its place with whatever You do. Help me, my Lord, to see You in this picture.”

He wants you to be like the prophets because you are the students of the prophets. You carry the message of love given by all the prophets. Why should you not do what they have done? This is your real message.

God will tell you His secret. Listen to His voice and understand what He says in everything inside you. You are a holy star. Know what is inside this star. This is a holy night. This is the last station of the soul, and also the first station of the way, if you know what I mean. This is annihilation in God! Who are you now?

Allāh! Allāh! Allāh!

The Seven Stations of the Secret

Bismi-llāhi-r-Raḥmāni-r-Raḥīm

In the Name of God, the Most Merciful, the Most Compassionate

1. The World of al-Azal (pre-eternity) (The meaning of Bismi-llāhi-r-Raḥmāni-r-Raḥīm)

When you have reached the last station of the soul (al-fanā'), you will know. I could take you by the hand, but when you are in al-fanā', you will know what these stations are. Now you walk and you reach a high station and you can eat. But when I say, eat, I do not mean to eat food in the normal way. I want you to know the meaning of this word. The heart needs to eat, but it is a different eating. The soul also needs to eat and to drink, but it is a different eating and drinking. They need to eat from the bread of the truth and to drink from the wine of the love.

If you reach and if you are special for Allāh, there is no difference after that. When you look inside, you see that there is no inside and no outside. In every place that you look, you will find what you are and what He is; and there is no finding, there is only one.

I have said before that there is one, and this is what I want from anyone, to be one. When you are one, you see nothing but the One. When you are one, you will find the secret. When you reach to be one, there is no one, after that. Who is one? When you say, this is one, this is still a thing. But there is no thing, and you are no thing. What is He and what are you? This is what I want you to know, but you cannot reach if you are not complete.

Most of the fuqara reach to touch completion because I have given all the meanings in the way. The word fuqara is taken from the Qur'ān, "God is the Rich and you are the poor (al-fuqara)." (47:38). The word has come to refer to those who aspire to spiritual poverty or detachment. This has been a short time, but you do not need a long time to know why you live. Are you dead? Are you alive? There are many things inside you, asking why are you here and why are you not there? Who is here? He and you! Also you are He and He is you, but in the deep meaning.

All this meaning is not revealed in the language of the tongue. I want everyone to be able to touch this meaning with his hand, but after he has changed his hand. His hand needs to change in every station. You are born again and again many times. You are born many times in one day. What does this mean? When I say that you are born I mean that you are changing. To change is to be born.

I want everyone to return to be a child and to understand every meaning that I give when I explain everything to you. But it is not I who gives. It is He Who gives, but I am the mirror of Him. Everyone is the mirror of Him. When you look at any side, you are the mirror. Look into yourself, if you have anything to look with in this station. Reach to be the mirror so that you can understand everything.

You do not need to speak with anyone when you reach. Why speak? You need to speak only when you do not understand something. Why do you cry? The child cries if he needs food or water. When you understand, then you know that there is nothing to cry for because everything is from you to you. When you remember the name, you remember your name. When you reach, what do you reach? You reach the real knowledge of yourself. When you know yourself well, you can know your God because there is no difference. You are the qibla. There is no other place for the qibla. When you stand to pray, you stand facing yourself. He does not need you to pray to Him. Every prayer is from you to you. This is from the secret. You will find everything in one moment. When you reach, you know that Allāh is the quality and you have the same quality.

Every quality of Allāh has many meanings. When you reach, the same qualities and meanings are within you. If you do not walk, you cannot reach. Know that He has created you to be special for Him, and to be special for you. When He created you, He wanted to see Himself in your picture. You are the picture of your God. You are holy, but understand the meaning of the word holy. You are the mosque and you are the secret. You are! The key is in your heart

and you are the door. Put the key in the door to open this holy place and to pray in this holy place. You do not need to pray in a mosque or in any other place. You cannot know God if you do not know this holy place inside you. You need to know that Allāh is in any place you sit. Know! And know! And know!

He gives if you give. If you give God everything, He will also give you everything. Give to take. If you do not give, how can you take? He wants you to put this key in the door of the holy tomb to open it. This tomb is the holy secret. What can I say about this tomb? All the secrets are inside this tomb. You are the tomb and you live in this tomb. If you do not break this tomb, you cannot open it. What do I mean by the word break? I mean that I want you to leave everything outside.

You have lived in the outside, but when you reach a high station there is no outside. There is no difference between anyone because there are no souls. There is only one soul. There is no difference between men and women. Where is the man and where is the woman? This religion does not make a difference between anyone. If you see a difference, how can you give the truth? Who makes the difference? The human being is the one who makes differences. Allāh does not make differences. He makes only One. What does He make? He makes His picture, and every side is you. If you see a side, there is really no side because everything is a picture of God. When you can see this picture, your prayer is from this picture because this picture is very holy. You are the picture. When you pray, you pray for this picture because Allāh does not need this prayer, but you need the prayer.

Give the mercy because you are the child of Allāh. Give the mercy to anyone. Make peace with anyone and send the love to anyone. Know to whom you really send the mercy when you send mercy, and also know Who really sends the mercy, only Allāh. When you send mercy, you do not send it to anyone because in reality the mercy is

from you to you. And when you send the love to anyone, you do not really send love to another person, but you send it to yourself. He loves and He loves and He loves.

