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JAR was created to debate the significance of the extraterrestrial presence on earth. What you are reading is the second issue of JAR, The Journal

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JAR asks these questions: What are the aliens doing? And what do they want? JAR is focussed on the abductions because that is the window through which we can see the alien presence. JAR's editorial policy? We will publish all cogently argued points of view. Only worldwide ufology can stumble through an interpretation of the UFO events, and stumbling we are. We ufologists do not agree, and JAR intends to publish all.

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Findings about the real Star Visitors versus the bogeymen of the cover-up's propaganda

by Richard Boylan, Ph.D.
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There are many presentations on television, in UFO magazines, and on the Internet purporting to describe what "aliens" are like and the purpose of their contact with Earth. They vary widely.

Some of these presentations are sensationalistic, and intentionally so. Because "voltage" sells, and many in the media are interested only in what sells. Thus, the most lurid and macabre tales about "ETs" are presented.

Other presentations are propaganda pieces, placed in the media as a second-ditch strategy by the oligarchical Cabal behind the UFO Cover-Up. Since the Cabal has enormous international wealth at its disposal, it has the funds and influence to make sure the majority of presentations which make it to public view are negativistic in tone. Their thinking is that if they can't sell you the lie that "UFOs don't exist," then their fall-back strategy is to convince you that "they are evil mean invaders." Thus, the presentations they finance and promote feature the Star Visitors as torturers, plotters and monsters.

The factual presentations in the media are the result of some producers' careful sifting of the facts from creative fantasy and disinformation, and relying on scientific research by qualified professionals who have ventured into the rarified field of Star Visitor-human encounters. The producers who care about truth above "voltage," who are smart enough to get the expertise to sift truth from fiction and disinformation, and who are courageous enough to push their production through despite dissuasion by the negative climate created by Cabal's henchmen in the media, are in the minority. But their work is wonderful, illuminating and exciting.

How to get the facts?

How do those who want to find and present the truth about Star Visitor-human encounters get the real facts? Where can they go to get reality instead of disinformation?

It is a given that in researching reports of extraterrestrial en-

counters, the only "evidence" available to study are the human persons involved, the experiencers. And the only discipline producing really qualified researchers of persons claiming extraterrestrial encounters is behavioral science. Thus, it is only qualified behavioral science professionals who have the necessary education, supervised training and professional experience to gather, evaluate, sort and discriminate reports, and collate reliable research findings about Star Visitor-human encounters.

Such behavioral science professionals have the following five advanced research qualifications:

Abstract: Much media on ETs is sensationalized or cover-up propaganda intended to discredit Star Visitors. Some media is illuminating. Qualified, open-minded, informed mental health professionals describe experiencers who value ET contact and Star Visitors who "want what is best for our world and theirs." Star Visitors are preparing humanity for disclosure. Cover-up operatives abuse experiencers and employ psychic warfare. Origin of reported negative encounters is cover-up activity, unstable personalities, and other factors. Cover-up motivated by profit derived from back-engineered ET technology.

1. Behavioral science and medical professionals, e.g., psychologists, psychiatrists, clinical social workers, marriage, child and family therapists, and certified clinical hypnotherapists, who ideally have a doctorate, or at least a master's degree,

2. Plus many years of clinical experience, including skills in differential diagnosis,

3. Plus formal graduate training in research methodology,

4. Plus are open-minded enough to inquire objectively into extraterrestrial phenomena without presuppositions, and let the data determine the findings; and,

5. Have educated themselves sufficiently about UFO and Star Visitor matters to have an informed beginning basis for doing research.

As Board Member and past Officer of the Academy of Clinical Close Encounter Therapists, I have had the opportunity to have talked to hundreds of such professionals involved in this kind of highly-specialized work with persons claiming Star Visitor encounters. In so doing, I do not find credible reports of low-life aliens from these professionals, nor from the experiencers they have worked with. On the contrary, the reports coming from behavioral science professionals describe intelligent, wise, compassionate, interested Star Visitors, who want what is best for our world and theirs.

While the theoretical possibility of "evil aliens" may be postulated, in fact those civilizations which have evolved far enough to have both the inclination and the surplus resources to reach out into space to nurture fledgling planets are not marauders. The coalition of civilizations making gradually-open contact with Earth, Star Nations, have rightly been called since ancient times "The Watchers."

These "Watchers" are prepared to filter out any (theoretical) marauders who might decide to drop by this blue planet. This over-

view is derived from innumerable Star Visitor communications to experiencers, from ancient oral traditions and indigenous leaders' state-

ments, and additionally supported by one of the government's National Security Council's unacknowledged Special Studies Group subcommittee insiders himself, Dr. Michael Wolf.

Star Visitors will help

As to whether the Star Visitors will save the day as regards Earth's ecological crises or the coming cataclysms know as Earth Changes, it is up to us, and the Star Visitors tell us that, to save our own day (and planet). They will help, but only if asked, (and not

Reports from behavioral scientists describe intelligent, wise, compassionate, interested Star Visitors.

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Which alien agenda is it?

By John Carpenter, MSW, LCSW
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After being intrigued, inspired, and contaminated by numerous science fiction movies, countless Star Trek episodes, and endless novels about other worlds, can we objectively assess a true “alien agenda” by one or more of the types of beings intruding into our lives? What do we want to believe? What do we hope is the truth? Do we try to ignore data or experiences that make us uncomfortable? Are the apparent agendas different due to the different races of beings allegedly contacting us? Are the different beings working together—or in opposition to each other? What can we believe?

As a researcher for the past 19 years I have tried to allow the collected data to lead me to the answers—rather than choose the data I prefer to believe, or find more acceptable. Like putting a 5,000-piece jigsaw puzzle together, many of the pieces make little sense, or sometimes create a different picture if placed in the wrong arrangement. We may never get all the pieces needed to fully comprehend the “big picture,” but we have acquired enough pieces over the years to get an idea of what may be going on. This article will examine various theories supported by data and attempt to suggest some overall conclusions—desirable or not—as to what the alien agenda may be.

1. Openly conquer the planet

If this were true, they would have already done so years ago! There would be outward, aggressive, obvious, undeniable efforts to control and dominate Earth. Most countries would probably come together to fight the obvious threat, probably destroying our own environment with dirty nuclear warfare. War is barbaric—the unlikely choice of an advanced intelligence. And there is no research data to support this idea.

2. Covertly conquer the planet

Some believe an insidious take-over of our planet is underway, although it is unclear why any advanced intelligence would want to control the dysfunctional and dangerously divided cultures on this Earth. Why infiltrate and attempt to sway our ways of thinking and doing things when we have not been able to come to any consensus or agreement on anything within or among the many countries, races, cultures, and religions on this planet throughout our entire existence? Furthermore, no research data suggests this notion.

3. Gather the “Chosen” for a future exodus

Many people desire a wonderful escape from this world as a way to avoid reality. That is our psychology, and the aliens may be reading our minds and telling us, occasionally, what we wish to hear. It certainly elicits great cooperation from human beings, if we believe we have been specially chosen by celestial beings. However, research data does not reveal this to be a common pattern of any kind.

4. Stimulate human evolution through education and spiritual growth

This may have been a factor in the past as a review of ancient civilizations indicates that our ancestors often knew more than they should have or could have been capable of knowing. For example, how could ancient civilizations have known about planets and star systems that could not yet be observed with the naked eye or with any known telescopic devices? The Sumerians were amazingly advanced in many fields of knowledge, but also talked of beings coming from the sky to share this information with them. Many cultures tell of people coming from the sky and educating them.

However, today’s encounters typically do not reveal much useful information because most of the time (maybe 98 percent), the beings volunteer no information. When asked, they sometimes appear annoyed or amused—yet still volunteer very little. When Betty Hill asked the creatures where they were from, they simply answered that if she did not know where her own planet was on the displayed star map, what difference would it make? Telepathic communications are usually to calm, persuade, or reassure. Most of the time the beings interact with the abductee in the same fashion as a nurse with a small child in a

Abstract: Author concludes it most likely ETs are monitoring earth’s environment for pollution, conducting scientific study of human society without wanting to attract attention and thereby disturb the object of study, and creating hybrids, who look human, to further unobtrusively observe us at close range.

doctor’s office: “Hold still. . . don’t worry. . . this won’t hurt. . . you’ll be going home soon.”

What little is told to us has to be questioned, as they have clearly

been caught in efforts to deceive us—both with imagery and with telepathy. For example, when one abductee asked about the identity of the alien, it replied, “I am your mother.” When the subject refused to believe that answer, the alien quickly changed the answer to “I’m your mother’s best friend.” Human reactions to these experiences are quite varied—from angry and “violated” to inspired and uplifted. In this manner, some participants could claim spiritual evolvment. However, research data does not support a deliberate effort during modern times to either educate or move us forward spiritually.

5. Save us from destroying ourselves and our planet

Interestingly, a huge increase in UFO sightings occurred over the western United States after this country began testing and dropping atomic bombs. Even watching at a distance, the creatures were probably disturbed to see us wielding such power with the maturity of teenagers. Areas where this technology was developed and tested had a significant number of sightings. The 1947 Roswell, New Mexico crash was closest to the 509th Air Command—the only atomic bomb-equipped air unit in the world at that time.

Research data occasionally shows the beings have an interest in our soil, plants, water, and living tissues. UFO landings often include the sightings of beings collecting different things from our environment. Some researchers claim the mucous

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The breaking of Jim Sparks, or why the aliens don't land on the White House lawn

By Elaine Douglass, MS
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Most everyone says Jim Sparks' new book, *The Keepers*, is excellent. It is. The book is honest, unpretentious, earthy, intimate, engrossing. It is also a primer on how the aliens break people.

It took the aliens some five years of concerted effort to end Jim Sparks' resistance, to precipitate his capitulation, and to turn him into a collaborator. To me, Jim Sparks is a hero for fighting as long as he did, but in the end Jim broke because he just couldn't fight anymore. Today, of course, Jim says it's 'all for the best,' but then that is the hallmark of the capitulated abductee—everything the alien does is okay. The story of Jim Sparks answers the perennial question—why don't the aliens land on the White House lawn? The answer is because they are not interested in humans in our natural, autonomous, state. They're interested only in humans they can control.

Years ago, Whitley Strieber told us about it, how the abductee's skepticism collapses and resistance ends. In *Transformation*, Whitley captured the moment. Brought to a peak of terror by one of the alien's staged psychodramas, Whitley felt he:

... could not bear to go on like this. I could not live with this fear and I did not know how to live without it unless I lied to myself and arbitrarily decided on my own to believe the visitors were benevolent.

Afterwards, Whitley writes, he "found acceptance."

Today Jim Sparks too has found acceptance—and more. He says he has found "the truth" about the nature of the aliens, their purposes, and a hidden relationship between them and the American government. The question, however, is whether all that Jim has come to believe is the truth, or whether it is a storyline that through a process of isolation and torture the aliens forced Jim Sparks to accept.

Subjected to trauma

The part of Jim Sparks' abduction history he remembers begins in 1988. That year, for almost a year, Jim had dreams of being walked out of his house during the night. Abruptly, though, the modus operandi changed and he begins to be taken in a violent and terrifying manner. Later Jim will be extremely grateful to the aliens for those occasions when he is not taken in a terrifying manner.

"Pulled," Jim calls it. At 3 am one night, "Suddenly I woke up. . . and couldn't open my eyes or move. I heard a low-pitched whirling sound, which slowly got louder. . . the pit of my stomach creeping up toward my heart. . . my heart began to race, and louder and faster came that whirling sound. Deep instinctual fear overwhelmed me, but I couldn't open my mouth to scream. Cold sweat covered

me. . . my heart was thumping so fast I thought it would jump out of my chest. My head filled with that sound, whirling. . . the whole universe was that sound and it wanted to burst open my head. Then a tremendous rushing. I was accelerating as if going down the steepest grade of a roller coaster without any safety harness. "I don't want to die!" I screamed inside myself.

ABSTRACT Article reviews the behavioristic techniques used to "break" abductee Jim Sparks and looks at the resulting attitudes created in the abductee, including uncritical acceptance and formation of bonds of allegiance to the alien. Short analysis of the alien "message" notes inconsistencies.

The psychological literature has a lot to say about the process of breaking people. In one book, *Battle for the Mind*, the author explains what has

to be done to get an individual to "change long-standing beliefs, drop ordinary perspectives of common sense and become open to ways of thought quite foreign to the person's previous life." The first step, says the author, is to subject the individual to "intense trauma."

The manner of taking Jim changed, so there must have been a reason for the change. Apparently, walking Jim out of his house wasn't satisfactory, and the utility—of having Jim not remember what happened after he was walked out—had, apparently, also run out.

"Normally," abductees are walked out, or floated out. They're not taken in a whirlwind, a hurricane. And the terrifying manner of taking Jim continued for five years. The author of *Battle for the Mind*, William Sargant, mentions this. He mentions the usefulness in breaking people of subjecting them to not only one trauma, but to "repeated traumas."

Taken in a hurricane

It is normal that the point comes when the abductee is made aware. And normally, the making aware is gradual—the abductee sees some flying saucers, snippets of memory seep into his consciousness. The alien is making the abductee consciously aware. It is part of the program. So making Jim aware is normal, but the whirlwind, the trauma, that was gratuitous. What does it mean? Was Jim a notorious case in alien circles? Was he so hard to break special techniques were needed?

And Jim was not made aware in a gradual manner. In 1988, after "never having had a paranormal experience in [his] life," Jim writes, with blinding suddenness and in full conscious awareness he emerges from a hurricane to find himself in a place he has never seen before. It is a place where Jim Sparks will experience complete, utter and abject powerlessness.

The hurricane of being pulled stops. Jim is awake, sitting:

I tried to move my eyelids. Slowly, I was able to open my eyes. I could only look ahead. I had no peripheral vision. When I strained to get up, I couldn't. I could only move my head up and down and

(Douglass continued on page 16)

The grays want to know how we feel

By **Bill Foster**

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Even in a cursory reading of UFO literature we find at every turn the grays probing, examining, and physically searching human bodies and brains. In my case, the grays were interested in my emotions, especially my fears.

As a lifetime abductee of the grays, I can give you only my subjective perspective on why this was so. No “absolutes” are available on this subject. It was Dr. John Mack who told me: “Two species we know are liars. . .human politicians and the grays.”

I am not an abductee who believes in the benevolence of the grays. I take no solace in any idea the grays are here for our benefit or to

enhance or enrich human lives. Humans apparently have something the grays need. I think

the grays are here to fulfill a specific agenda of their own.

This agenda appears rigid, inflexible, urgency-driven and it will be completed, I believe, in spite of any attempt humans may make to interfere with it. Nor is there any compelling reason the grays should reveal their overall plans to us, and they have not. If there are to be any fringe benefits to mankind from the alien agenda, it will be only an unintentional bi-product, not part of any primary alien goal.

Many debunkers of alien contact ask why would aliens repeatedly abduct the same human. They should be able to obtain all the information they want about a given individual from one abduction, the debunkers say. The rebuttal to that is our “tagging” program with elk, bear, deer, etc. We follow individual animals through an entire lifetime. Why? We want to understand migration, feeding patterns and a host of other relevant information. I believe it is similar with the grays’ repeated abductions of each human specimen.

For example, during an abduction, after my heart attack at age 44, the gray leader alien who communicated with me simply could not understand why I had suffered this malady. I tried to explain the word “stress,” and came up descriptively empty. The gray did not understand that human emotion can lead to a physical change in body chemistry.

Love, hate, rage, fear, stress, anger, sadness, happiness, revulsion—all are emotions I believe the grays lack. Instead,

they are described as methodical, dedicated, industrious, diligent. You seldom read words about the grays that suggest they experience deep emotional feeling.

Through my lifetime of abductions I can assure you that one of the biggest curiosities to the grays, about me, was my constant fear. We do not have to explain our emotions to our fellow humans; they understand. But it is extremely difficult to convey the involuntary function and experience of emotions to creatures that have none!

By analogy, a tiny percentage of humans in the world see colors when people speak. That’s correct! These folks see

actual colors coming out of the mouths of fellow humans. These same rare individuals can visualize

colors when music is played. The medical term for this condition is “synesthesia.”