Without loving you cannot reach. If anyone does not love, how can they reach? Allāh is the love and you are the love. Why not send the love, if you want to know the secret? This is the life. There is no life like this life. Know that everything is from Him to Him, from you to you. What can I say? There are many meanings inside my heart, but excuse my simple language. If I had the English language, I could explain more and more. There is no end and no beginning! There is only Allāh!

2. Laylā (the deep love)

Tonight I want to speak about the deep love. When anyone reaches beyond the station of al-fanā' and listens to what the secrets reveal, he arrives at the second station of the secret. As he listens, he begins to know the music of the soul. This is what she says, "I have put a name inside you. This name is from the names of God. God carries many names, and this one is special. It is Laylā, and Laylā is the song of the soul. Laylā carries a very deep meaning."

I say to you, "I live with Laylā, but this Laylā is me, not another." It is important to know Laylā. If you open the heart of your soul, you will see the meaning of Laylā. She returns me to the knowledge of the meaning of everything from the beginning, yet there is no beginning in the world of the love. She gives me wine, and this is the wine of truth. She gives me the wine of the truth to drink, and I want to remain filled with this wine all the time. Drink the wine of Laylā! She pours the wine of the truth!

"When she saw me in her garden, She brought me inside her soul. What does this mean? It means everything and nothing because she is me and I am her. My nights are days when I am with Laylā because her night is the day. And there is no night or day when I live

with Laylā because time is but a minute, and my age, when I live with Laylā, is only a moment.”

It is important to know what I mean. Laylā is the name of God but there are no names, only He. He carries all the names and you can see His face and His soul. There are no differences in His message if you know what I mean. Understand this subject because the deep love in Laylā is very profound.

My picture is the same picture as Laylā because when I return (al-fanā`), there is no picture in the world of Laylā. She said to me when I left (and became subsistent in the baqa`), “Tell anyone about My secret, but if they cannot understand, do not speak.” Then I gave the promise to not speak about the secrets to anyone but to the family of Allāh who love Laylā. When you love, sometimes you do not see what Laylā is, but sometimes you can see the face of Laylā in everything. It is from the wisdom to know the face of Laylā in the darkness and to know the face of Laylā in the light.

When you live in the reality, you see that there is no difference between the darkness and the light. He puts you between two sides (qualities), the beauty (al-jamal) and the severity (al-jalal). If you live in the reality and do not make a difference between these two sides, then you are the son or the daughter of Laylā. But you are also more than a son or daughter; you are Laylā. If you are Laylā, what more do you want? Keep the secret inside you and know! Who is like you are? Give the secret to those who are like you, who carry what you carry. You are the holy secret.

You can touch the secret in your hand, but change your hand and wash your hand. I want you to wash your hand with the water of the truth, and to understand what I mean when I give you the secret. You cannot know if you do not die. God says, “You need to die and to be born again. Then you need to die again and to be born again to see Me in the qualities. All the qualities are My qualities, and you are also My quality. You are the door and the key is in your hand,

but know how to use the key to reach Me. You cannot reach Me if you are not the mercy, and if you are not polite, and if you do not give everything to Me.”

Laylā says, “I died and then I woke up again. I go and I return again. I live in every number. I live in everything, but I return to be One. I want you to be like Me, to be One.”

Be Laylā in everything, in every face. She says, “Oh my son and daughter, and more than son and daughter, you are Myself. You are My soul, and you are My heart. Listen to what I say, if you can. Give Me what I want. I want you to be a slave who is special for Me. I want you to leave everything outside and to know that there is no outside. There is only Me outside and inside. Where is the inside and outside if I live in every face and in everything? All these faces are My face, but know what I mean. Come to Me quickly. Do not lose the time.”

Time is like a jewel. If you lose the jewel, how can you find it after it is gone?

Laylā says, “I am the truth like you, and you are the truth like Me, after you wash and pray for Me all the time. Do not miss any prayer, and remember Me all the time. I put you in My eye. You see Me in your eye and you hear Me in your ear. Know that your body is My body. You do not have anything; everything is Mine, but I give you the key. Keep what I give you; clean it, and do not lose anything I give you. You cannot see Me if you do not carry My eye. I put My eye in your heart because your heart is My eye. Many people want to know but do not have the chance. This is your chance to see Me, to know Me, and to love Me; and there is nothing you can reach without love.”

I have told you to love, and love, and love, and to not lose any meaning from the love. This is what I want to say to any student who wants to know the meaning of Laylā. This is the secret. No

mind can contain the secret if Laylā does not help. Not only on the earth, but in the heavens the angels do not know the deep meaning if Laylā does not help them. Know what I mean about this name. This name is the name of God. There are no names in the world of Laylā, only His, only His name. This is what I say, “Remember! Remember Allāh!”

3. Abū-r-Rūḥ (the father of the spirit)

Now I want to speak to you about the father of the spirit, the first being whom Allāh, Praised and Exalted is He, created. I am speaking about the inside meaning of the light. Before Adam was created, Allāh was with Himself alone, and He spoke to Himself, saying, “I want to see My face in the deep light.” What is the deep light before everything? It is the light of Muḥammad. I am not speaking about his body because in this religion there is no body, only the light. Allāh said, “I want to speak from Myself to Myself. Listen to what I say.” So He took light from His face and He said, “This is the light of Muḥammad, the father of the light.”