Do you or I have any conception what it would be like to see colors when people speak? Frankly, I cannot even picture it in my mind, yet we are told it is a medical fact so we must accept it.

Juxtapose this with the vacuum of emotion in the grays. You can then see how difficult it is for them to comprehend our range of emotions when they have none themselves.

The grays told me they were interested in me because I displayed such strong emotions—not the least of which was raw fear! The grays studied these emotions within me and repeatedly asked me to explain to them how it felt to have these sensations within my body. I learned something from those conversations I found puzzling, yet interesting.

When attempting to describe emotions, I spoke out loud. That is, the grays could not read my mind to understand my emotions. My emotions, such as fear, did not appear to radiate a “visual” picture in my mind, or in the mind of the grays, either in the present tense or in past memory. In all other contact with the grays my thoughts were comprehended and intercepted before I even finished formulating them to speak aloud. This leads me to an assumption.

Here on earth when a person suffers a disability, for example, blindness or deafness, the person’s other senses are sometimes

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The grays are extremely eager to evaluate and comprehend the full spectrum of human emotion.

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Talking with Ray Fowler about UFOs, NDEs, OBEs, time warps and the “clock phenomena”

By Rosemary Ellen Guiley *reguiley@aol.com*

Raymond E. Fowler is one of the leading international authorities on ufology and abductions, including the celebrated Betty Andreasson Luca case. Fowler’s research of Betty’s involvement with aliens spanned more than 20 years. In the course of his work, Fowler discovered that he, too, is an abductee. It put a personal spin on already intensely involved work. Fowler’s unique perspective takes him to the cutting edge of research, where ufology merges into other phenomena of a paranormal or other-dimensional nature, such as near-death experiences, out-of-body experiences, extrasensory perception, and ghosts.

Ray Fowler has written 11 books on ufology and paranormal phenomena, among them *The Andreasson Affair*, *The Andreasson Affair Phase II*, *The Andreasson Legacy*, *The Watchers*, *The Watchers II* and *The Allaghash Abductions*. He has served as Director of Investigations for MUFON, consulted for the media, and contributed reports to Congressional hearings, military publications, and numerous newspapers, magazines and professional journals. Fowler lives in Kennebunkport, Maine, where he teaches adult education courses on ufology and the paranormal. He is an amateur astronomer. He can be reached at www.raymondfowler.org.

Rosemary: Are you still experiencing abductions? Please tell us about your most recent notable experience and how it compares to your own historical pattern.

Ray: When I saw your first question, I initially did not remember many unusual happenings since we moved from Massachusetts to Maine. However, in the past I recorded such strange happenings in my diary. The interesting thing is when I go back to read my diary it is like reading about someone else. In most cases I have forgotten the experiences. I find unless I write experiences down soon after they happen I forget them and they do not get recorded. The best answer I can give you is to quote what I found in my diaries from 2000 onwards. This is about where I left off recording such experiences in my last books. I will leave it up to your readers to determine whether or not I still am experiencing abductions. Unlike my experiences in the past, I have no memory communicating with the gray

Abstract: Abductions may be part of an intelligent “meta-phenomenon” encompassing psychic and extraordinary experiences. Raymond E. Fowler looks at the big picture through his own abductions, possible after-death communications, time warps, strange synchronicities, family coping mechanisms, and more. He says humans may be ET larvae under cultivation for another form of life, post-death, the way a caterpillar turns into a butterfly.

I have a memory or a dream of being out of bed and on the floor struggling with something I cannot see.

entities. In one instance, I did record a realistic abduction dream (?) where entities were operating on a nude woman. However, I do consider the following diary inputs as possible benchmarks of the abduction experience.

Ap. 11, 2007: Yesterday I noticed a large bruise on my left thigh. Today, when taking a shower, I felt an area of my left

leg stinging. I saw a small wound over the femur bone running up my leg. Under magnification, I saw 3 tiny punctures in the shape of an isosceles triangle. I would probably have not noticed these tiny marks if they had not stung when in contact with

soapy water.

Nov. 1, 2006: I discovered two tiny scabbed puncture marks on both legs above the knees and just about in the same location like twin punctures.

Nov. 11, 2006: I was eating salted nuts today and noticed my right thumb stung with pain when I picked one up. I looked and was surprised to see a vertical cut about 3/8-inch long. I had not noticed it before nor felt any pain or seen any blood on my thumb.

Dec. 26, 2006: I woke up to the night hearing a loud tone. I did not want to get up to see what it was but finally did as I wanted to put a stop to it. I thought a certain light had been left on downstairs that sometimes gives out a tone sound. However, that light was not on. I then realized the tone was internal, coming from one of my ears. I went back to bed and I listened for a short while before it slowly dimmed to nothing and I fell asleep.

Dec. 27, 2006: I awoke with a start this morning when I heard a female voice calling my name. I think the voice said something just before my name but I cannot

remember what.

Feb. 1, 2005: I awoke to find the pillow stained with a large and small patch of a dried up liquid.

Feb. 3, 2005: I awoke to find a number of dried up patches of a brown liquid on the back of my undershirt.

Mar. 4, 2004: Sometime during the night I experienced the

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Scavengers of passion

By Eve Lorgen, MA
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Abstract: Alien-instigated romantic obsessions in abductees—the love bite—are described. Paranormal phenomena accompany the obsession, which is abruptly terminated leaving one partner in a state of unrequited love. Alien genetic experiments may be connected to alien goal of harvesting high intensity human emotions. MILAB cases may represent human-alien collusion in such experiments, or may be separate secret government activity. Ancient Gnostic texts warn of exploitative exo-organic beings and alien phenomena may be a reemergence of this perennial manifestation.

Current investigative methods struggle to comprehend UFO encounters and alien visitations. As a result, we are left with confusion regarding the abductions, and the aliens' true motives for interacting with humanity. I believe the heart of the matter lies in matters of the heart, our human passions.

In this article I discuss alien manipulated love relationships and offer, I hope, deeper insights into the abduction phenomena. Cases in my book, *The Love Bite*, and new findings, are brought to light disclosing connections between alien and military abductions, as well as possible genetic influences on human bonding and sexuality. In addition, a basic overview of mind control and conditioning presents us with a design of how intelligent aliens could control and manipulate our perceptions of reality. Finally, ancient Gnostic teachings indicate our contemporary views of the Extraterrestrial Hypothesis may be in need of revision.

Since publication of *The Love Bite: Alien Interference in Human Love Relationships* (2000), I have met many more experiencers of "alien relationship manipulations." The alien abduction syndrome is not going away; it continues to happen. We researchers have been forced to expand our viewpoints and definitions of alien encounters.

It didn't take me long to realize that what I had written about in my book—alien manipulation of abductee—wasn't going to get the approval of mainstream ufology, or society in general. If it wasn't the alien love bite that was taboo, then milabs, which also figure in my book, were doubly mocked and marginalized. The word milabs is a contraction of MILitary ABductionS. As used here, the word refers to individuals apparently abducted by aliens as well as by human military or intelligence groups.

I want to let the reader know that until recently I had no

intention of continuing work in the field of abduction research. Instead, I set out on a spiritual quest practicing meditation, yoga, lucid dreaming, shamanic training and traditional counseling. This helped clarify and strengthen me to deal with longstanding issues. Now I have returned to research, writing, and following my gut instinct about what I really think the aliens—and others—are doing, and why.

Our perceptions are colored by our fears and desires. In order to gain a clearer perception of the alien motives, I knew spiritual mind training was necessary. Ethics and compassion opened the door, and detachment from certain desires and fears was a key in eliminating the power source the aliens feed on to fuel their machinations, especially vulnerability to love relationship manipulations. This was, however, a personal realization, and may not be true for other experiencers of the alien abduction syndrome.

Alien manipulated love relationships

Let me describe what an "alien love bite" is, and how it manifests in the abductee's life. In *The Love Bite*, I cover ten case histories of couples caught in alien manipulated love relationships.

The classic pattern involves childhood bonding scenarios where two potential love partners, targeted by their alien handlers, are brought together. Pairings take place within abduction settings and often are remembered only as dreams. Events take place physically in another environment, such as onboard a craft, or even in an out-of-body state.

Subtle orchestrations, such as being immersed in virtual reality scenarios, or flooded with mental imagery while physically

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They're saying it's my child— I Can't Believe this is Happening!

By Yvonne Smith, C.Ht.
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I met John S. in 1992. He'd sent me a letter saying he was experiencing crying bouts and would often find himself walking at night in isolated areas of the desert all alone. I am a hypnotherapist specializing in Post Traumatic Stress Disorders suffered by abductees, and John's is one of hundreds of abduction cases I have worked with since 1990.

One event bothering John was a Dec. 31, 1980 experience he had while driving California's Highway 5. John was heading to Sacramento to ring in the New Year with his girlfriend.

Before the hypnosis began, what John recalled was that shortly after 10 p.m. that night he had spotted a large, dark object coming toward him and moving slowly left to right. When John uneventfully passed the object, he looked behind him, but it was no longer in sight. "I have to see what this is," he commented to himself, and his thought was to pull over.

He next remembered his truck engine sputtering and that he felt groggy, as though he had just awakened from sleep, but he was driving and both hands were on the steering wheel. It struck him as odd that all the holiday traffic was gone and no other cars were in sight on the roadway. Thinking only a few minutes had passed, he called his girlfriend to tell her about his unusual observation, and was he startled when she was angry with him. He had no idea it was 1 a.m.—three hours later!

John's first appointment with me for hypnotic regression was in the winter of 1992; it was to be an exploration which would last many years. In connection with just the 1992 experience on the highway, John and I did six hypnotic regressions, each filled with heart wrenching emotion and sense of loss of control. John was tormented by the thought: "When will this happen again?"

John's was a "missing time" event—a term coined by my colleague and mentor, Budd Hopkins, many years ago. (The first documented "missing time" case was the historic Sept. 1961 double abduction of Betty and Barney Hill.)

Abstract: Summary of a chapter of Yvonne Smith's upcoming book, *CHOSEN: Revelations of Alien Contact through Hypnosis*. Yvonne's purpose in the book is to educate the general public and mainstream media so that, as she says, "all of those brave individuals who carry this burden of alien abduction can discuss the subject openly without fear of ridicule."

The following transcribed excerpts from a hypnosis sessions with John S. reveal the strong emotions he expressed during these exhausting sessions. Without a doubt, something traumatic happened to him in 1980.

JS: They are leading me somewhere, they take me by the hand and I have no control, they seem to have all the control and I don't like it.

YS: Just describe where they are taking you.

JS: (Crying) They want me to look and I don't want to look!

YS: What are they showing you John?

JS: (Crying) Oh God! Showing me tanks! I don't want to see it, I don't want to be here!

If Budd and Dave are right, perfected hybrids are already living among us.

John could not bear to look at what was being shown to him, and it took two hypnosis sessions to get through his block and finally take a look.

Eventually, John described a small "baby" floating in some type of heavier-than-water fluid. Tearfully, he

described one of "them" saying this particular baby was his and that he had to show love for it:

JS: They're saying I'm here for a reason, there are a number of them telling me it's my child, to love it, to feel love for that baby. I need to connect, they tell me it will help the baby feel part of something. I can't believe this is happening!

After showing John "his baby," the beings escorted him to another room he described as "Clean, sterile and bright, with a long table with a pedestal in the middle." John began crying and
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saying, "I'm telling them I don't want to do this again."

While doing extensive work on John's 1980 experience, memories began coming to him as far back as when he was 7 years old. As the picture filled in, now when John was being escorted into a room with a table the scene

John described a small "baby" floating in some type of heavier-than-water fluid.

was familiar, and he knew what was going to happen:

JS: (Crying) They say they are just going to take a sample. . . It's not right what they're doing. . . it's not right!

Another of the cases in my forthcoming book concerns a double abduction of two women, "Laci" and "Loretta" (names changed for privacy) who, like John, were abducted while driving on a busy California freeway. They experienced two and a half hours of missing time.

During one session with Laci, she spontaneously regressed back to an experience she had at age 14, when vacationing with her parents. She recalled swimming by herself and then she heard her name called:

These babies and children will eventually grow up. What will become of them?

Laci: They're calling my name. . . uh, they say I have to come with them. . . and I don't wanna go, I don't wanna go!

Laci became hysterical during the regression as she realized she was under their control and knew she had no choice. Accompanied by two small beings, Laci described being floated up to a craft and placed on a table:

Laci: They want to take something from me that belongs to them! I don't have nothing that belongs to them!

The beings began removing something from her vagina:

Laci: It feels. . . feels like pulling. . . and they just take something out! I don't know what it is. . . I hurt, it hurts. . . and they don't care!

During this regression, Laci recalled the beings telling her she had been "helping them" since she was twelve years old. Like John, Laci has had these experiences since she was a child.

I have worked with many cases where young girls, at the onset of their menstrual periods, began having gynecological procedures done to them and numerous accounts, as in John's case, of babies and young children being shown to them as they are told, "These are your children."

Those of us studying the abduction phenomenon, knowing that these babies and children will eventually grow up, ask, what will become of them?

During the February 2007 International UFO Congress, I had breakfast with another colleague, abduction researcher David Jacobs, PhD. We discussed the latest in abduction research. "I believe we have now entered a new phase of this alien agenda, which deeply involves the evolution of the ongoing hybridization," David told me.

I am not sure I am ready for this "new phase." However, I cannot turn away from working with all those individuals out there who are just beginning to wonder if certain "memories" or "dreams" may be the result of the buried trauma of abduction.

I hope my book, *CHOSEN: Revelations of Alien Abduction through Hypnosis*, will pierce the veil of doubt, ridicule and complacency, and encourage the general public to step out of their safe box.

In the hundreds of cases I have studied as a hypnotherapist, I have come across many abductees who have been told that "when the time is right" they will be leading groups of people who have spiritually awakened, who are "chosen."

In fact, if my colleagues Budd and David are right, these perfected hybrids are, at the present time, already living among us. The important, not yet known, issue is: Will they live side by side in harmony with us? Or will "we" eventually be led somewhere else, out "there," when they decide the time is right?

Who will be "the chosen"?



YVONNE SMITH, C.Ht., graduated in 1990 with a Certification from the Hypnosis Motivation Institute. She specializes in treating sufferers of post traumatic stress disorder (PTSD) especially in the aftermath of alien encounters. In 1992 she founded the Close Encounters Resource Organization [CERO], a monthly support group for experiencers. Yvonne has lectured extensively in North and South American, and at European UFO conferences. This July she will lecture and be an MC at the Roswell, New Mexico 60th anniversary Festival. Yvonne has frequently lectured with hypnotherapist-colleagues Budd Hopkins, David Jacobs, John Carpenter and the late Dr. John Mack. She is a veteran of some 30 TV guest appearances, including appearances on MSNBC, The Discovery Channel, and Encounters, and of radio interviews with hosts including Art Bell, Paul Harvey, and Joe Montalbo. Yvonne and the CERO support group were featured on a Walt Disney documentary movie, *Alien Encounters*, in 1995.



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shot at).

My analysis, and that of Drs. John Mack, R. Leo Sprinkle, Edith Fiore, Rauni Kilde, Gilda Moura, Ruth Hover, et al., is based on behavior (extraterrestrial) over time (centuries). Actions speak louder than words.

The Star Visitors' messages contain warnings for us of dangers we are presenting to ourselves by our ecological, military, social and economic behaviors. They provide us with important and useful information for advancing our society and ourselves mentally and spiritually. The Visitors are preparing us (via messages relayed through select human experiencers) to socially accept the reality of extraterrestrial contact, and are readying us for joining the larger community of inhabited worlds.

No proof of evil ETs

Remember: the burden of proof is on the person alleging evil extraterrestrial races. I have seen no proof of such a hypothesized group. What has been presented

as evidence are lurid tales found in some UFO magazines and books, the truthfulness of which can be charitably called elusive, and in plain fact, consist of fictions and distortions.

Yes, the Star Visitors who interact with humans are benevolent. There are major human misunderstandings of some Star Visitors, due to human anthropomorphic tendency to lack understanding of quite different cultures and personality styles. As anthropologists have shown, in dealing with culturally very different human groups on Earth, it is incorrect to judge the culturally-different human group by the cultural standards of one's own culture. Even in America there are people who put down another ethnic group because they think/phrase things/ behave differently than we do.

Some Star Visitor races are here to teach, some to guide, some to heal, some to advance us culturally, some to advance us biologically, some to study us, some to passively observe, some to take samples of our flora and fauna, some to stand guard to protect us, or to protect space from our plutonium-contaminated space probes and space weapons systems.

None are here to invade, none are here to kill, none are here to intimidate, none are here to culturally take over.

Neither are we humans the bad guys, but we do have some less-evolved persons in our midst. That is the way it is in the universe as well, we are told. However, the difference is that the less-evolved cultures on other planets are not permitted by the Star Nations to

roam the galaxy freely and cause havoc on vulnerable planetary populations, such as Earth. There are reasons why we have been assigned the Watchers since our earliest times. And protection is certainly one of those reasons. Genuine interest and concern in our positive evolution and development are additional reasons.

UFO cover-up is a rogue

You will note that the above description is in marked contrast with the rampant disinformation peddled by the "assets" of the rogue UFO Cover-Up: which include such propagandists as ex-CIA operative John Lear, Jr., ex-Naval Intelligence operative "Wild Bill" Cooper, Budd Hopkins, David Jacobs, "ex"-CIA operative Derrel Sims, and "ex"-Air Force Intelligence operative John "Val Valerian" Grace, and others.

As for Zecharin Sitchin's tales of all-too-human "Anunaki," Sitchin published his interpretation of some Sumerian legends

about early contact with Visi-

tors ["Anunaki"] from the stars. Unfortunately, Sitchin tends to present Sumerian legend accounts as though they were transcripts from The New York Times.

Actually, the proper understanding of ancient Near East literature in its cultural context takes into account the role of primitive people's distortion, their anthropomorphizing of Visitors into human-like "rulers," ascribing to them the same character and behavior flaws found in so many ancient (and modern) rulers, and the warping of facts into almost unrecognizable tales as stories get passed down. Not to mention that some textual critics claim that Sitchin took liberties with the translation and interpretation of what the original cuneiform text said. Thus, the principal value from Sitchin's writing is the basic fact that Sumerians acknowledged contact from Visitors from the stars who helped them set up a modern civilization almost overnight. The rest of Sitchin, the drama about lust, jealousy and wars, are cultural trappings added on by Sumerian scribes and can be ignored.

It should also be noted that some of the lurid reports being palmed off on the public as examples of "alien misbehavior" are actually secret psychological warfare operations (MILABS) by human rogue military-intelligence units.

These renegade military-intelligence units kidnap civilians without legal authorization or justification. These units drug those they kidnap, (often experiencers). These renegades deliberately

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intimidate, interrogate, physically abuse, and even gang-rape the civilians they kidnap. The renegade military-intelligence units then use brainwashing techniques to make the civilians they kidnap forget about the military kidnapping, while the renegades use drug-induced hypnosis to implant a false memory about the horrific experience as an alien abduction.

To recapitulate, there are various ways in which the manipulators behind the UFO Cover-Up create and put out stories of “terrible” encounters to generate fear and hatred of the Star Visitors.

Negative encounters explained

There are several kinds of events being included in the rubric “negative encounters.”

1. MILABS, Variant 1. Cabal operatives capturing and mistreating a victim, then drugging and hypnotizing or staging a costumed fake scene for her/him so as to induce misremembering their ordeal as a “alien abduction”;

2. MILABS, Variant 2. Cabal operatives using psychic and/or holographic and/or psychotronic devices to stage a horrific “abduction” experience, which the victim then believes was real. Also, shape-shifting of one’s energy is a common and known art employed by the Cabal;

3. Psychologically-unstable persons have a poorly-remembered actual encounter with a Star Visitor, but because of pre-existing deep psychiatric disturbance misinterpret and misperceive abuse and intimidation from the innocent behaviors of strange-looking but well-intentioned Star Visitors;

4. Experiencers have only very partial memory recall of an actual encounter, and initially only remember initial fear and uncertainty. But, upon getting professional hypnotic recall and recapturing the entire memory of the encounter, events fall into a sensible and non-threatening context, and the experience is judged by the experiencer as important and worthwhile;

5. A person is beset by a ghost or poltergeist or mischievous elemental spirit force of the Earth. Also, Cabal-controlled Energy beings native to Earth are assigned to people who are experiencers or Star Seeds, who were identified under that agreement. Thus, the Human has an experience which is frightening or jarring, and then misattributes their experience to a Star Visitor;

6. The person reporting the negative experience with a Star Visitor is a paid, or coerced, or mind-controlled patsy for the Cabal propaganda campaign, and is basically making it up;

7. Certain unstable persons with Hysterical Personality Disorder

or Borderline Personality Disorder report an untrue “negative” experience out of a desire to seek attention or enjoy having people feel sorry for them. And some reports are from people with serious psycho-emotional disorders, who fuse imagined or actual encounters with their persecutory delusions or with earlier childhood abuse.

8. Some “negative” stories are the result of incompetent or non-professional amateurs meddling in pseudo-”counseling” of experiencers and mis-using hypnosis, so that the experiencer ends up confused, reprogrammed, and left unnecessarily feeling a victim.

9. Some people are of extremely psychologically-rigid make-up, and don’t want their comfortable universe “upset,” or their daily life routine intervened with, by anyone. They see an encounter as an extreme annoyance, and miss the point and significance of visitation by beings from the stars. These rigid people resent anyone challenging their status quo. Thus they resent the visit.

10. On an ultra-rare occasion, a lesser-evolved energy being from off-planet slips momentarily through onto Earth and messes with a Human’s mind before Star Nations has time to quickly detect and apprehend and eject that lesser-evolved being back where they came from. There have only been four such slip-throughs in twenty years! Such cannot account for the myriad reported “negative abductions” alleged by misinformed “ufologists.” There is a real

and substantial difference between such a lower-evolved non-humanlike energy form and the fully-developed human-like Star Persons.

The vast majority of persons experiencing a Star Visitor encounter are astounded, intrigued, and end up feeling privileged and honored.

My evaluation of the Star Visitors does not rest principally on information provided by government, military and intelligence insiders like Dr. Michael Wolf or Command Sergeant-Major Bob Dean alone, but on my work with many hundreds of (actual) encounter experiencers, as well as the findings of the truly-qualified behavioral scientist therapists working with experiencers, and the behavioral profile of the star Visitors themselves, not to mention my own interactions with them.

Cabal operatives confuse

Reflect that Star Nations were forced to tell the Cabal-controlled governments all encounters with Humans. (<http://www.drboylan.com/1964agreement.html>) Thus, the Cabal could and did very easily know who the people who were visited (experiencers) were, and where they lived, and made it a point to visit, terrorize, and confuse as many experiencers and Star Seeds as they could.

The Cabal also used psychic operatives to persuade energy beings native to Earth to visit these identified experiencers and Star

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Seeds.

The Cabal goal was two-fold on this:

1st Goal is to identify potential future Cabal operatives (to recruit) by their response to these beings. Do they try to control them, or to get to know them? If the experiencer tries to control, the Cabal see them as potential Cabal Tier-2 psychic-asset recruit material.

2nd Goal is to have the Energy Beings ready to respond to any Star Visitor visit made to the Star Seeds/Kids while a Star Visitor is trying to work to teach them Star Nations things. The Cabal purpose here is to confuse and distract the experiencer about whom they are really dealing with.

Experiencers are honored

The huge vast majority of persons experiencing a Star Visitor encounter are astounded, intrigued, and end up feeling privileged and honored, and regard that experience as one of the most important things that ever happened to them. But the Cabal doesn't want that impression reported from the hundreds of professional therapists actually working with experiencers to get out. Therefore they generate a propaganda-skewed presentation of selected "cases."

Realize also that the media hugely misrepresent the encounter experience by taking a relative handful of the above false and distorted stories and presenting them as though they were highly representative of everyone's experience.

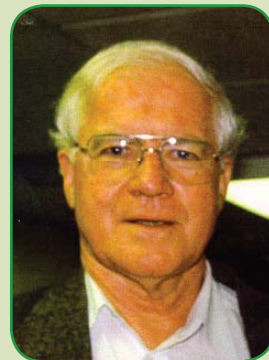
By the time all these efforts are given generous publicity, it is no wonder some of the public have been successfully hoodwinked to fear Star Visitors. This is the level of evil, distortion and treachery the Cabal repressing UFO truth goes to to protect their monopoly of highly-advanced extraterrestrial technology recovered from UFO crashes—a monopoly which has brought them trillions of dollars in profits over the last four-plus decades.

So, when you next read an article or watch a television presentation which purports to describe a Star Visitor-human encounter, ask yourself: Is it Hollywood, is it propaganda, is it fantasy, or is it the truth?



Dr. Richard J. Boylan is a Ph.D. behavioral scientist, anthropologist, university associate professor (emeritus), certified clinical hypnotherapist, consultant, researcher, and Councillor. He provides hypnotherapy for recalling full details of partially-remembered close encounters with the Star Visitors, stored in subconscious memory. Dr. Boylan also is a consultant to Star Kids and Star Seed adults seeking to understand better their origin, identity and mission, in order to have full awareness and clarity about their identity, inner growth, spiritual development, and future path. He is President of the Star Kids Project, Ltd. Since 1989 Dr. Boylan has conducted research into human encounters with the Star Visitors. This has led to his current focus, creation of the Star Kids Project, Ltd, and working with these genetically-upgraded children with advanced abilities, and their families. He has presented papers on his research at, among other conferences, the 1992 M.I.T. Abduction Study Conference, and the 1995 Cosmic Cultures International Conference at Washington, DC. He is author of four books, *Close Extraterrestrial Encounters* (1994), *Labored Journey To the Stars* (1996), *Project Epiphany* (1997), and *Star Kids: the Emerging Cosmic Generation* (2005). He has over 50 articles published. Richard Boylan's website:

www.drboylan.com.



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membranes of animals and humans are a good source for analyzing pollution levels in the air, our diet, and our environment.

It is interesting to note that the bizarre, laser-like precision cuts in cattle mutilations often involve the removal of eyes, ears, tongues, mouth tissues, rectum, and sexual organ tissues—all of which have some degree of exposure to pollutants and may collect traces in the mucous membrane. As they have watched us butcher and carve up cows, they may have concluded this mutilating process is an acceptable practice with cows. Except for a few unclear and rare incidents, human beings have not been mutilated.

Skin, hair, and rectal tissue samples are often reported taken from humans during alleged abduction encounters. It does not make sense the beings still need to know what human skin or hair looks like after all these years—unless they are monitoring something these samples might show. Abduction experiences sometimes include lectures, warnings, or holographic presentations about taking better care of our planet. Therefore, once the nuclear age began and pollution of our air and environment became issues, UFO encounters and abductions seem to have increased significantly.

6. Scientifically study humans without disturbing our society

The beings practice stealth, deception, and secrecy, rather than blatant landings in crowded cities and open contact. If we were scientists looking for life on other planets, how would we go about it—if we did find living beings in a thriving culture?

First, we would observe at a distance—like watching an ant farm under glass—so as to not disturb or distract their natural process of living. Then we would move in closer, using our best technology to avoid being seen or discovered. We would try to collect physical samples of their world and to find ways, eventually, to study the inhabitants closely without them becoming fully aware or panicked by our presence.

We might try to trick them into believing something else was actually going on. We might desire to track them—like we tag wild animals today—and implant some kinds of devices to do so. We would be wise to do longitudinal studies of the same family over a number of generations in order to study genetics. Most of all, we would not want to create a full-scale panic that would change their society, its beliefs, and its behavior. Then our studies would be contaminated and compromised.

Hmmm. . . all of that sounds strangely familiar, doesn't it? First, UFO's were observed in our skies for many years. Then landings, ground traces, and sightings of occupants became more frequent. Eventually, contact with or abduction by these beings became more prevalent. Most abductions seem to occur either in hours of darkness or under a cloak of invisibility—which has been documented many times. Deception and “screen imagery”

Who are you? “I’m your mother.” When the abductee didn’t believe that, the being said, “Ok, I’m your mother’s best friend.”

were encountered more frequently as apparent efforts to make us believe, for example, that “four-foot bald squirrels” really exist and can actually talk to our minds, telepathically! But the human brain questions such unlikely imagery and finds flaws in these hypnotic-like suggestions.

Add in that mistakes are made in (1) some faulty or illogical details in the projected imagery, (2) being put back in the wrong bed, (3) being put back in the wrong clothes, (4) being put back in a different location—i.e., standing naked in a field with car parked nearby and clothes folded neatly in a pile, (5) being put back in an impossible location—i.e., perched on a mountain ridge

with no car tracks evident or any means to drive away from that location, (6) obvious marks, scars, or unlikely bruises without any logical explanation, or (7) that the medical field has no explanation for how multiple

persons could experience a period of amnesia beginning at the same moment and ending for all participants at the same minute!

We— if we were scientists—could neither account for all the possible factors in studying an alien civilization nor predict what accidental aspects or problems could develop during such a project. What is working well for the alien presence is that human beings need safety and security so much we cannot risk acceptance of such a scary unknown—that aliens are actually real. I have studied some 140 abduction experiences through over 300 hypnosis sessions and interviews, and the emotional reactions of abductees to the experience are really quite varied. On the other hand, the details of the encounters are amazingly similar – including the descriptions of the beings and their procedures. Therefore, despite the varied emotional responses to these experiences, the data gathered tend to repeat in fairly predictable patterns.

7. Further their civilization through reproduction programs

Why would any alien species need to interact with us to further their own species? First of all, there would have to be some sort

of difficulty or problem. Suppose they have evolved “too far” and lost the capacity to reproduce

naturally. For example, they found it easier and more efficient to use laboratory methods to reproduce or clone their species.

Perhaps, through centuries of evolution and less actual use of sexual organs, the physical organs atrophied and became dysfunctional. Perhaps their emotional aspects also diminished over time with the advancement of technology and intellectual progress.

I often ponder what human beings would evolve into—if we did nothing but sit in front of our computers for the next several centuries. All processes would become more mental, intellectual, cerebral—and pass mainly through our eyes. Would we develop larger heads and larger eyes? At the same time, our bodies would not get much exercise and relationships would definitely suffer. With decreased intimacy and little physical activity, would our

“What do you *want* to believe? What do you *hope* is the truth?”

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bodies shrink, atrophy, and lose some of their function?

Research data shows a strong, consistent pattern of alien interaction with humans to collect sperm and ova, produce some kind of hybrid children, and study our emotions and relations. Collecting the sexual seeds may occur in a few different patterns: (1) actual extraction with medical equipment, (2) sexual imagery to stimulate and make the abductee think that he or she is having sexual relations, (3) actual sexual relations with an alien utilizing

“It is human nature to promote higher intelligence to a God-like status.”

a “screen image” or deception that will be more acceptable and stimulating for the subject, (4) stimulating human beings (often not knowing each other) to crave each other intensely, have sex, and then steal the sperm and egg from them afterwards.

The latest generation of data—according to Budd Hopkins and David Jacobs—suggests adult hybrids (who appear more human than alien) are setting up “fake job interviews” on Earth in order to lure humans and mentally control them for sexual purposes.

This does not surprise me because the next “logical” step for the aliens would be to interact with us, looking more like humans and meeting in Earthly surroundings, instead of abduction by unsettling alien-looking creatures aboard spacecrafts—whose images are now plastered on T-shirts, posters, and in video games. This would make their important reproduction program evolve into a more “acceptable” and less traumatic process,

“It elicits great cooperation from humans if we believe we have been specially chosen by celestial beings.”

supposedly. This is not the data that Budd Hopkins, David Jacobs, or I want to find, but as researchers we are often dragged, kicking and screaming, toward what the data shows us in patterns of remarkable repetition.