Muḥammad is the father of all the prophets from the light, may peace and blessings be upon them, and he is also the son of this light. He is Muḥammad and he is also the light. After that, Allāh took the light from the face of Muḥammad, and He said, “Every light is from this face, and everything is from this face.”

Allāh said this thousands of years before He created Adam. This is the reason Muḥammad said, “I was a prophet before Adam was created, but I was from the light. I am the father of all the prophets, may Allāh’s peace and blessings be upon them all, if you know what I mean.” This is the deep light.

Allāh also created the people who live outside and the people who live inside, all from His light. And He created the angels from this light. He made everything from this light. Muḥammad, may the blessings and peace of Allāh be upon him, was the first, and he

carried the face of your God. Every guide is also the face of Muḥammad, and every guide was born at that time, before the creation. Before the creation of all the separate beings, Allāh had already put every guide in his right place. Then Allāh said, “Everyone of all the people is the son or daughter of this Prophet.” This has a deep meaning.

If all are the sons, then, why did He put some in the fire and some in the garden? There is no fire and no garden in the religion because when He puts anyone anywhere, He puts him in his place, and this place is special for him. When He puts a person in the darkness, understand with the deep meaning that this is not darkness, but this is also light. Most people do not know what they are. For this reason He has given the religion to the family of God, to be special for Him, and to carry His holy message to help the people of this time. Be the mercy, be the love, and be everything from the inside meaning, but know what He means and walk to know. But how can you walk if you do not love? First love. Love everything to know what the love means. When you really love, you love Allāh because there is nothing to love, only He.

I say that the body goes. Why does it go and how does it go? The body changes in the way from station to station. When your place is to be for Allāh, then you know who the Father is, and you know that you are the son, or the daughter, and you are also the father. There is no difference between He and he, and He and she. There is no difference between you and another because there is no other, only He in the annihilation (al-fanā`). There is no difference between the man and the woman, and there is no man and no woman in the religion, only you. This is a deep meaning.

You must also return (al-baqa`) so that you are here. You need to live in the outside world, but know how to live. Live with the people and send the mercy for anyone. If you want to know, you must give!

Give everything to Allāh. You are the meaning. You are! Everything is from you to you. There is only you in this world.

When Allāh created the first father, he was from the light. I am speaking about this light, not about the body because there is no body. The first body is Adam, but the first light is Muḥammad. Muḥammad is the divine presence (al-hadrat). His presence is very great, yet there is no great and no small. You can see the face of Muḥammad in everything. You are Muḥammad. You are the Muḥammad of your time (Muḥammad al-waqt), not another. For this reason, he has never left us, and he is here now. You are the same picture. What is there to say after that? Everything is inside you and outside you also, and there is no outside and no inside. Know this because Allāh wants you to know. He feels everything you feel – pain, happiness, generosity, and refusal. He wants you to give, to send the mercy, and to send the peace to anyone.

Allāh is the peace from inside, but the Muslims on the outside do not understand this meaning. Allāh wants you to listen to every order, and to not refuse any order. Be a candle for the people. Help everyone. You are the One. There is no second or third. There are no numbers in the religion of Muḥammad. Every face of every prophet is the same face. Ibrahim is the face of Muḥammad. Musa is the face of Muḥammad. Jesus (ʿIsa) is the face of Muḥammad. All are the face of Muḥammad. For example, Muḥammad is the rose, and all the prophets and the guides and the believers are the fragrance of this rose. Now you ask, “Why did Muḥammad come after them? Why did he come last?” I say, “You smell the fragrance of the rose before you reach the rose.” Muḥammad sends the fragrance before him. The light comes from the great light, and you see this light before you see the great light. All the prophets are from this light. Allāh sent the prophets, and every one is the son, and also the father. They were one face, father and son, and there is no difference.

Allāh sent all the orders through the prophets, and all the prophets carried the same order. He gave every prophet the order, and every prophet took it, but did not explain everything. They knew everything, but the order did not come from Allāh for all of them to explain everything. When Muḥammad, may the blessings and peace of Allāh be upon him, came, he took all the holy message from Adam to Jesus (ʿIsa), and he carried all the divine presence (al-hadrat). So he is the hadrat of all the prophets, he carries all the deep holy message, and he sent the message to all the people.

What is the deep holy message? This message speaks of love, courtesy and generosity. This religion carries all the qualities of Allāh (ninety-nine qualities).

Muḥammad explained the meaning of every quality for everyone to understand every quality. Allāh wants you to walk in the way, to understand every word He sends, and to not refuse anything He wants. Listen to everything!

There is work to be done in this message. Everyone who reaches the way needs to give the message because the people who live in the world are very poor. They are like people drowning in the sea. They need help and mercy. Why not give them help? Why not send mercy to anyone. If you are the mercy, you carry the message for this person. Allāh brought you to this religion, so do not lose any time because He asks you about every minute.

Allāh asks you about how you live, what you do, and what you give to the people. What is your answer? Do you live to eat and sleep, or only to make money? This is not from your message. I want you to work, but to have money only in your hands, and not in your heart because this heart is the heart of God. Change your heart to be the house of your God. Fill your heart with the love and send it to anyone. Know, my son and my daughter, there is no end to this love and no beginning.

Allāh says, “If anyone does anything, I know of it and I see it because I do not die.” Death does not come to the family of God because there is no dying. Why do you not die? The body will die, but the soul returns to the first world (al-azal) where you live free, face to face with your God.