8. Observe us as gods or “watchers”

Primitive tribes in the last century worshipped airplanes they saw fly overhead as some form of gods. It is human nature to promote a higher intelligence to a God-like status when we cannot comprehend their advanced abilities or technology. These beings are very unlikely “gods” as they crash into our planet and have their physical bodies stored secretly by governments. Nor would they make the other blunders, screw-ups, and mistakes alluded to earlier if they were Gods. Upon occasion they have volunteered they are not Gods, but are just another species from the stars.

They may indeed be watching us, overseeing us, and even protecting us from ourselves, but not as Gods, angels, or demons.

We might like to use those names because it helps us give them a role or purpose for being here. Humans like to feel that somebody is actually overseeing their lives in a protective role.

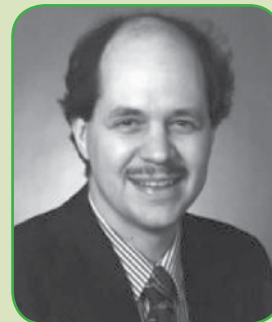
According to collected research data, there are different species of otherworldly beings visiting our planet. Although occasionally viewed together in some encounters, it is unclear how much cooperation, collusion, or competition they may have among themselves in dealing with us. There may be similar or altogether different agendas going on, based on which species is interacting with us.

Perhaps several of the above “agendas” are occurring simultaneously. Let me also add that most of the research data comes from individuals who were troubled or confused by their experiences, rather than pleased or grateful to have had contact. Therefore, abduction research data may be reflecting the contact with only a certain species of beings that is visiting us, rather than a reflection of all races of beings in contact with us. Confused? The jigsaw puzzle seems larger once again!



John Carpenter

obtained a Bachelors of Arts degree in Psychology from DePauw University, Greencastle, Indiana, and a master’s degree in Social Work from Washington University, St. Louis, Missouri. He has



had advanced training in Clinical Hypnosis in order to practice as a psychiatric therapist and hypnotherapist in Branson, Missouri. For nearly 20 years he has counseled people in Southwest Missouri for every kind of emotional problem imaginable. His life-long curiosity in UFOs led to his volunteering his services for over 120 cases of possible UFO abduction.

Using clever interviewing and thorough hypnotic investigation, he has collected amazing patterns of data which clearly depict a consistent and coherent scenario of extraterrestrial contact. He presented six papers at the prestigious MIT Abduction Study Conference in Boston in 1992. His published papers have brought him international recognition and speaking invitations on five continents. He has presented at conferences from Australia to England, on national and international radio, television, and film documentaries. He has created and produced seven research videotapes since 1996. Mr. Carpenter also serves as MUFON’s Director of Abduction Research.

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all I could see was a strange table and a wall screen. I sensed I wasn't alone, but when I tried to look I couldn't turn my head to the right or left. When I gazed down, I noticed I could slightly move the wrist and forefinger of my right hand. The fear was coming back. Then my head went up, moved by some force other than myself. My eyes involuntarily fixed on that gray wall screen.

I broke my cat in this manner. When I got her, she was semi-feral. She couldn't stand to be touched. If I touched her, her skin crawled in revulsion. So I used to, with difficulty, capture her, then hold her by force in my lap and stroke her. It worked. Eventually she got to be a much closer to normal cat. A lot of abductees mention the animal analogy. They'll say, We pick up animals in the wild, don't we? We subdue them, tag them, perform medical procedures on them. Jim talks like that today too. "Higher intelligence takes advantage of and uses lower intelligence," he says brightly, "not unlike the way we use cattle."

Who are you bastards?

Jim's eyes are involuntarily fixed on the gray wall screen. "In the middle of my head," he writes, "a voice says, YOU WILL LEARN THIS. . . I didn't know where I was or why. And some booming Voice in my head was telling me what to do. . . I felt anger and rage. 'No I won't!' I screamed." The letter A and a "strange hieroglyph" appeared on the screen. Jim figured out he was supposed to write the hieroglyph on the table screen with his finger. "No!" he says, "No!"

Now, Jim writes, "the air pressure in the room changed. It pushed against my head and my ears, quite painful. My heart pounded again. I could taste fear again—body fear, fear of more pain that might come. Everything tightened. . . this discomfort would continue unless I cooperated, unless I drew the alien A on the screen. Still, I said, 'No!'"

"The air pressure increased, upping my discomfort and anxiety. Unless I obeyed, it would go up again. But I was still angry. . . 'No!' I said, 'I won't do it.' But I could bear only so much. After the next level of agony," Jim cried out "'I don't want to die!'" and he wrote the alien letter

on the screen. "Instantly the air pressure dropped." His heart rate fell and "the anxiety

and fear faded. Moreover," Jim writes, "I felt euphoric. A very pleasant sensation flooded me."

Psychologists tell us that sudden reversal of pain makes the subject embrace whatever lifted the pain, but that effect hadn't kicked in for Jim yet, and soon "Anger stabbed through the pleasant feeling. . . Who are you bastards?" Jim demanded. "You don't have the right to do this to me!" Instantly the answer came back in his head: WE HAVE THE RIGHT! WE ALWAYS HAVE! WE ALWAYS WILL! Jim goes home in the terrifying whirlwind again.

Force, fear, humiliating powerlessness, punishment, reward,

authoritative commands. With these elements, the first hurdle is overcome. Jim has complied. But there is much more to do. Jim's initial compliance is quite unwilling. He complies because he must. Anything but reconciled, Jim writes he felt "totally offended. . . I loathed them for what they were doing to me." And that is not what "breaking" a human being is about. Breaking a human being aims for willing compliance, for voluntary co-operation, for wholehearted acceptance. There is much more to do.

Isolation

I could just kick the bastard, he's so close.

Repeatedly abducted, Jim now descends into a hellish chaos in his personal life, marked by sleep deprivation and isolation. He tries desperately to escape the alien grasp and finds there is no exit. His wife betrays him, no one believes his story. Jim himself calls it "torture."

One night, Jim writes, "I felt the familiar fear and the urge to fall asleep." He fought it off. "'No way,' I snarled." He jumps in his car and frantically speeds down the roadway. Inexplicably (to him) he turns onto a little-used road. It's completely dark. "Waves of drowsiness washed over me. I realized I had no choice."

Is there nowhere to hide?

Jim "check[s] into a hotel, hoping to escape." At 3 am he awakes, sees an apparition in the room. He leaps out of bed, grabs his packed suitcase, runs out of the hotel, goes to another hotel where he gets a room "without windows." Then he hears that "low pitched whirling sound. Is there nowhere to hide?" he beseeches. He loses 30 lbs. He stops bathing and shaving. He starts drinking, heavily. He tells a few friends. They think he has a mental problem. He doesn't tell his wife until, at one point he is abducted and he sees her in the alien setting, avidly drawing symbols on a screen. Next day he confronts her about "the strange creatures who've been taking us away."

"What creatures, Jim?"

"You know what I'm talking about! Don't you remember seeing me last night?"

"No! And we're not supposed to talk about it."

"You know what I'm talking about!"

'You mean my 'Helpers from Heaven'?"

"Please! I need to know what is going on."

"Don't ask me about it Jim, because I won't talk about it."

Jim tells his wife the pastor who married them is coming to counsel him. He ask her to "say something helpful so they won't cart me off to an institution." She says she'll "try." In the bathroom, Jim looks in the mirror. He sees "puffy red eyes peering out of a tired, pale face. My pants keep sliding down because of the weight I've lost."

(Douglass continued on page 17)

(Douglass continued from page 16)

The pastor listens at length to Jim's story. Finally he pronounces. It's either "demons" or Jim is taking drugs. Jim calls his wife into the room. "She gave me a look of sorrow" and told the pastor, "I have no idea what Jim is talking about." Afterward she tells Jim, "I didn't want him to think I was crazy."

The night Jim found himself on the dark country road, he had pulled his wife out of bed and taken her with him. As they drive, "She said quietly, 'You need to pull over.' Her voice unnerved me," Jim writes. "She didn't ask what we were doing or where we were going. Louder she said, 'You need to pull over.' I ignored her. 'Pull over!' she screamed at the top of her lungs. She grabbed the steering wheel." Jim veered off the road. "Why did you do that?" he asks, but she'd already slumped in the seat and he couldn't wake her.

Jim finds he is living with a robot, an automaton. They are now divorced, and in *Keepers* Jim is very gallant about these episodes with his wife. To me, the actions of Jim's wife gave me the creeps as much as anything in Jim Sparks' book.

Jim told me that for five years the aliens would not permit him to write anything down about what was happening to him. "How did they enforce that?" I asked. Jim explained if he tried to write notes on his experiences or write any of the alien symbols, he was "overwhelmed" with feelings of "confusion, isolation" and fear. Still he would try. "I would sit in my living room and write. Now, suppose I get a symbol down on a piece of paper. I get pulled again, now I'm there in that room, at that table, that bench, that screen. And I'm paralyzed, and ignored—for hours."

Now they are all you have

So Jim is learning there is no escape from the abductions. And there is no one he can talk to about it. He realizes a force is controlling him that has penetrated to the deepest recesses of his life. He is isolated and trapped.

In 1985, abductee Ida Kannenberg wrote about the function of isolation in the "initiation" of abductees. "The separation from other humans makes the abductee more vulnerable and susceptible to influence," Ida wrote. "Via intense and on-going contacts, you become emotionally dependent on your UFO communicants. Now they are all you have."

Unsurprisingly, Jim begins to break. He is at the alien screen yelling "No!" The aliens respond by paralyzing his mouth. Two

small grays transform into uniformed policemen, then into armed soldiers glowering at him. "Sorry!" I yelled inside my head. You're not frightening me." Jim drummed his finger on the table to signify refusal.

"A wrenching pain passed through my body," Jim writes, and then the supervisor came into the room. "I felt a powerful presence, just out of sight—a powerful significant presence. a male presence. The energy radiating from this being was so strong I can't find words to describe it. Overpowering? Overwhelming? I could sense this being leaning down, its head no more than 3 inches from mine. . . as if I were strapped to a chair while some Tyrannosaurus Rex was sniffing me. . . . It seemed like some 3-dimensional monster movie.

"The voice inside my head said LOOK, and the letter B appeared on the screen. I started crying. 'The whole damned alphabet?'" I sobbed. YES appeared on the screen. I felt a zap of increased air pressure against my ears and head, along with stepped up anxiety. I put up no fight. The sooner I got it to their satisfaction, the sooner I could go home."

Going home sooner

Jim has entered a stage of acquiescence, expedient cooperation. But it is cooperation. He begins to actively work at the task at hand—so he can "go home sooner."

It is important to notice Jim was not impressed with the screen images of glowering policemen and armed soldiers. In the weeks that

followed, the aliens tried other method to see what would impress and intimidate Jim Sparks.

Whatever it takes

'Hello assholes,' I said. The Voice said, 'THIS IS NOT PLEASING TO GOD.' 'To God?' I was incensed! 'To God, you say? How dare you say that? Do you think for one minute you're going to trick me into thinking you have anything to do with God? I'll tell you what, turn me loose and I'll squeeze your big heads off your skinny little necks. Do it! Turn me loose! Because I can't hurt God, can I?'

From the corner of my eye I could see two of the workers. They were staring at each other. They had no expressions of course, but I could tell they were stumped. . . . It seemed as though [the aliens] would try just about anything. . .

I spoke to Jim about this incident. "That was a trial balloon," I

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“. . . mental fingers pushing through the fibres of my mind, searching for a weakness. . . .”

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(Douglass continued from page 17)

said. “Were you going to buy into that they’re God’s emissaries?”

“Exactly,” Jim said.

“When you let them know you weren’t buying, they withdrew that right away,” I continued.

“Then they did the devil thing,” Jim said. “The opposite. It was like, okay, then we’re demons and you better cooperate because we’re evil and we’ll hurt you. I immediately responded with, ‘Yeah! Right! So the devil flies around in UFOs?’ Then they immediately stopped that game.

“I sensed how they screen image,” Jim went on, “meaning they project a visual in your mind—and this is what they do with all abductees—they project something in your mind. First they probe you, every fiber of your makeup, to know what your fears are, what your likings are, what you believe in. If you’re the type, for example, who believes in beautiful angelic beings that help people—when you’re abducted they will project in your mind that you’re with angelic beings. Whatever it takes. . .”

“Yes,” I responded, “whatever it takes.”

Science and nothing else

Jim says he learned to shake off screen imaging after he noticed each image was accompanied by “euphoria. When I got these sensations of euphoria, that triggered in my mind, hey, they’re screen imaging. I’d literally shake my head, hit my forehead and say ‘Bullshit.’ Then I would see what was really there. So I think it challenged them to try stronger methods, high tech methods, to throw this individual off and it would challenge me to try to mess it up. What I hung on to all those years was literally anger. And hate. I focussed on anger, and hate, and that this is science and nothing else!”

So Jim tried mightily to preserve his skepticism, including the idea there is nothing supernatural about the aliens—they do everything they do with science—while the aliens searched for the formula Jim would buy into. Soon, we will see, the aliens found a formula Jim bought into. That is why there are so many stories out there told by abductees, all stories fed to them by aliens who—found the formula.

As for the screen images, there are eleven examples in Jim’s book. These are fully wrought, complex images, full of detail and

likely to be completely credible to an unsuspecting abductee or researcher. The most creative was, “The boss wants ta see ya” abduction, in which a gray showed up “dressed like some 1930s style Chicago mobster,” Jim writes.

Screen memory euphoria

Researchers owe Jim Sparks a debt of gratitude for presenting these, especially since his recall is from normal consciousness. Jim’s unassailable descriptions of screen imaging, and the accompanying “euphoria,” puts to rest the question of whether all of what the abductees report is real—it isn’t. Of course, many researchers have known or suspected this for years, causing numbers of them to throw up their hands in despair saying, There’s nothing we can rely on in the abduction reports because any or all of it could be illusion.

My view is we can make our way through the litter of real and illusory in abduction reports if we have a central theory of what the abduction experience is about. What plot line or theory does a particular incident fit? Who benefits? What is the motive? My central theory is the aliens have put in

place an elaborate program of psychological conditioning which begins in childhood and is applied relentlessly in pursuit of the desired result. The desired result is to get the abductee to accept, embrace, even celebrate, what is happening

to him, no matter how exploitative it may be. This is difficult to achieve, which is why it took more than 5 years to break Jim Sparks.

The aliens finally found a formula Jim bought into and which led to his capitulation. The formula they found Jim likes is history and family—his own. The foreshadowing of what will happen emerges first in the abduction in which Jim sees his wife. Before he even left home, before he was “pulled,” Jim sees the word “experiment” flashed. He gets to his screen and is told, TIME TO COMPETE. Then he sees his wife down the hall skillfully executing the alien alphabet. COMPETE! COMPETE! he is told, and, SHE’S GOOD, ISN’T SHE?

Evidently this was intended to find out if Jim Sparks was a competitive personality who would try to do the alien letters as well or better than his wife, which would have drawn him more deeply into the task rather than doing it “just to go home earlier.” It didn’t work. Jim had no desire to compete with his wife.

(Douglass continued on page 19)

“He will not question the plausibility of the explanation being offered him.”

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Instead, he cries out, “That’s my wife! You bastards have my wife!” Comes the response: SHE’S NOT YOURS. SHE’S OURS. ALWAYS HAS BEEN, ALWAYS WILL BE. Now Jim sees a holographic slide show supposedly depicting scenes from his wife’s life, starting at birth.

“You’ve been keeping track of her all her life,” Jim says. It’s a statement. Then: “Me as well?” YES. “Why?” No response. “Is Teresa ok?” No response. “You have no emotions, do you?” No response.

The sight of Teresa has been removed, and dead silence fills the room. “I hate you!” Jim screams. “You have invaded me to my core being. I’d like to kill you all!” No response. “Suddenly,” Jim writes, “I just felt empty. I almost felt sorry for them and I almost apologized for my desire to kill them.”

What is the cause of Jim’s despair? It seems to have been the dead silent response to his beseeching questions. The hauteur of the alien, his condescension, devastates Jim, and forces out new threads of emotion—he “almost felt sorry for them”—since all the abductee’s habitual responses are dead ends. The aliens are immovable, so the abductee must change.

Most important, though, is that for the first time Jim believes something the aliens are saying. He believes they have been “keeping track of her all her life.”

He didn’t believe the aliens are God. He didn’t believe they are demons. He didn’t believe their screen images, but he believes this, and, on his own initiative he jumps to the conclusion they have also been keeping track of Jim Sparks all his life. “Me as well?” he asks pathetically.

I believe they kept track of Jim Sparks all his life because that is the pattern of abduction. But Jim Sparks did not know that. At this point, Jim Sparks had not read any abduction books (and still hasn’t), and had not talked to any abductees. He does know the aliens are good at creating pictures, and the only “proof” offered Jim of “keeping track of Teresa all her life” is pictures. Under extreme stress, Jim’s ability to question what is being told to him is shutting down.

Next time Jim is under alien control, he has his first positive moment. He can’t draw the alien letter H. “I looked up. Two workers were standing there, placidly staring at me as usual. ‘Can’t do it,’” he says. “‘Maybe I could use some help.’ Suddenly my arm and hand felt like a long glove someone had slipped their fingers into. My forefinger began to move on its own. . .

“I appreciated this. . . ,” Jim writes. “How did you do that?” he asks. WE’RE STAR PEOPLE. “If I wanted to go with you—travel the universe—would you take me?” YES. “I sensed they were telling the truth. . . [and] they were actually responding and listening to me. Back to the letters. There was no fight left in me. I decided to go along with their agenda.”

Back home, after having enjoyed the reward of playing with the alien’s thought-activated balls and cubes, and having the aliens “truthfully tell me they would take me on a tour of the universe,” Jim is mulling it over. Presently his anger returns and he makes plans to go to North Carolina. “Maybe there I’ll be safe,” he thinks.

Jim is entering a period of vacillation. For a while now, sometimes he’ll feel rage, and sometimes he won’t. He notices that and thinks it “. . . odd. Despite the fear and the crazed feelings—all this was getting interesting. Mental powers to move things. Telepathy! Aliens! An offer to tour the universe.” He “didn’t know why [he] was feeling this way. I just had to point my car in a direction and drive.”

**Jim cannot resist—
no human could.**

The formula is found

The next key event is a negotiation between Jim and the aliens. Jim has worked on a lesson and “was looking forward to the reward. I guess they had me pretty well trained by this time.” Instead another lesson appears on the screen. He is told to LEARN THIS.

“Why?” Jim asks. No response. Jim says he’d experienced “enough freedom in NC to get rebellious again. ‘I demand an answer, you bastards!’” His “mouth froze. They’d paralyzed it.” The workers change into menacing police, marines, army generals, but that doesn’t work. “Soon,” Jim writes, “I felt an overwhelming mental presence swarm into the room. The thing almost smelled of power, of swelling symphonic music, of a mighty and dominant presence.” It was the supervisor. An agreement followed that Jim must write out his questions in the alien script.

Now Jim is given the “answer” to his question, Why me? Jim is told the aliens have been keeping track of his family line for 2 million years, and Jim believes it. The story is conveyed in a holographic slide show. Scene one depicts WWII and one of the characters “looks just like me!” Jim writes excitedly. “That chin, that nose, those dark eyes and brows, they were just like mine! The hair was even curly. . .”

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Next is a Victorian-era scene with another character who look just like Jim! Now a scene from the 15th century and another guy who “look just like. . . I went straight to the screen and got a thrill as my fingers seemed to know the characters to express my question: ‘Have you been following my family line?’ YES.

The 12th century comes next. “I couldn’t help but laugh. . .” Jim writes. Rome. Ancient Rome. “Sure enough there’s a guy in the Roman Senate who. . . ‘Have you really been following my family line that far back? Rome?’” LOOK. Hologram of cavemen. (That’s about 2 million years ago.) Jim is unsteady now, and he lurches. “Bullshit! You’re trying to tell me you had something to do with human evolution!” No response.

“They seemed to sense my rage and they left me alone for a while,” Jim writes. “Then they made the presentation again, in written form, ending with WE’VE BEEN AROUND FOR A WHILE. WE’VE BEEN WORKING WITH YOUR PRESONAL FAMILY LINE. WE KNOW YOU WELL. HUMANS ARE OURS.”

Jim Sparks is ours

That is the close. The sale is made. Jim’s own literature for his book calls it “a surrender.” Had the aliens told the truth, they would have said, JIM SPARKS IS OURS. All that is left is a mopping up operation to seal the deal.

About the months that followed, Jim writes, “I could communicate with the creatures better, clearer, faster. The reward sessions became more complex and interesting and the semen extractions more pleasurable. I started to build a sense of trust with the creatures. I saw they didn’t want to kill me, and my instinctual fear was dying. I

would request to be allowed freedom to move around and explore. This was always denied or ignored. I know it was really my fault. I still felt lots of animosity toward them. They didn’t trust me.” Jim calls them “my alien buddies.”

Until the aliens tossed Jim a lifeline, he was a drowning man, engulfed in a sea of helplessness. “Boot camp,” Jim calls it, and yes, as in the Army, Jim’s personality has been torn down. Now it will be rebuilt along new alien-determined lines.

A current book, *A Question of Torture*, 2006, by Alfred McCoy, cites these elements the CIA uses to get prisoners to talk: sexual humiliation (semen extraction and anal probes); sensory deprivation (sitting for six hours before the screen, paralyzed and ignored); sleep deprivation; manipulation of daily routines to cause dissolution of personality and regression to an infantile dependency upon the torturer (“The whole alphabet?” he sobbed); dietary adjustments (Jim is told to stop eating meat); isolation (his wife betrays him, friends do not believe him); sensory overload (“ecstasy beyond compare,” See *Keepers*); near drowning (being pulled); genital electroshock (the wand used to stimulate Jim’s testicles).

But more than just torture is going on here. There is a larger objective. No one is trying to get Jim to “talk.” The goal of what Jim was subjected to, as William Sargant wrote in *Battle for the*

Mind, is to cause this individual to “change his world view. . . see himself as part of a new group. . . and become open to ways of thought quite foreign. . .” So Jim must be restored. He has been torn down, and he must be put back together, but in new ways. There is stick and there must also be carrot.

A lab rat of significance

The first big carrot the aliens throw into the mix is the slide show intended to persuade Jim the aliens have been following his family line for 2 million years. So far, Jim Sparks has been nothing but a lab rat. But now content is added that entrains Jim Sparks personally. He is still a lab rat, but not a completely anonymous one. Now he is a lab rat with an explanation, a lab rat of significance. You’ve followed my family line all the way back to ancient Rome? This suggests Jim Sparks is important, and that is what he so desperately needs to feel. After having pulverized the abductee’s identify and self-esteem, the aliens now begin to restore self-esteem with new identify elements. Jim cannot resist this—and no human could.

The desperation of the abductee’s predicament leads to the jettisoning of critical thinking. It is a matter of priorities. Jim can either reject the alien’s “explanation” of what is going on—that the aliens have been following his family line for 2 million years—

and continue to feel bad, or he can accept this explanation and feel better. Later Jim will say all his suffering is redeemed because he understands the big picture.

For Jim, feeling better is more urgent than anything else, and in order to

feel better he must not question the plausibility of the “explanation” being offered him. Later, Jim will declare many things to be true for which his only evidence will be that the aliens told him so. For example, he will say “doubtless” the aliens have collected seeds and genetic material of every species on earth. He will not reflect on the implausibility of this idea, nor will he reflect on the implausibility or illogic of other allegations made by the aliens, or entertain alternative explanations for what will be conveyed to him by the aliens.

We had to be sure

The aliens now begin to consolidate their control over Jim Sparks, the mopping up I spoke of earlier. EXPERIMENT. The motif of the abduction is announced. Jim sees a living ant crawling on the table screen in front of him. KILL says the Voice in his head. “No! I said loudly. ‘I won’t kill.’” He gets the increased air pressure treatment. Jim told me in an interview he feared this was the first step in training him to be a Manchurian Candidate, and I thought the same thing when I first read the passage. KILL! “No! You will never force me to kill.” However, they would in about five minutes.

This was “one of the most tormenting moments so far,” Jim writes. The supervisor approaches him. “I could feel probing,

. . . all naked, all showing fresh scars from surgical procedures, and the people were whimpering in terror.

(Douglass continued from page 20)

mental fingers pushing through the fibers of my mind, searching for a weakness. Suddenly a 3-D image sprang before me.” Jim sees his brother in a hospital room “clutching at his heart.

“I knew I had to draw the alien symbol to kill the ant or my brother would die,” Jim writes. “I broke down and copied the kill symbol. [The ant dies.] The supervisor backed off, turned, and left.” Clearly, it no longer takes much to convince Jim Sparks. Why did you believe your bother would die if you didn’t kill the ant? I asked Jim. “I didn’t want to take a chance on it,” he told me lamely.

“I just sat there, weeping,” Jim writes. “Why did you do that to me?” WE HAD TO BE SURE. ‘Sure of what?’ THAT YOU’RE NOT A KILLER.” In fact, the experiment had just demonstrated the opposite, at least as far as ants are concerned. What was the real purpose of the experiment? It seems the purpose was to demonstrate to *Jim himself* that he was not a threat to the aliens, that he has been purged of any lethal hostility, and I believe that is what he was weeping about—his emasculation. This becomes clear in light of what happened next.

Jim is harmless

What happens next is we find Jim at home halfway through a fifth of vodka with a loaded gun in his hands. “My forefinger massaged the trigger. I was going to shoot anything and everything resembling aliens—even holograms,” he writes. Presently he hears “a loud thump on the roof.”

Then “shuffling footsteps in the attic” and a sound as if “those things were moving boxes up there.” He remains in his living room chair and considers shooting at the ceiling. “My finger tightened on the trigger. My heart was pounding and I was sweating like a racehorse.”

Good writing, isn’t it? I told you *Keepers* is a good book.

“I closed my eyes—but didn’t shoot. ‘No, not yet,’ I thought. ‘Wait until they come into the living room.’ [It was] unbearable,” he writes. “A few seconds later two of the [worker] aliens walked from the hallway into my living room, their big eyes shining like curious children. They examined my belongings, played with the lamps, walked into knick-knacks like clods, and knocked things over. One of them was moving the ashes around in the fireplace.”

Isn’t this astonishing?

The “trigger was cocked and the barrel of the gun pointed at

the back of [the alien’s] bulbous head.” Jim “took a large gulp of vodka, began to squeeze the trigger, and yelled. . . ‘I’m going to kill you!’”

“But even through the alcoholic haze,” Jim writes, “I heard what they had recently told me, WE KNOW YOU ARE NOT A KILLER. The sentence sounded through my head, and I knew they had been right. I lowered the gun. The creatures stayed in the house until daybreak.”

So now everyone knows Jim is harmless, safe. It has been demonstrated he will not “twist your big heads off your skinny little necks,” even if given a chance. His resistance has come almost to an end.

The aliens’ next move is what I would describe as *intensification of humiliation*. Here the aliens unveil more about the true price of association with them. Before going to that, let’s look at the issue of Jim Sparks’ memory of his abduction history.

Jim says he remembers “98 percent” of everything that has happened to him. *Keepers* begins in 1988, and although Jim never directly says so, readers might assume 1988 is Jim Sparks’ very first contact with the aliens.

Actually, the extent of what Jim recalls from the better part of 1988 is being “walked out of his

house.” We also learn, in *Keepers*, that early on Jim was presented with a daughter, a hybrid apparently and about 12 years old. That would mean she was conceived around 1977. Furthermore, there is

a childhood incident Jim recalls, which Jim and Budd Hopkins examined.

All this suggests Jim Sparks has a long, unknown-to-him history of abduction contact stretching from perhaps 1957 to 1989 or 32 years. There is nothing surprising about this. It fits the pattern of most other abduction cases. What it does is remind us the alien controls what the abductee remembers, and we have to ask ourselves why he permits certain memories and blocks others?

Intensification of humiliation

In particular, why does the alien permit male abductees, such as Jim Sparks, to remember semen extraction and anal probes? These procedures are profoundly humiliating to men. They could be blocked from the abductee’s memory! Why aren’t they?

What fits is if we see it as an intensification of humiliation,

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Here the aliens unveil more about the true price of association with them.

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as capitulation progresses, a stricter and stricter test of what the abductee can be made to endure without alienating him. Can the abductee be made to accept *even this* with a smile on his face?

The first time Jim recalls semen extraction is after the “sur-render” described in his promotional literature, and after what I believe to be the capitulating event, the slide show of Jim’s putative 2 million year history with the aliens. Nonetheless, on return to his hotel room he feels “defeated.” Jim is not yet accommodated to semen extraction.

In the beginning of the process of breaking an abductee, it is all force, coercion, and intimidation. There is also an avid search for the ideological formula that will be believed by the individual and win him over. As this formula is found and applied, and the abductee moves toward an embrace of the alien, we begin to see decompression. Slight accommodations are offered, such as the aliens begin to answer some of Jim’s question. The harsher and more intimidating a tormenter has been, the more the abductee will meet even a small accommodation with immense and disproportionate gratitude. This precipitates the abductee into an approval-seeking posture with respect to the alien, and approval-seeking becomes the habitual posture of the abductee.

Approval-seeking combined with the abductee’s desperate need to find some modicum of self-esteem leads him increasingly to embrace the aliens. Whitley Strieber once wrote: “If we choose to deepen our relationship with the Visitors. . .we would be to some small degree in co-equal control of the relationship.” Whitley will settle for “some small degree,” and so does Jim. And that leads to our next scene in 1994 in which Jim is asked to voluntarily submit to semen extraction, and he does, although there is “a bit of a slip.”

A bit of a slip

Jim is set up at the beginning by being taken without apparent force. Jim is elated and extremely grateful. This was the occasion the screen-imaged gangster-dressed alien walks into Jim’s bedroom and says “The boss wants ta see ya.” No terrifying hurricane. The two walk down to the beach in Florida and enter a floating craft, “almost like you would board a 747 airplane,” Jim says. “I could have run, but I didn’t. After 6½ years of abductions, this was the first time I was in control of my motor functions,” he writes.

Inside, Jim writes, “I heard the supervisor’s voice in my head: **WOULD YOU PLEASE LIE DOWN ON THIS TABLE?** After years of forced procedures, this guy was actually asking me,” Jim writes. “‘Sure,’ I thought, ‘why not?’”

“You have to understand,” Jim explains, “the intense terror and helplessness I’d had before. Now I felt they considered me almost a significant person. They had some kind of respect.”

The theme of the abduction has been set from the top. It is a voluntary abduction and Jim is a volunteer. Accordingly, on the table, Jim is not paralyzed. Everything is going swimmingly. But, Jim has a vagrant thought: “I could just kick the bastard, he’s so

close.”

“It was only a whim. I sure didn’t want to get myself in trouble with these things that had such power over me.” They put the apparatus over Jim’s groin. “It’s difficult to tell you how abusive this feels,” he writes. Attractive women appear. He ejaculates. Then “the sense of abuse came over me again. ‘This isn’t natural!’ I yelled. Almost reflexively, I jerked away and my leg kicked up, hard, into the supervisor beside me.”

A crime of protest

Pandemonium breaks loose in the room. The kick, Jim writes, “startled me as much as it did him. I fell back on the table. The women vanished. All signs of reality overlay were snatched away. Gone were all the false images. Suddenly, the supervisor seemed frail, atrophied, his head a large mass of wrinkles like some very old man. And I got an incredible jumble of thought beams projected at me. **HOW COULD YOU DO THAT TO ME? YOU KNOW BETTER! I TRUSTED YOU! YOU BETRAYED MY TRUST! YOU DISAPPOINTED US. YOU DID THIS ON PURPOSE. YOU TRIED TO HURT ME! WHY WOULD YOU WANT TO HURT ME? DON’T YOU KNOW THIS IS BAD?** And on and on, in a gush, a mind-blast.”

Yes, of course. Jim was supposed to have understood he was supposed to let aliens abuse him without protest. He was supposed to cooperate in his own humiliation and abnegation. Bad boy, Jim. Furthermore, Jim had a glimpse of the forbidden. He saw the supervisor as “frail, atrophied, some very old man.” After 6½ years in which the aliens did everything possible, attended to every detail, marshaled every special effect to intimidate Jim Sparks, now this unfortunate development!