When a person who lives on the outside dies, and he has not come to know himself, and he did not want to know Allāh, then he has lost his time in this world. When his body goes, he does not know where he stands. It is like being in the fire. His soul returns to a place in the world of al-azal made especially for him and for those who are like him, which is like being in a prison. This is why Allāh says, “Be the slave and be the love.”

After you know all the meanings of the secret, what do you need from Muḥammad? You are Muḥammad! You are and there is nothing, only you. I give you everything, but I leave your heart to taste every word of the message. I give you the whole message in short and simple words. In these words you can find every meaning, if you clean your heart, if you are the slave, and if you walk to be complete. If you clean your heart, you can know the meaning of every word I give you. This is the order from Muḥammad and before him, from Allāh. Allāh has put me on this mountain to explain what He says. I give my heart to everyone who wants it. What more can I give?

I give everything, but I want you to know the meaning. I give you the key, but I want you to know how to use the key to open the door of my heart. This heart is the heart of your God, and it is the heart of every prophet.

This is what I mean when I say this is a holy message. Be the holy message. Be holy. Be holy. Be holy. Everything in the family of God is holy and all the time is holy. Do not lose any minute because the Prophet does not lose any minute. He lives with Allāh face to face and soul to soul. I want to be with Him all my time, face to face,

because my face is the face of the Prophet, may the blessings and peace of Allāh be upon him, and it is also the face of my God. You are holy and there is no difference between you and me.

I speak with the tongue of my soul and send my soul to anyone. Open the eye of your soul to know and to see every secret meaning. I give you the key to your soul. Use the key to open your soul. I give you more than my heart. I give you my soul. What more can I give you? I give you everything. I want you to give everything like me. Live for the people who live in the darkness. This is my life. This is my promise to God. When He gave me this promise, He said, “I accept your promise to live for the people who are poor and who need help.” Everyone needs help. Live and give.

This is what He wants from me and from you, but know! This is a holy message for you, my son. When I say to you, my son, I say this to anyone. Know that there is no difference when I say my son, I mean my daughter also because Allāh is not a man or a woman, and you are the face. How can I say another word? When I say my son, this is a holy word. This means that you are really the beloved. Allāh!

He wants you to be with Him in everything all the time, when you work, when you sleep, and when you eat. See the picture of God in every picture. Put the name in every picture. When you see the name of God in every picture, then His face is your face. Then God is born inside you, and you carry Him. This is the meaning of growing deeper in completion.

This is the third station of the secret. I want you to continue in the way because there is no end to the way. I want you to wake up and to fly with your soul. Leave your body outside and at the same time, live with your body. Keep your body and clean it because it is very holy. You need to wash your body and your heart with every step, if you can, with the water of the truth, and to know the meaning of this washing. It is also necessary to wash with the outside water

because Allāh wants everyone to be clean, and for the people who live outside to see a beautiful picture. Keep clean! What do you want, after that, from Allāh?

You can touch every meaning with your hand when your hand changes. Not with the hand of your body, but when your hand changes to be His hand, you touch every meaning with His hand, which is your hand. You reach the station of completion. This is what Allāh wants from you. Listen to every word He says. This is Muḥammad. Another guide from the sons of Muḥammad will come. He will be a special guide who will come to help all the people, and to forbid war, and to make peace. He is al-Mahdi, but know that you are also al-Mahdi. He is a special guide, and I want you to be from the students of al-Mahdi. Give this message to anyone because it is the mercy of al-Mahdi. I want you to send this message before he comes. His time will soon be here. Wait, and walk in the way. This is the way. This is my message for you. Know what I mean. This is the religion of the love. This is the deep love. Allāh!

4. Qalbu-s-Sirr (the heart of the secret)

The Station of Ibrahim, may peace and blessings be upon him

For anyone who wants to know the truth, your heart must be filled with the deep love and grow deeper in this love, if you want to reach. First you need to kill your self, to kill your heart, and to kill your soul, and to put all these qualities outside. What I mean is for you to change from inside to a deeper inside, and to be born again after you kill all the qualities from your heart and from your soul, to be a special slave for Allāh in every inside meaning. When you give God everything, God takes everything from you and fills you with the holy meaning. This meaning is different from the meaning which you have found before in all the qualities because now you really begin to live with Allāh, and He is with you. When you kill everything inside, you live with Allāh face to face and soul to soul.

And there is no face and there is no soul, only His soul because you are inside and God is also inside.

There is no difference because you return to live in the world of al-azal before you die. This is what I mean when I say, “Kill yourself, kill your heart, and kill your soul with God in everything,” because you are from Him, and you find Him inside your face. Allāh only begins when you kill your self. When you kill all the qualities, He begins to give you the secrets and to teach you the meaning of all the secrets.

Allāh gives and takes, and when you know this, you live with Him all the time. When you walk, when you sleep, when you eat, when you work, when you speak, you know the meaning in everything. Then you touch the truth in your hand. Your hand has become the hand of God, and you begin to speak with the tongue of God. When you know what you are, then God shows you His face from the beginning to the end. This is the meaning of being inside the truth. But there is no outside in the truth. When you are in the stations of the secrets, you cannot speak because the language of speaking has ended. The language of the eye in your heart begins, and this eye is very deep. There is no speaking, only the love, only the mercy, only Allāh!