Back home, though, Jim is curiously untroubled. He was, as he puts it, “of two minds. On the one hand I was elated to have been able to explore their ship. I was moving forward. At the same time, I felt depressed. Maybe I’d blown the whole thing. Maybe I’d failed a test. Of course, even if I’d hurt the supervisor it wasn’t badly. And they knew they were doing things to me I felt were abusive and I was simply reacting. Though I’d taken a big step forward after 6½ years of confusion, there had been a bit of a slip.”

For your own good

So here’s what the aliens did. Jim is not 100 percent reliable. It’s just a fact. Even after 6½ years of brainwashing, he’s still capable of kicking a supervisor. I presume they put Jim under closer surveillance after this incident, and they also did something else. They persuaded Jim the humiliating medical procedures were done *for his own good*. The semen extraction, that’s done for the good of humanity, the good of the project, the good of the mission. But the anal probes, those are done for Jim’s own personal benefit, he now is asked to believe.

In 1995 Jim finds himself face down on a table with an instrument inserted in his rectum and snaking through his lower bowel. “Why are you doing this to me?” he demands. **AN EXAMINATION OF YOUR SYSTEM. IT IS NECESSARY YOU STOP**

The purpose is to persuade the abductee, “you are really one of us.”

(DOUGLASS continued from page 22)

EATING ANIMALS. YOUR SYSTEM IS OVERLOADED WITH TRASH. YOU DO NOT HAVE TO KILL TO SURVIVE. Some 30 days later, another anal probe. “Damn it! I told you I stopped eating meat.” WE KNOW. WE HAD TO MAKE SURE IT WAS HELPING YOU. AND IT IS.

There’s nothing about implants in Jim’s book, so I asked him about that. He told me he assumes he has implants but he has no memory of receiving any and, he said, he doesn’t try to find out because it might “screw up” his relationship with the aliens. So thinking about implants is off-limits for Jim Sparks, and that makes it a whole lot easier for him to believe the anal probes are done for his own good.

The mass abduction

The climax of *Keepers* is Jim’s initiation into the alien organization, his meeting with the reptilians when he accepts his assignment. But before that, there is another event, an event which tells all. That event is the mass abduction.

Jim finds himself in a “forest clearing” and he hears “the dreadful sound of people crying and moaning. About 15 people were sprawled on the ground around my feet, men and women,” Jim writes. To his left was a young man, standing. “People were in their nightclothes; a few were nude. The young man was paralyzed but could speak. He was panicked and murmured, ‘The last thing I remember was driving home. . . .’ The people on the ground had been abducted in their sleep. They lay paralyzed, disoriented, completely conscious. One blond woman was in a fetal position, rocking back and forth on the ground and screaming uncontrollably. I was calm,” Jim writes.

“Twenty yards to the left, another dozen people sprawled on the ground. Above them stood an alien. Twenty yards beyond that was another group. The young man near me was losing control, shrieking terribly. An alien appeared beside me and said, CALM HIM.” Jim did. “The blond woman was even more distraught. The alien said, CALM HER.

“I could move. I realized what was happening—I was being trusted again. I hadn’t blown it when I kicked the supervisor. . . .” Suddenly someone yelled, “Look! The ships are coming!” Silently and gracefully,” Jim writes, “three ships descended in gorgeous, magnificent splendor. Their beauty took my breath away. I thought maybe I’d been trained for just such a moment. I tried to signal the ships in the symbology I had learned, tracing it in the air.” But apparently the ships weren’t listening, and Jim “blacked out.”

He wakes up, on board, with all the abductees around him, and is told, LEAD THEM. He heads “down a corridor and the people followed.” They enter a “huge room filled with rows and rows of monitors and desks. SEAT THEM.

“It was rather nice,” Jim writes, “knowing exactly what I was supposed to do and performing my function perfectly.” Perfect or not, “as soon as the last person was seated,” Jim blacks out. He wakes up in a chair and thinks, “Gee, all they had to do was ask me to sit down and I would have. Or, maybe not. I had been scanning

the room, getting curious again.”

So we can see, with heart-sinking regret, that Jim Sparks has now been brought to the point where all that concerns him is how well he can please his alien masters.

The assembled are treated to a slide show of earth in glory and earth in decline, and provided with the obscure, hitherto hardly-ever-discussed-among-human-beings idea that THE EARTH IS DYING. Ever eager to please, Jim attempts to “translate the alien symbols on the slides. NO! says a voice in his head.” Undaunted, Jim writes, “I can’t tell you how emphatic and truthful this environmental message was. I felt it with every fibre. . . .” He blacked out.

Now everyone is in a “smaller room” like a “locker room with benches. My group of people surrounded me,” Jim writes, “all naked, all showing fresh scars from surgical procedures. . . .and the people were whimpering with terror. An alien walked in: CALM THEM. FIND AND PUT ON YOUR OWN CLOTHES. The clothes were thrown all over the room.”

Back home, Jim felt “good.” He felt, he writes, “an odd enjoyment of the experience and a sense of accomplishment. I felt as though I had a place in whatever strange scheme was happening. I was starting to see more of how I fit into all this.” Jim told his abductee support group, which he was now in, about the mass abduction. They all thought it was “cool,” Jim writes.

Eerily anesthetized, deserted by normal apprehension, absent of critical faculties, one for whom few rationalizations are too voluminous to swallow, that is the frame of mind of the capitulated abductee.

Collaboration

Jim is eased into his role as collaborator without difficulty. His inevitable response to being told the earth may not survive as a habitable planet is to ask, What can I do? Just keep doing what you’re doing, he is told, keep meeting with other abductees.

Soon the aliens impose more definition on Jim’s role. It is now a “duty.” Jim is taken to a dark room and left there “for some time,” he writes, “until I heard a voice in my head. The voice, followed by other voices, lectured me. They wanted me to take responsibility when I spoke of them. This was a duty—bearing the message to others.” Jim says he didn’t care for “the tone or the method, so they left me in pitch black. STAY HERE AND THINK IT OVER.”

Eventually the lights came on and “the supervisor led me to a full length mirror. He stood me in front of the mirror and said, LOOK. The figure in the mirror was me, only altered. My hair is dark brown, full and thick. The image showed me with thin dark brown hair mixed with blond. My chin seemed pointier. My image had no eyebrows and my moustache was gone. My eyes were slightly larger and my body more frail.”

Jim says Budd Hopkins suggested the purpose of the mirror exercise “was to make me believe I was one of them.” Quite so. I take it as a mild version of the identity replacement used with most

I knew what my task was—
to spread the message
given me by these ETs.

(DOUGLASS continued on page 24)

abductees. They are told their mother is an alien, or their father is an alien, or they are secretly married to an alien, or they were an alien in a previous life, or they carry alien genes, and several other variations. In this manner the abductee is provided with a new identity which bonds him to the alien civilization and detaches his identity to the human race. Perhaps in Jim's case as time goes on he will be given a more fully blown version of the story, whose purpose is to persuade the abductee that "you are really one of us."

A deserted carnival yard

Jim decides the lecture in the dark room was actually "reasonable" and he doesn't resent it any more. Now he is ready for his initiation. One evening Jim is gently taken, sailed through the air and deposited in a deserted carnival yard where he encounters a circle of reptilians. There, statements are imparted to Jim concerning the American government and the aliens' relationship to the American government.

As Jim descends he sees "about a dozen large creatures." He blacks out. On reviving he hears. . . WHAT YOU HAVE BEEN A PART OF AND WHAT YOU MUST DO. . . WE HAVE BEEN IN CONTACT WITH YOUR GOVERNMENT. . . SECRET AGREEMENTS. . . SOME OF YOUR PEOPLE HAVE BEEN HURT TO PROTECT THIS SECRET. OUR HANDS HAD NO PART IN THIS. WE CONTACTED YOUR LEADERS BECAUSE YOUR PLANET IS IN GRAVE TROUBLE. . . AGREEMENTS AS TO WHEN YOUR PEOPLE WOULD BE MADE AWARE OF OUR PRESENCE. . . AGREEMENT HAS NOT BEEN KEPT. IT WAS ALSO AGREED STEPS WOULD BE TAKEN TO CORRECT THE ENVIRONMENTAL CONDITION OF YOUR PLANET WITH OUR ADVICE & TECHNOLOGY. WE SAY 'ADVICE' BECAUSE WE RESPECT THAT THIS PLANET IS YOURS. THEY ALSO BROKE THIS AGREEMENT.

Jim writes he "felt an awful wave of emotion from them—the feeling of abandonment. 'You aren't giving up on us, are you?' A long pause, and finally, "NO."

"I felt an immense sense of relief," Jim writes. Warnings about environmental damage, population and WMD follow. IT IS ALMOST TOO LATE. THERE ARE BETTER WAYS TO DERIVE ENERGY & FOOD WITHOUT CAUSING YOUR PLANET DAMAGE. THOSE IN POWER ARE AWARE OF THIS & HAVE THE CAPABILITY. . . "Why aren't we doing it?" Jim asks. Silence. "I was willing to wait," Jim writes. "I had come a long way to be treated like this by them. . . apparently I had earned their respect and trust. . . I was getting truthful answers."

THOSE IN POWER VIEW IT AS A MILITARY & SECURITY THREAT. "You mean to tell me the people in power have the ability to save and better this planet and they aren't doing it?" The reptilians tell Jim amnesty is necessary. THOSE WHO HAVE

BEEN SUPPRESSING THE TRUTH CAN'T BE HELD LIABLE FOR ANY WRONG DEEDS. IT IS THE ONLY WAY THESE LEADERS CAN COME FORWARD WITH THE TRUTH.

"How do I fit? What can I do?" The reptilians tell Jim to keep doing what he is doing. Eventually, Jim hears, IT'S TIME TO GO. "A rare courtesy," Jim thinks.

A turning point

Back home, Jim awoke "with fresh excitement. I had been approached almost as an equal. I mattered," he writes. "There was a reason for all I'd gone through. My 1995 meeting at the carnival site was indeed a turning point. I knew then precisely what my

task was—to help spread the message I was given by these ETs."

He decides the environmental destruction of earth "doesn't suit their purposes. They need us. They consider us some kind of crop, and I say that in the best sense. These creatures were neither evil nor benevolent," he writes. "They were just different. *It simply does no good to try to use human measurement and morals to embrace their ET designs.*" [Italics added]

Soon Jim receives thought monitoring and advice on what to say on the radio, concluding with GOODBY FOR NOW. Delighted, Jim remarks on "this courtesy," and their "honest attempts to respect my fear. When I was confused. . . they advised me. Then they gave me the truth of it all. One day soon I'd have the privilege of watching them land, greeting them face to face, and walking on board. And now, this courtesy—this privilege—a farewell and the promise they'd see me again."

Transformed

Jim is galvanized, and his attitude toward the aliens has been transformed. Where once he "loathed" them, he now feels reverence. Furthermore, he has decided the aliens cannot be judged by human moral standards.

I talked to Jim about what the aliens told him. "Why don't they disclose?" I asked. "And why is there a link between help from the aliens and disclosure? Why do the aliens want disclosure?"

He tells me humans have the technology the environment needs. So I ask again, "If the aliens want disclosure so badly, why don't they go ahead and disclose?" He tells me the aliens need earth be-

cause they get things from here. Again I ask, "What's this about they're pressuring our government and if the government does not disclose, well then disclosure won't take place?"

He tells me the cover-up people are worried about being thrown in jail if there was disclosure. I understand that, I say, so why don't the aliens disclose? And he tells me again about people in government worried "about their own butts. If you expose them without amnesty, the whole thing is counterproductive." Amnesty, though, "will get everything out on the table—all the tools we can use. . ." The aliens did the "proper" thing by contacting heads of

They're interested only in humans they can control.

It sounds like a game of "let's you an' him fight."

state, Jim continues, but humans used alien technology “to make more money and more weapons.”

“How do you know that?” I asked. “The aliens told me!” he said. Furthermore, he added, it “really makes sense.”

Why don't they disclose?

It does? Obviously Jim Sparks could not say why the aliens don't disclose because he doesn't know and hasn't thought about it. He just runs with whatever he's told because that's “the truth.”

He's said disclosure without amnesty would be “counterproductive.” But disclosure must come before amnesty, whoever does the disclosing, because what part of government is going to grant the amnesty unless they already know there's something to disclose?

But that's only the beginning of the questions. How is it the aliens are telling us we have to get THEIR technology from somebody else? If the aliens want earth to have environment-saving technology, why don't they provide it to several thousand scientists? There wouldn't even need to be disclosure. The aliens could just hack into the dreams of the many, many scientists on earth who are desperately searching for an answer to our energy problem.

Those are the aliens' terms: We will help earth *only after* disclosure, and the United States government must be the one to disclose. Frankly? It sounds like a game of “lets you an' him fight,” i.e., lets us fight with our government while the aliens who instigated the fight stand by and watch.

As for amnesty, according to the aliens and Jim Sparks, the secret government has violated human rights, failed to disclose the truth of the alien presence, and failed to use alien-derived technology for the betterment of the human race. If that's true, what have the aliens done? Do the aliens need amnesty too?

We have established that Jim Sparks believes most of what the aliens say, and we know why that is true. Now we must leave Jim and his predicament behind, and ask ourselves, What do we think of the aliens' political message?

This message is about a struggle going on between the aliens and the United States government. It is not a message about the environment. It is a message intended to discredit the US government and make the aliens look good. Will we in the UFO community be as credulous about this message as Jim Sparks is? Are the aliens trying to break the United States government like they broke Jim Sparks? It looks to me like they are.

What I say is not intended to absolve our government's role in the UFO cover up. It is not intended to dispel the possibility of MILABs, for which there is accumulating evidence, some of it in Jim Spark's book. It seems to me entirely possible the United States government has fallen into a deep pit from which it is going to be

exceedingly difficult to extricate itself. But one thing is certain—the United States government didn't start this mess.

And for the aliens to stand there and tell me earth's environmental is in horrible shape, and they could help us, but before they will *my* government has to disclose *their* existence? And stand there and tell me the only solution is for me to get THEIR technology out of the hands of the government? Excuse me? It's their technology!

It's their technology

Furthermore, they tell me, my government has violated the rights of human beings. The aliens, who have the blood of tens of thousands if not millions of abductees on their hands, abductees whose lives have been taken over, who have been haunted and hunted and hounded and terrorized and tortured in some kind of really funny cosmic joke, whose bodies have been shamelessly used in unthinkable genetic experiments, whose reason and self-esteem has been degraded, whose personal lives have been expropriated and their freedom destroyed, for whom the sacred bond of trust between man and wife, between parent and child, has been invaded and usurped—and they're telling me my government is guilty and must have amnesty?

According to Jim Sparks, “It simply does no good to try to use human measurement and morals to embrace their ET designs.” That's

the line the aliens have peddled to Jim Sparks, but it doesn't go over with me. I see nothing that interferes with my ability to make moral judgments about the aliens.

As for their political analysis, the alien version of international relations as imparted one night in a deserted carnival park to a fellow who used to belong to himself but doesn't any more, I'm afraid there are too many holes in it for me to accept it as “the truth.”



If the aliens want disclosure, why don't they disclose?

The message is about a struggle going on between the aliens and the US government.

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in bed, are reported. These bondings may include childhood playtime scenarios and, in adulthood, dating themes and sexual activity. Many abductees do not fully recall all the bonding events and may be left with only a strong visual image of the lover's face—and an obsession to find this person.

The instigators of the love obsession now set off a series of emotional highs and lows with accompanying paranormal features, such as spontaneous remote viewing of the targeted partner, empathic and telepathic connections, telesthesia, and out-of-body, “astral” visitations with the mate. (Telesthesia can be described as the perception of the energy field of another individual from whom you are separated by many miles.) Bizarre synchronicities regarding the targeted partner occur repeatedly in such a way as to maximize the need to be with the lover, fueling the obsession.

Then the inevitable happens—one partner is switched off, emotionally unplugged, leaving the other, still-obsessed partner in a state of unrequited love. These are not normal love relationships where one or the other partner simply wants to break up. These are clearly orchestrated and manipulated with full paranormal features.

Scavengers of passion

If I hadn't come to an understanding of the “alien love bite” syndrome among abductees, my working hypothesis regarding the aliens' true motives wouldn't have been unveiled. That hypothesis is that the aliens (at least certain species, including the Grays, Reptilians and Draconians) harvest human emotional energy, specifically the primal creative energy exuded during a high drama romantic obsession. This may include energy chakra manipulations, as in the Ted Rice case, described in *The Love Bite* and in Dr. Karla Turner's book, *Masquerade of Angels*.

The aliens are creating love obsessions in the lives of some abductees. In the meantime, a genetic hybridization program is also happening with particular bloodlines that interest the aliens. Indeed, it is clear certain ET groups are heavily interacting with specific bloodlines of humans and probably human-alien hybrids.

Another case, the Mia Adams and Jordan case, is described in *Love Bite*, and also in Mia's 1995 book, *The Excyles*. Jordan, an intelligence operative, told Mia she is connected with the aliens and she came to believe she is possibly a hybrid. Mia says Jordan told her she was part of an experiment in which the aliens were intent on determining the influence of “non-tangible energy fields” in human emotional bonding.

Non-tangible energy fields refers to soul energy manifestations transmitted between persons who have deep connections to one another, consisting of subtle energies which can be sensed by

clairvoyants. (See Ingo Swann, *Psychic Sexuality*.)

According to the Mia story, during one of Mia's teen abductions a clandestine “secret government” group of humans, working in collusion with alien Grays, extracted Mia's ovum. The nuclear DNA was removed from the egg, but another form of her DNA, mitochondrial DNA, was left in place in the egg. Nuclear DNA from two other parents was then inserted into Mia's ovum in an in-vitro fertilization procedure. The offspring (Jordan) of this fertilized egg actually had three parents, two mothers and one father. The genetically modified ovum was implanted in Jordan's birth mother, who may or may not have known she was involved in a clandestine alien-human genetic project.

Mitochondrial DNA, found outside the cell nucleus, is different from nuclear DNA. As a former biochemist, I believe mitochondrial DNA may be an important factor influencing “non-tangible energy

fields” involved in mother-child bonding, sexual preference, and social behavior.

Mitochondrial DNA is passed on via the maternal bloodline; it is mitochondrial DNA that has enabled scientists to trace the human ancestral lineage back to a single female—the original mother of humanity in Africa

This case, and other non-published abductee reports, indicate the ETs are interested in more than hybrid offspring from their experiments; they are also interested in the energy created through love obsessions, which is a more primal creative energy associated with the kundalini, prana life force.

Kundalini is a Sanskrit term meaning coiled power. In Tantra and Asian yoga teachings, supervitalistic power is compressed in the human organism causing the kinking and folding of DNA which, when awakened, produces ecstasy, illumination, hyperception, and access to molecular memory. (Taken from the glossary of John Lash, *Not in His Image*, 2006.)

Tall White aliens figured in another recent unpublished love bite abduction case. The Tall Whites, according to the female abductee who made this report, look like Grays but are

**Bizarre synchronicities...
fuel the obsession.**

**The Whites told her the energy we humans
generate is a delicacy to them.**

approximately 6 feet tall—and white. According to the abductee, the White beings told her the energy we humans generate is a delicacy to them.

These beings, she was told, experiment with various love matches, and partners who have “past life connections” were more favorable in terms of a love bite that would stick, according to the Tall Whites. They also communicated to the abductee that not all matches work out, and it is uncertain how and to what

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degree a love match will unfold.

The “love bite abduction” of the abductee involved with the Tall Whites actually involved three individuals, two males and one female, who all knew each other. The female, reportedly, was the only one fully aware of what transpired, while the other two retained less awareness. After the precipitating abduction, the female and her targeted partners did generate stronger feelings for one another, but the female, realizing what was being orchestrated, didn’t “bite back.”

She suffered some unusual gynecological after effects, and had to have surgery to remove five softball-size fibroids from her uterus months later. One of her love bite targeted partners ended up with cancer of the scrotum and had to undergo surgery a year later. Coincidence?

Harvesting high drama emotion

Based on what I have observed, the aliens have several reasons for putting two people together:

a. Harvesting energies generated through high emotional drama and sexual arousal, kundalini serpent power in particular.

b. To disrupt the abductee’s life when, for example, the abductee is on a truth quest to explore their abduction history. To foil this, they are led on a wild goose chase, emotional roller coaster in a love bite set up—or an existing relationship is broken up. Disruptions of this kind occur to many researchers and those who are attempting to “break alien programming.” This is sometimes referred to as a “neutralization.”

c. For reproductive purposes, so the couple will have children the aliens or others want.

d. In a few milab cases I consulted with, it appears a love bite was used to amplify the kundalini and enhance the abductee’s paranormal and psychic abilities before they were sent off on “mind controlled ops,” either in a virtual reality training scenario or on real physical missions.

Many of the milab cases I consult with experience relationship interference. Some report aliens doing this; others blame humans allegedly working with Grays and various Reptoid species.

One has to question, after all these years of aliens interacting with humans, how many “experiments” do they have to conduct to reach their conclusions? Is this really about science, or something else? How are the ETs benefiting from interacting

with us and manipulating our lives? Is this a form of human harvesting, a farm genetically modified to suit their needs? Perhaps a more practical question is, how can we benefit from them?

Milabs and Superwarriors

I may have piqued the interest of readers and researchers alike just by mentioning milabs. Many have asked if there is a military or “secret government” involvement in alien abductions, and I would have to say yes, based on the numerous reports from alien abductees, especially in the US and its allies. In Dr. Helmut Lammer and Marion Lammer’s book, *MILABS: Military Mind Control & Alien Abduction* (1999), the authors describe persons, including alien abductees, who have been kidnapped by human military personnel. The late Dr. Karla Turner’s book, *Taken*, also describes case histories of several milabs.

In a milab event, individuals are taken by military or “secret government” agents and interrogated about their alien contacts. Or, they are “sheep dipped” (against their will, or heavily coerced under mind control) into deep black operations as covert

agents with abilities useful to the intelligence agencies. It may be the alien abductees of interest to the intelligence agencies carry latent alien DNA and have unique abilities the general population does not express.

In the Michael Relfe “Mars Records” case, (see www.alienlovebite.com), Michael believes the secret government can detect individuals with genetically-based

unusual abilities, such as interdimensional feats and time travel.

Duncan O’Finoian, part Cherokee and Irish, was called a “Tween” by his Cherokee Grandfather, because Duncan had the ability to walk between worlds. (See <http://www.youtube.com/watch?v=MIUgThru7JY>) The genetic markers might not be alien genes at all, but might relate to more ancient human origins.

Many milabs are talented with extra sensory perception such as remote viewing, clairvoyance, martial arts, and photographic memory. Technically martial arts are not considered “ESP” but many milabs find they have extraordinary abilities they have no conscious awareness of having learned, including martial arts. Or they require very little training to become very good. Some have compartmented abilities to read and write alien script or speak

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The aliens harvest human emotional energy, specifically the primal creative energy exuded during a high drama romantic obsession.

Write for JAR!

JAR’s Board of Editors invites all members of the UFO community to write for the magazine. JAR will publish all cogently argued points of view concerning the nature and activities of the UFO intelligences and their impact on the human race.

Contact any JAR board editor.

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alien languages.

The secret agencies believed to track abductees will sometimes use these milabs to assist with alien abductions! This is mentioned as an aside in Helmut Lammer's book, and in testimony from 'Jared,' one of the superwarriors I interviewed. Most, if not all these activities are carried out without the victim's permission, a form of high tech mind control slavery. Many assert milabs have nothing to do with aliens at all.

Cases of "Superwarriors" with paranormal abilities are described on my website www.alienlovebite.com. These cases include Duncan O' Finoian; "Jared" (Secret Project Superwarrior Gone Rogue); Andy Pero (Project Superman); Michael Relfe; Zed; and some female milabs who prefer to remain anonymous.

“To effectuate a successful mind control program on humanity, our basic beliefs about God, creation, and divinity must be first hijacked and co-opted with a counterfeit model.”

See also Jon Ronson's 2004 book, *The Men who Stare at Goats*, a true story about how US Special Forces undertook a secret initiative, codenamed Jedi, to create super soldiers—soldiers with psychic powers.

I've interviewed a few MK ultra victims who claimed they were trained by aliens in tasks such as telepathic communication, telekinesis, and operating alien craft. Zed discovered through his own awareness and self-healing that, unbeknownst to his human handlers, his alien programming (Reptilian in nature) supercedes the military goals and agenda. Through great suffering and years of meditation and therapy, Zed discovered the depth of what he believes to be "Reptilian and Draconian" control of humanity. The rabbit hole goes very deep, indeed.

Mind control & belief conditioning

In order to grasp the aliens' true motives, one must understand the basics of human mind control. The exploitation of humans via mind control can be achieved by:

1. Removing the individual from their normal environment of influence
2. Depriving them of sleep
3. Inflicting pain if they disagree, pleasure if they agree
4. Changing their biochemistry
5. Trauma

Those who seek more understanding may want to research the methods of trauma-based mind control traditionally and secretly used by cults involved in black magic and sorcery. (See www.alienlovebite.com.)

To effectuate a successful mind control program on humanity, our basic beliefs about God, creation, and divinity must be first hijacked and co-opted with a counterfeit model. One may wonder how deeply our own religions have been corrupted or even

created by a non-human off planet intelligence.

ETH as contemporary window dressing

Many experiencers, contactees and exopolitic proponents have argued that benevolent extraterrestrials are interacting with humanity. There may be benevolent beings assisting us in our spiritual growth, but these beings are probably not the ones who are abducting and mind controlling humans. It may be the majority of ET activity is nothing more than the ancient spiritual deception Biblical and Gnostic texts, such as the Nag Hammadi Library, warned us about.

A spiritual warfare plays itself out within the alien abduction syndrome. In *Love Bite* I describe events which follow an

abductee's search for the truth of their experiences. Blatant and subtle interference by unseen forces attempts to counteract the growing awareness of the abductee and cancel any challenge to the alien presence and motives. It is like a game, or as Barbara Bartholic, an abductions researcher and hypnotherapist of over 30 years, has remarked, "It is one big Nintendo game".

Ancient Gnostic texts

The Coptic Gnostic writings of the Nag Hammadi Library describe beings called "Archons," said to be an alien force that infects the human mind with ideological viruses and aims to deviate humanity from our true potential. According to John Lash, Gnostic scholar and author of the 2006 book, *Not in His Image: Gnostic Vision, Sacred Ecology and the Future of Belief*, Archons do this mainly through delusional beliefs about divinity. By deceitfully introducing error into our minds they cause us to go astray.

Passages in the First Apocalypse of James (a tractate in the Nag Hammadi Library) describe encounters with ET-like beings, and provide explicit advice on how to deal with these entities and "Archontic manipulation." It seems the ancient Gnostics were well aware of "Archontic intrusion," and of the possibility human beings could become totally "Archontized."

This observation parallels the tendency of some contactees and overzealous religious and UFO cult groups to become heavily influenced by Reptilian and Draconian beings, even "hosting" them. Researcher Colleen Johnstone describes this in the account of her eight year involvement in a UFO cult channeling group. It ended when she and another member escaped, necessitating a classic exorcism from demonic attacks. (www.maar.us)

According to John Lash's website article, "Kundalini and the Alien Force," (<http://www.metahistory.org/Kundaliniforce.php>), the Archons envy humanity because we live in the body of their mother, Sophia. (Sophia is another name for the living intelligence of the earth, Divine Wisdom). Inherent in our

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human nature is the power of kundalini, the serpent power.

The Gnostic myths, according to Lash, say the Archons are exo-organic beings produced anomalously by the impact of the Aeon Sophia, (a divine emanation), upon atomic matter before Sophia herself was manifest as the Earth (Gaia mythos). The Archons arose before the Earth and the solar system evolved, the myths say, but the Archons did not emerge directly from the Pleroma (the spiritual galactic center) as humanity did. They are not like us in our ability to exhibit kindness, empathy, goodness and “nous”—the creative divine intelligence.

Humanity is unique with respect to our gift of “epinoia”—the faculty of creative imagination, as opposed to mental fantasy and pretending—which the Archons are known to do quite well. For example, the aliens’ use of virtual reality in mind control and abductions.

In the case of “Wiz and the Viper, and Sex Dragon 1&2,” (<http://www.alienlovebite.com>) a South American experiencer reports he witnessed first hand numerous virtual reality antics enacted through an extremely intelligent dragon-like being. Wiz says many of the beings who perpetrated virtual reality mind games on him had the ability to shape-shift into any form they deemed desirable or believable, in order to extract what they wanted—sexual life force.

Clothed in the perfect light

In my opinion, the aliens who orchestrate love obsessions where the emotional drama hits a peak are trying to build up the kundalini serpent power within the abductee, and then siphon this energy for their own use. It appears to me they are trying to mimic what sacred sexuality and tantra create: supernatural power, siddhis, and expanded consciousness. The ancient Gnostics who were aware and understood the “Archontic game plan” knew that if they raised and nurtured their own kundalini power through spiritual practice and sacred sexuality, they could overcome the intrusions of the alien powers.

In the Gospel of Philip, (Nag Hammadi Library, psg. 70), it is written “the alien powers do not see those who are clothed in the perfect light, and so they are not able to restrain them.” In John Lash’s words:

The initiate of sacred sexuality overcomes the influence of the Archons and their minions who would produce error in our minds and threaten to take over our bodies. The Archons use a lot of bluff and bravado. They affect our minds to get us to believe they can do far more than they can actually do. . . [I]n so believing, we unwittingly surrender our power to them. The result being, they can get their way with us because we have betrayed our own capacities. Hence, the Archons claim to rule over humanity and

even pretend to be our creators.

In contemporary youth jargon we can say they are “posers,” and those easily “Archontized” I call “muppetized.”

If Gnostic theory of the Archontic (Draconian) rulers is true, is it possible to protect ourselves from alien manipulation? It has been my goal to empower abductees and reduce their feelings of isolation. The love bite in particular is overwhelming in terms of emotional suffering.

To counter it, a growing number of abductees have discovered spiritual practices like meditation, prayer and yoga. A few pioneers of self-exploration have found that awareness is an ever-evolving process, and the nature of their alien encounters change as they grow spiritually. For example, physical abductions decrease and aliens can enter only via “dream hacking.” These findings indicate that what the Gnostics asserted about the Archons may, in fact, be true. Our greatest power—and demise—is in what we allow ourselves to believe.



Eve F. Lorgen M.A.

Eve has conducted research and counseling in the alien abduction field for nearly 20 years. Her degrees are in Biochemistry and Counseling Psychology with additional studies in spiritualism, mysticism, shamanism, yoga and the martial arts. Early on in her work with abductees, mind control victims and experiencers of anomalous trauma, Eve realized that standard psychological and medical methods are incomplete in their treatment modalities. Abductees must take responsibility to expand their awareness, find mutual support with other abductees and take an active part in their healing and recovery process.



Eve has written numerous articles on the alien abduction phenomenon and published *The Love Bite: Alien Interference in Human Love Relationships* in April 2000, and is a contributing author to the three volume *Universal Seduction* series by Angelico Tapestra. She has lectured publicly and appeared on many radio talk shows. Currently her focus is on methods of spiritual empowerment and awareness such as lucid dream work and meditation

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heightened as a bodily compensation for the missing ability. Is it possible that as the grays were able to increase brainpower over the millennia the downside was loss of emotion?

Of course, it could be the grays never had emotions to begin with. Whatever the case, I can attest the grays are extremely eager to evaluate and comprehend the full spectrum of human emotion.

The grays thought I might be concentrating on “revealing” my emotions for their benefit. This was not the case. My fear level was so high that the overt display of fear did not require any effort or acting on my part. Similarly, when I felt rage, anger, serenity and curiosity those were true emotions at the time, not contrived for display or the benefit of examination.