This is what I mean when I say kill your self, kill your heart, and kill your soul, to know the meaning of the fourth station of the secret. This subject is from my heart, and this heart is different from any other heart. Here I am speaking about the fourth heart because the human being has four hearts. The first one is the heart of the self. The second is the heart of the heart. The third is the heart of the soul. The fourth is the heart of the secret. This station is from the singing of the Qur’ān. All the Qur’ān is written in the language of the love. For anyone who wants to know, I give my heart. Allāh!

5. Ma‘au-l-Hubb (the water of love)

"Follow me and you will be Beloved by Allāh."

This is what Muḥammad, the guide of the love, may Allāh's blessings and peace be upon him, said in the hadith about the way of the love. "Follow me and you will be beloved by Allāh." When Muḥammad spoke, he spoke with two tongues. He spoke with an outside tongue to the people who live only in the dunya, and he spoke with the tongue of the soul to those who live inside. In this hadith he explained everything in the Qur'ān.

Allāh has given a Qur'ān in which every word has a deep meaning. For anyone who cannot understand all that Allāh speaks about Himself, He has sent the Prophet Muḥammad, may Allāh's blessings and peace be upon him. Muḥammad shows the people what Allāh means through his perfect surrender and through his perfect picture. Then Muḥammad, may the blessings and peace of Allāh be upon him, spoke about everything outside and inside because he lived in both the outside meaning and the inside meaning. He reveals this to those who can reach the station of completion.

Muḥammad, may Allāh's peace and blessing be upon him, says, "Allāh has given me two messages. One is for the people who live outside and who do not walk. The second is in the language of the soul which Allāh has given me to speak for the people who live in the soul. If you want to walk in this garden with quietness and with peace, I will also teach you what your body needs from the outside in this life."

Muḥammad gave all the people what they needed. He gave the stations of the nafs to help the people who live only in the dunya and who do not understand. He is the mercy and he helps everyone. He also gave help to those who live inside through the stations of the heart. In this language he explained about the garden, which is more than the garden of the body. He gave as much of the meaning as the people who live here in this garden can understand. He explained more than in the garden of the body, but not as completely as in the

garden of the soul. He knew that everyone was different, and he showed them how to live in this garden where they were.

All the people are in different stations. Allāh helps everyone in the way that they need. Muḥammad first spoke about the language of the body and of the heart, then he spoke about the language of the soul. After you change your self through the stations, you want to know the deep secret. In the stations of the secrets, he gives you his heart and he gives you the key. If you can carry this key, you can open the door of your heart and live in his heart. Only a few people know what this heart is.

If you see things, then you live in your body. You need to erase everything from your body and from your heart. After you erase everything from your heart, Muḥammad brings you from one station to another station, and each one is more subtle than the one before. He begins to give you the holy meaning, and he begins to show you how to open the door of the truth, the door of the third garden, the garden of the soul. When you open this door, you begin to know who you are and Who really is. You can sit in this place quietly, and you feel the peace and the love, but it is not the complete love. You need to walk and to listen to every word of the Muḥammadan message. After your ear changes, you need to open it because Muḥammad wants to put a new meaning inside this ear. This new meaning is that of the purity (as-safa) of the child, the child of the truth.

When this purity is born in your hearing, your hearing becomes the hearing of Muḥammad. Then you know that this teaching is from him, not from any other because now there is no other. When you keep this purity in your hearing, it grows, like the child grows. It begins to fill your mind and becomes holy. Then your mind begins to be the mind of Muḥammad. In this mind you begin to understand the secrets. After this purity grows in the mind, your mind becomes the mosque, but this is a special mosque of Allāh. There is nothing in

this mind, only He. Only Allāh, because you have erased everything. You have left everything.

When you change, you are like a child inside. You are a newborn child of the truth. There is nothing in this world, only this child because there is nothing, only He; and nothing, only Muḥammad. But who is Muḥammad, really? Where does he live? In the garden? You are the holy garden, not another, and in this garden you find many different flowers and roses. In all these flowers, you see the face of Muḥammad, and after that there are no more things, only the love. But who is the love? The secret of the love is Allāh!

When you smell the fragrance of Muḥammad you become more and more complete. Everything is inside your mind. In order for the rosebush to change and to flower, it needs to be pruned. When you prune this bush, you can touch its fragrance and begin to live among its flowers. You are the fragrance, and you are the flower.

After everything goes from within, you begin to touch the face of Muḥammad in your face. Do not give this face to anyone, except to those who are like you. When you reach this station, you are newborn and you must walk. Do not stop after you know the meaning of the love. You cannot stop after you know the way of the love and its meaning.

Where is another? There are no men and no women. Where is he and she? There is only you and there is no other. Everything is the face of Muḥammad. The face of Muḥammad is your guide, but after you are born in this station, you become the face of Muḥammad. Muḥammad wants to help you become the slave of Allāh, and to be special for him because he has given you his heart. It is important to keep this heart for yourself and not to give it to anyone who is not trustworthy and who is not faithful (al-amin). Your heart and your mind change as Muḥammad helps you to be the holy child and to pray for him. This praying is different; it is the prayer of the deep love. You need to be praying this prayer all the time. Do not lose any

minute because your beloved Prophet Muḥammad carries you, may the peace and blessings of Allāh be upon him. Keep praying, and give, so that you can take the holy meaning and give it to those who want to know the holy meaning.

You need to be born again and again in the garden of the love. Love and love and love because there is no life without the love and no meaning without the love, and nothing without Him, and nothing without you. He wants you to be Him and to be you, after you wash with the water of love. There is no one who can carry the real love without this water of love. There is nothing without Him. Pray for Him when you reach. Remember the name of the love when you live in this station. This is the station of the water of the love.

“Follow me, and you will be beloved by Allāh.” This is the hadith about the way of the love, whose guide is Muḥammad, may the blessings and peace of Allāh be upon him. Your walking in this way is holy. Understand what Muḥammad means because Allāh asks you about everything. Do not lose anything. Write and read, and understand everything. Muḥammad gives you this station from his mind. After you know him well, you will understand. Love and love him, and love. What more do you want from Muḥammad after that? Only love! Allāh!

6. Ḥadrat al-Itlaq (the presence of the freedom)

When you see your face as the moon, you see the real picture inside you. You can see the face of your guide in this moon because you are the mirror. Now you see only the name of your God when you look into this moon. This means that you understand and you know that you are in the station of completion. When you have reached completion not everyone can see what you see, and not everyone understands what you understand. When you see the name in everything, you are the moon of the truth.

When you begin to swim in the ocean, you begin to know the ocean of the truth and you become the secret of this station. Everything is in this ocean. There is more in this ocean than on the earth because you have finished the earth of the truth. You travel from station to station until you reach the holy station where there is no beginning and no end. Then you are filled with this ocean, and when you swim you wash yourself in its water, the water of the truth. Within this water is every deep secret. There is no one who can really live without this water because this is the water of life. Every one of the beloveds should be this water. This water is like nectar and everyone needs this nectar. Be like this in order to give and to take.

Before you take – give. When you have changed to be the water, you carry the real life for anyone. When you have become like a child, you also drink from this water. So you are this water and you drink from this water because the water is from Him to Him. Allāh changes you, in this station, to be more and more His soul. And He can give you another earth, a new and holy earth. You can put anything in this earth and it will grow. It will give flowers, like roses, with more than the most beautiful fragrance. Everyone can live on your earth because your earth can carry everyone.

You do not care about ‘other’ because your ear is the ear of Allāh, and your eye is the eye of Allāh, and your heart is the heart of Allāh, and your soul is the soul of Allāh. Now if you ask for anything, Allāh gives it to you because you are very special and your voice is the voice of your God. After that, Allāh gives you a heaven within, which contains seven heavens. In this heaven you see many stars, a moon and a sun. Each of these stars is a station to know, and each of them is the light of your brothers and sisters in Him. The moon is the holy marriage with Him. Together you make the holy family. This means that you are a complete world. You do not need anything because everything is within you. Now you can give and you can take.

You reach to be a holy king or a holy queen. There is no difference, and there is no king or queen in this way because you return to your place. You return to the first world of al-azal, the place from which Allāh sent you to this world. Now you live in the garden of al-itlaq, the garden of the freedom, and there is no one who can stop you because everything is from Him to Him. You are the love and you are the peace. Everything is in your hand and there is no other, only He.

This is what I mean by, “You become the sun of the truth,” because after you become the sun, you can send your light to any place. You can give life to anyone because the life is from you and you are the life. After you know the meaning of what I say, you will need a different love. You need to love yourself when you look to any side because when you love yourself, you love your God. In this life, you do not know anything but the love. And you cannot live without the love. Love and love and love. Everything is from the love. Send the love to every place, to every person.

In this station, there is no place and no person, only He. When you look, you see Him. When you look, you see yourself. There is no difference between you and Him because He put all the secrets inside your soul. Keep these secrets and do not give them to anyone who cannot keep them. If you do not keep them, Allāh will ask you about that and return you to where you began. But I am sure that when He brings you to be with Him, soul to soul, He will not leave you because you are special for Him, and He is special for you. You cannot live without Him because He is your face and you are His face. Thank Him, and love Him, and ask Him to keep you with Him all the time. Know that everything is from Him. Pray, remember, and thank Him because He cares about you. He makes you more and more special, and more and more complete.

Listen to the song I sing. This is a holy song which everyone needs. When you live in this station, you sing all the time because you are

deeply happy. You dance with Allāh because you know the meaning of your song. It is the prayer. It is the remembrance.

When you live in this station you need to live outside and inside to return. It is necessary to see His face in every face, when you work, when you walk, when you sleep, and when you eat. Do not leave anything He wants from the beginning to the end. When He sends the order, you are the beginning and you are the end, so listen to what He sings and know what He means by His song. He sings with you and for you. If you listen, you can understand every note and every word. Ask Him to teach you and to give you what He wants from you all the time. Be in the ocean and do not leave this ocean. If you leave, you will return to feel the darkness. If you know and understand the meaning of everything in this ocean, and you remember that you are the ocean, then He will keep you.

Do not be afraid because there is no fear with Him, only peace and mercy. Be polite when you live in this station. Be One, not another. He wants you to be One and He loves you. There is only love with Allāh. Pray for this holy time. This is a holy time, so thank Him because He gives you this holy time. Ask Him to make you holy all the time. This is what I want from my students. I want you to be like me because this is my life. This is my life with Allāh. This is the station of the presence of freedom, hadrat al-itlaq, a holy station. Allāh!

7. Shams al-Ḥaqqātu-l-Qudsiyyah (the holy sun of the truth)

“Oh my God, help me to hear Your voice, and give me the politeness to understand what You say about the holy secret with every word You speak. I begin to walk in the holy station and this is deeper than any other station. I need more and more mercy and I need more and more love. Clean me of everything but You, so that I may walk

straight in my life and do whatever You want from me, so that I may be more than a special slave for You.

“Give me Your heart now, so that I may listen to what You say. And give me Your soul to be my soul because there is no difference between Your soul and my soul. My soul is from Your soul from the first world of al-azal. Now, my sun is rising.

“I cannot live if You do not help me. Show me Your face, my Lord, and change my face to be Your face. I have lost myself and I leave everything. There is only You. I have changed everything in my body, and I am born and born again, in a new and holy body. My heart is also born and born again to be a new heart, to be a special house for You.

“My Lord, give me the chance to be with You in every moment of my life. I know You well now because You have helped me. From the beginning You knew me and loved me, and have given me all that I want. I do not want anything, only You. I cannot live without You. I turn to You for everything, and I pray that You will keep me in prayer all the time, and in remembrance of Your name every moment, every second, and every breath because there is no life without the remembrance and without the prayer.

“Now keep me, my Lord, to know You more and more because I need to be with You all the time. If You keep me in this life, this is the holy garden. I want to live in the world of Your soul. After I change everything and know everything, there are no things, only You in my world. The sun rises, growing bigger and bigger to show You Yourself. I cannot live without seeing my self and without seeing You. Discharge everything from me, so that I may be You in everything. I do not love anything except Your face. I see Your name, Your face, Your soul and Your heart in everything.

“Oh my Lord, free me to know every secret. Teach me and care for me in this station because I need to know everything to be

everything. Oh my Lord, as my sun rises I find every secret within it. The deep love is in this sun, and the secret love is in this sun, and they are one. Change me and make me to be this sun.

“I thank You, my Lord because You show me myself, the secret self, which is not like the first self. I hold all the veils, and show everything under these veils. Who is behind these veils? There is nothing hidden and nothing manifest. You are under these veils! Excuse me, my Lord; this is the language of my soul when she knows what You are and what I am. There is nothing, only me, in this world. Everything else goes. Where does it go? There is no place for it to go, and there is not time for it to live because everything is You. You are everything, but everything is different in You.

“Now there is only me in this world. This is the picture of You on the earth of Your sun, and this earth is a special earth. It is the earth of the secret. Teach me and help me to understand every secret in Your sun. There is no sun, only You and only me. There is no other. There is nothing inside your clothes, only Allāh. And there is no outside. Allāh fills every place, and He is from the beginning until the end, and there is no beginning and no end.”

In this high station you reach the sun of the truth. This is the picture of God, and not only the picture, but the reality of Allāh – in the water, in the food, when you sleep, in the flowers, in the birds, and in the animals – in everything. Be polite with everything. When you walk, walk quietly and give the mercy to everyone because when you give, you give for Allāh. Be the pure picture. Be the clean picture all the time because you are His picture, and you are really Him! “I am the Truth! Ana al-Haqq!”

This is the deep secret. Know what you write. Keep this secret inside your heart. Do not give the secret to anyone who does not know, who is not polite, and who does not understand. This is a dangerous secret if you give it to someone before he has reached because he will return and become water, like he was before he came into this

world. Allāh will discharge you outside because you did not listen to what He said.

Now my beloved Lord has given me the order to give you this secret station. It contains all the mercy. It is the deepest, and contains all the love. What more could you want after that? This is my heart. Do not lose my heart because when you lose it, you lose your God, and He discharges you, and returns you back to live in the fire, to live in the darkness, but an even deeper darkness. But I hope and I know that He will not discharge you after He loves you because everything is from Him, and you are from Him. You are the holy truth; how could He lose you? But stay in the remembrance and the prayer and sing because now you understand what this song means. The meaning of this song is the deep secret prayer. Thank Him because He teaches you and he gives you what you want. This is your chance to know every secret, and you do not need anything after that because He gives you everything. But be everything. This is the holy message. Do not lose it, and do not waste your time because it is the time of Allāh.

You are the message. You are the sun. Send your light to everyone, to give them life because everything comes from this light. You are the holy candle, but like never before. You fill the whole world with your light, the light of the love. Give your light to everything. If you find someone who wants and someone who needs, do not deny anyone because there is no one, only He, in the world. All the people await you now because you carry the message, and this message means the holy peace. Everyone needs to live with the peace, to feel this peace, and they need to live in the garden as you do. Give your fragrance to anyone because your fragrance is the real fragrance. It is the fragrance of Allāh.

Now, when you know most everything, you can walk with yourself, and you do not need anything because you know the way. If you are the sun, you can take and you can give. You can know everything

because everything is from you to you. There is no other. If you see another, then you live outside because in the reality, there is only He. But open the door in your heart with this key because everything is inside you. Open, and leave nothing closed! From the beginning, through every station, you have new eyes with which you can see everything, and all these eyes are one eye, which changes from station to station. Through these eyes, you walk.

When you reach the high station, do not leave the exercises which you have done before. Keep doing them. Pray and pray and remember, and thank Him. Love and love and love. Be special for Him because you are a slave, not more. Now you know what you are. You are the sun. You are the truth. This message is enough for you to know everything, after you have changed everything and when you reach to be His slave. Allāh! This is the end of the stations, but also the beginning. Allāh!

Allāh! Allāh! Allāh!

Ana-l-Ḥaqq (I am the truth)

This is the deep Secret. Know what you write. Keep this secret inside your heart. Do not give the secret to anyone who does not know, who is not polite, and who does not understand.

This is a dangerous secret if you give it to someone before he has reached, because then he will return and become water, like he was before he came into this world. Allāh will also discharge you outside, because you did not listen to what He said.

Now my beloved Lord has given me the order to give you this secret station. It contains all the mercy. It is the deepest, and contains all the love. What more could you want, after that? This is my heart. Do not lose my heart, because when you lose it, you lose your God, and He discharges you, and returns you back to live in the fire, to live in the darkness, but an even deeper darkness. But I hope, and I

know, that He will not discharge you after He loves you, because everything is from Him, and you are from Him. You are the holy truth; how could He lose you? But stay in the remembrance and the prayer, and sing, because now you understand what this song means. The meaning of this song is the deep secret prayer. Thank Him, because He teaches you, and he gives you what you want. This is your chance to know every secret, and you do not need anything after that, because He gives you everything. But be everything. This is the holy message. Do not lose it, and do not waste your time because it is the time of Allāh.

You are the message. You are the sun. Send your light to everyone, to give them life, because everything comes from this light. You are the holy candle, but like never before. You fill the whole world with your light, the light of the love. Give your light to everything. If you find someone who wants, and someone who needs, do not deny anyone, because there is no one, only He, in the world. All the people await you now because you carry the message, and this message means the holy peace. Everyone needs to live with the peace, to feel this peace, and they need to live in the garden as you do. Give your fragrance to anyone, because your fragrance is the real fragrance. It is the fragrance of Allāh.

Now, when you know most everything, you can walk with yourself, and you do not need anything because you know the way. If you are the sun you can take, and you can give. You can know everything, because everything is from you to you. There is no other. If you see another, then you live outside because, in the reality, there is only He. But open the door in your heart, with this key, because everything is inside you. Open, and leave nothing closed! From the beginning, through every station, you have new eyes with which you can see everything, and all these eyes are one eye, which changes from station to station. Through these eyes, you walk.

When you reach the high station do not leave the exercises which you have done before. Keep doing them. Pray and pray and remember, and thank Him. love and love and love. Be special for Him because you are a slave, not more. Now you know what you are. You are the sun. You are the truth. This message is enough for you to know everything, after you have changed everything, and when you reach to be His slave. Allāh! This is the end of the stations, but also the beginning. Allāh! Allāh!

Dhikr (Remembrance)

Dhikr is pronounced like "thicker" but pronounce the "th" is as you do in "the."

Dhikr is the core practice of Sufism and it means to remember God in your heart. We remember God by saying His name (Allah) or by saying the testification of monotheism (Lā `ilāha `illa-llāh which means "there is nothing worthy of worship except God), or by reciting His qualities.

We do remembrance because it is the #1 best way to clean your ego, your heart, your soul and your spirit. It is incredibly cleansing and detoxifying, as well as rejuvenating.

When we remember our Lord, He remembers us. In the Quran God says, "Remember Me; I will remember you." (2:152). When He remember us He is giving us His healing, mercy and knowledge, so it is ideal to practice remembrance all of the time, 24/7.



Sacred art is a way to enhance remembrance

The Prophet Muhammad, may the peace and blessings of God be upon him, said that the best remembrance to practice is the testification of faith: *lā 'ilāha 'illa-llāh*. It's important to pronounce it correctly, otherwise, it will have no benefit.... You can recite this remembrance standing, sitting or laying down at all times of the day, including the early morning and late at night.

God and the Prophet Muhammad said many things about the benefits of this remembrance. Some of them are:

God says, "*Lā 'ilāha 'illa-llāh* is My fortress; whoever enters My fortress is safe from My punishment."

The Prophet Muhammad, peace be upon him, said, "*Lā 'ilāha 'illa-llāh* is the best of dhikr and has the best reward. The happiest of all people who will be granted my intercession is the one who says it from the bottom of his heart. There is no slave who says it and then dies except that he will enter Paradise (Heaven)."

The Prophet Muhammad said, "Repeat the saying, '*Lā 'ilāha 'illa-llāh*' because it removes any sin and there is no action equal to reciting it; for there is no veil between it and God and it reaches Him alone."

The Prophet Muhammad said, "There is no charity better than the dhikr of God."

The Prophet Muhammad said that remembrance of God is better for us than silver and gold. He also said that the meadows of Paradise are the circles of people doing remembrance.

For someone just beginning this practice it is important to say *lā 'ilāha 'illa-llāh* in a strong, loud voice. Do not say it in a middle voice or a soft voice. This will not have the same purifying effect on the ego as saying it in a loud voice.

About the benefits of this dhikr Sidi says in his book *He Who Knows Himself Knows His Lord*, "Know that when the aspirant mentions *lā 'ilāha 'illa-llāh* with his tongue and is lifted from himself in its meaning, which is the unification of actions, this will remove the dark veils from his heart which have resulted from past sins. He will witness with the eye of insight that there is no mover or one who brings peace and there is no giver or preventer or harm or benefit, except God. He will experience this witnessing through direct tasting and through a state, not through belief or thought.

**From: <http://sufihealing.org/stations.htm> and
<http://sufihealing.org/dhikr.htm>**

Based on the teachings of Sīdī Shaykh Muḥammad Sa'īd al-Jamāl