On occasion, the “big guy” (gray) did ask me to explain certain emotions I was not feeling at the time, such as love, happiness, joy, etc. Here again, I had to speak out loud to convey my thoughts..

The grays manipulated my fear. For a long time they did not want me to remember my abduction experiences, and they instilled acute fear in me that was released whenever I tried to remember. But how was the emotion ‘fear’ used by beings that do not possess any emotion? You might well believe it was through a mechanical device, such as an implant, but I believe the grays used a cerebral method.

The grays induced fear in me, I believe, through a form of hypnosis. It is similar to my looking deeply within the big guy’s eyes, inches from my own, and immediately sensing a calm, peaceful and content feeling throughout my body. This ‘relaxation’ hypnosis happened each time I was abducted. .

And how is an emotion instilled by a being who does not possess that emotion? If you fire a rifle and kill a deer, do you feel or fully comprehend the pain the deer feels when the bullet enters its body? You do, however, know what a bullet is and how it is fired from the rifle. Moreover, you do not even have to fully understand the process to use it. For that matter, even those of us who have the emotions do not fully understand them, as I found out during my efforts to explain feeling to the grays.

Think of this for a moment. How do you explain that you might cry at a wedding and also at a funeral? Same physical act—tears—totally different emotion. There is good and bad stress. Being fired from your job is very stressful. Winning a jackpot on a slot machine is also stressful. Winning is good stress, getting fired is bad stress. Emotions like this are not easy to explain to an alien life form.

I spent at least eight sessions of an hour or more in discussion of human emotions with the grays. The oddest condition of these sessions was that I had to audibly verbalize answers; they could not read my mind and get information about my feelings. Furthermore, I never got the sense my explanation of any emotion was thorough, complete, or defined enough to be used as a “guide” by the grays, though perhaps the information I volunteered, added to information they got from other humans, finished the jigsaw for them.

The questioning I received on emotions from the grays, on a routine basis, constituted the most overt interest ever shown toward me, by the grays. Let me explain.

You pick up a pile of delivered mail and casually thumb through the stack acknowledging in your mind routine bills, advertisements, etc. Suddenly you find an unexpected letter from an old friend. You rip into the envelope in eager anticipation. A smile comes over your face as you read the interesting sentences from your old friend. The daily, routine chore of sorting through the mail had just been elevated to a pleasurable and interesting experience.

The preceding is my description of the routine examination of humans by the grays. Always the same, in the same order, until it comes to emotions and then they exhibit active curiosity. That part of the examination is not routine.

Emotionally, we humans are extremely complex. When the time arrives that the grays have exhausted all limits of research on and into the human condition and human emotions, then I believe the abductions will be terminated. Until that time, the grays will continue to abduct humans.

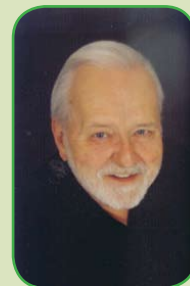
The gray’s agenda may not be completed within our lifetime. The often touted “great event” (some public revelation or appearance by aliens), which has been predicted for more than twenty years, is without merit. The grays have no need to or interest in conforming to human desires or human timelines.

This article will give you reasons to consider the premise that alien beings have been visiting our planet, if not living here, temporarily or permanently in some form, for quite a while.



Bill Foster

Bill worked in sales and marketing management for the first 35 years of his career. For the past 15 years he has been self-employed running a small service business in New England.



Bill has written ten non-fiction books, none of which were related to the UFO subject. His latest book, however, is *The Black Triangle Abduction*, published just one year ago. The book now appears on over 150 websites and is a critical success.

Bill, and his wife Peggy, decided as a result of their abductions to start a website for folks, like themselves, who have no idea where to get relevant information about the subject of UFOs, abduction and aliens. Most importantly the site has a list of hypnotherapists both nationwide and worldwide willing to help people who would like to know if they have been abducted.

The website is non-commercial, non-profit, non-political, non-religious, no membership, sign-in or password needed. The site just has plain and simple information and referral, for folks who want help. It is: www.abduct-anon.com

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weird tingling sensation which in the past was the preamble to abduction dreams and physical effects on my body. I recognized the sensation and decided not to resist it. My whole body began vibrating so much I felt I was dissolving into nothingness and I must have fallen asleep. I did dream of the object in my nose but upon waking the anomalous oval object was still intact and there was no blood on my pillow.

Aug. 26, 2004: Unusual happening. I felt an itch on my right testicle, scratched it and found it was bleeding profusely covering my right leg with blood. I washed it off and put antiseptic on the area, but can see no cut or sore.

Aug. 7/8, 2004: During the night I awoke with a start shuddering all over and feeling the familiar tingling throughout my body I have felt in the past prior to or after what I believe to have been an OBE abduction. I cannot remember much after this except saying to myself, "I wonder where they will be taking me!"

Ap. 8, 2003: I awoke this morning with a bloody scab on the back of my neck just above the hairline where it used to appear periodically. According to my diaries, the last time this happened was Nov. 28, 1999.

Ap. 24, 2003: I was having a dream about being in bed asleep when all of a sudden a bright light shined in my face, I was wrapped in something dark, and lifted out of bed. When I awoke afterwards to use the bathroom, my body was vibrating with the tingling sensation. This happened last Mar. 16, 2002.

Mar. 8, 2002: I slept in the guestroom tonight as Margaret has a bad cold. Although tired, I found it hard to get to sleep and stay asleep. At one point while wide-awake I heard a loud beeping sound. I do not remember what happened after hearing this sound. I do not remember getting up to investigate but do have a memory

or a dream of being out of bed and on the floor struggling with something I could not see. When I brought my pillows back to our bedroom the following morning, Margaret pointed out a spot of blood on the pillow. I checked my face and found a scab on my chin.

Mar. 16, 2002: Yesterday I had a flashback to an experience during the night with the tingling sensation. It started when I heard a clicking sound, just as in the past. However, in this new

house we often get clicking sounds when the baseboard heaters heat up, so it is hard to say whether it was this or something else. It came on suddenly and extremely strong. I felt as if I were vibrating all over, then felt as if I melted into nothingness. In the morning I had a pain under my testicles I have experienced in the past. As before, there was a raised lump-like scab on the exterior segment of the spermatic cord called the external spermatic fascia. That same night I had a dream of being out of bed on the

floor and struggling with something I could not see. Interestingly, I was out of my body looking at myself on the floor in the dream.

Ap. 12, 2002: During the night I felt that same

uptight uneasiness prior to experiencing the familiar tingling. Then I heard a clicking sound and the vibrating feeling coursed through my body. I think I went to sleep but awoke again feeling the same sensation. During the night I dreamed I got out of bed, slipped into my shoes in my bare feet and went downstairs. I cannot remember any other details.

May 29, 2002: When I woke up this morning, my bed was in total disarray. The mattress covers were off even on the far end of the bed. More puzzling and a complete mystery is the telephone, on the side table when I went to bed, it was now sitting on the floor. Had it fallen off the table during the night it would have made a loud crash and a ring waking us both up, but we did not hear a thing. I don't remember feeling the tingling sensation, but one wonders if we had visitors!

Sept. 2, 2002: This morning there was blood on my pillow where my nose had pressed against it. I do not remember anything out of the ordinary except wondering if I would have any more abduction experiences in the future. I could find no signs of bleeding in my nose or on my face.

Jan. 25, 2001: I awoke feeling extremely tired though I had gone to bed early. When I got up and put my pajamas under my pillow, there were three spots of blood on the pillow case, each the size of a nose nostril. Then,

when we were making the bed there was also a spot a little larger on the upper end of the sheet on my side of the bed. Unlike other times in the past, other than the tiredness, I did not remember any abduction dreams although I woke with a start at 3:33, as I have in the past, with the same clock numbers lined up after or before an unusual experience.

May 16, 2001: Had a floating dream last night. Floating on my back in the water. Awoke with fresh scabs on the middle of my

UFOs materialize into our reality as solid objects. They dematerialize into a co-existing reality.

Ray Fowler at his telescope



At bedtime the clock said 11:11. Then I awoke at 2:22. I awoke at 3:33. I awoke at 4:44.

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back. Margaret said it looks like something clawed me. I can barely reach the area with my hands and find it hard to believe I could have done it in the night.

Sept. 30, 2001: This evening, after retiring, I lay thinking about a possible relocation to Maine. Margy was asleep. Suddenly I heard three electronic evenly spaced beeps come from the direction of the bedroom door. I thought I must have imagined this but then the same sounds were repeated from the same area. I woke Margy up and asked her to listen to see if she could hear these sounds, but they did not repeat themselves. I stayed awake for awhile listening and sometime after felt the familiar tingling feeling envelop my body. I do not remember what happened after that.

I scratched an itch on my right testicle and found it was bleeding profusely.

Dec. 17, 2001: Awoke with a start with the familiar vibrating tingling feeling after hearing a male voice call my name. Remnants of the tingling feeling remained for a least a half-hour. No memory of anything else except normal dreams.

Feb. 1, 2000: I heard clicks from the window, which I believe were caused by the wind as when I closed the window, the noises stopped. However, I was experiencing a mild tingling feeling when I fell asleep. While asleep I had a flying dream.

I met with my former pastor for lunch. My daughter, Sharon, had gone to him and told him about my experiences recorded in *The Andreasson Legacy*. She was upset and wanted him to talk to me about it. I told him I was planning to leave the field of UFO research because of family pressures after I completed my last book on UFOs. He did not condemn me and felt the subject of UFOs should be explored. Last time I met with him, I tried to tell him about one of my experiences, but I became so overwhelmed with emotion I could hardly breathe or talk.

The entities reported by UFO and near-death experiencers are the same.

I thought this time I would have no problem and began again to tell him about the experience, in which I had a realistic dream of waking on a table and having something thrust up my nose, etc. Two grays (one short, one tall) and a familiar human-looking entity were standing in front of the table looking at me, etc.

I was amazed to find no sooner had I started to relate this when I almost went into convulsions. A tremendous well of emotions swept over me so rapidly I found it difficult to breathe. I tried to talk but couldn't. I almost cried. It took a few minutes to calm down and I did not try to tell him again. I believe these reactions spring from complete memories of the incident from my unconscious mind. It's strange. I can describe what happened to me, to my peers, and to other abductees, without this reaction overcoming me.

Feb. 6, 2000: The clock phenomenon continues and I do not usually record these events anymore. Last night when I got into

bed, I glanced at the clock and watched it change to 11:11. Later on I awoke at 2:22 and went back to sleep. Later, I awoke with a start to clicking sounds and tingling. I glanced at the clock and it read 3:33. I fell back to sleep and awoke to see the clock change to 4:44.

Feb. 11, 2000: A few hours after I got out of bed this morning I received a flashback to a realistic dream I had had. In the dream, I was in a small rectangular room lying on something. To my right was a rectangular window or transparent opening connected to a similar room. I sat up, glanced through the window, and was shocked to see a nude woman lying on a table set up parallel to the window or opening. The woman was being examined or being operated on by some humanoid figures dressed in white smocks. I cannot remember their faces.

Feb. 23, 2000: About a week ago I had a realistic dream about going through two shiny metal doors that seemed to disappear or open so fast I could not see them just before entering them. I remembered a panel with spark-like numbers flashing on it. The strange thing is each of the several times I remembered this dream, and planned to enter it in the diary, I forgot it until finally I did today.

Ap. 15, 2000: Out of a dead sleep, I raised my head to glance at the clock and saw it read 3:33. Simultaneously, I felt the tingling encompass my body. I got up to use the bathroom as it subsided. Later I awoke at 4:44 with my knees up in bed. Strange, as I do not sleep in this position.

Rosemary: Your research led you to the "meta-phenomenon," the interconnection of UFOs, abductions, near-death experiences, ghosts, extrasensory abilities and other phenomena. What new ideas have you had about these interconnections of paranormal and other-dimensional realities?

Ray: Most of my speculative ideas about such interconnections are based on a "what if" premise regarding information culled from UFO and NDE reports. I ask myself, "What if such experiences correspond to reality and are accepted at face value?" If I do accept such, I arrive at the following:

1. UFOs and their entities have parapsychical abilities. They materialize into our reality as solid objects. But are able to dematerialize to another coexisting reality.

2. UFO entities are genetically related to humans and other earthly life forms. The Nordics look like human beings. The grays are human fetuses taken from human surrogate mothers and brought to maturity in artificial wombs. The reported reptilian and insect-like entities are related to earth's reptiles and insects.

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3. The entities reported by UFO and Near-Death Experiencers are the same beings witnessed under different circumstances. Both appear human. Both can appear as light bodies. Both use telepathy.

4. The OBE abduction experience benchmarks are identical to those reported in NDEs. Percipients report being abducted in an OBE state and telepathic interactions with Nordic-like entities and light beings. Some experience a theophany and are taken to a world of light called “home” where they sense an interconnectedness and oneness of all things. They return with a belief love is supreme, and a new appreciation for ecology. Aftermath effects include electrical sensitivity and psychic abilities.

Conversely, some NDEs are identical to OBE UFO abductions. Percipients experience many of the same benchmarks listed above. Pioneer NDE researcher, Dr. Kenneth Ring, has called these “mixed motif” reports. His psychological profiles demonstrate significant commonalities between UFO abductees and NDErs.

5. UFO and NDE reports reveal the entities are intimately aware of the human life experience. Percipients report the beings know their past and future, including when they will die. In fact, NDErs are told they are being sent back to this life because it is not time for them to die and/or they have not finished work they were sent to do. The entities are able to manipulate human awareness of linear time. Witnesses report experiencing time standing still, suspended animation, time effects upon clocks, and lengthy experiences in a short linear time span. Reports also indicate the entities are space travelers uninhibited by the laws of nature experienced in our reality. Their origin is the other-worldly dimension humans report during near death experiences and UFO abductions in an OBE state.

When the data above is taken at full face value, my grand conclusion is our reality or dimension, including human beings, is the property of an adjacent reality/civilization. Our plane of existence is analogous to their farm. We may be the larval form of the Nordic UFO/NDE entities being bred for a future life in the adjacent reality. Some humans are recycled back and forth between the realities until deemed ready for a life beyond this reality. NDEs themselves are the aborted near-maturation of our larval form which is not ready for new birth into the adjacent reality. UFO abductions are simply the other side of the coin to the near death experience. Abductions may be merely operations preparing humans for the after life, analogous to humans raising and maintaining lower life forms such as cattle. Such include medical exams, health maintenance, breeding and monitoring dangers to earth’s ecology.

Of course, this is just one of many speculative theories concerning the origin of the UFO phenomenon. We may instead be dealing with a nuts and bolts inter-stellar alien technology

so far in advance to us it appears parapsychical in nature. The resemblance to other types of paranormal phenomena may be coincidental. It also could be we are dealing with several different phenomena that have similar characteristics but have no connection with one another. In the end, all one can do is collect, study reports, and speculate.

Rosemary: It’s been several years since publication of UFO Testament (2002) and Synchrofile (2004), in which you talk about your personal experiences. What experiences—not necessarily abductions—have you had since that shed light on your own abduction history, and the speculated meta-phenomenon mentioned above?

Ray: The clock phenomenon and synchronistic experiences continue, as do other paranormal phenomena such as apparent After-Death Communication (ADC) and time warp, i.e., visualizing the so-called past or future in the present. Here are examples from my diary.

Our reality or dimension, including humans, is the property of an adjacent reality, I speculate.

Mar. 25, 2004: Clock Phenomenon. This can happen just before or after an unusual experience. I wake up, glance at the digital clock, and see

identical numbers lined up. Sometimes I wake up for no apparent reason. Other times I am awakened by a bell, a buzz, a clicking sound, dogs barking, a thump against the house, a fire whistle blowing, etc. However, this time I was awakened by the alarm on my wrist watch. I woke up and glanced at a digital clock and then at my digital watch. They both read 1:11. I had not set the alarm on my watch.

Sept. 22, 2002: ADC. A strange dream? I woke in the early morning after a very realistic double dream. I was dreaming about being in my senior high class when suddenly I felt someone pulling my left arm. I awoke to see my mother’s face and part of her body glowing and hovering over the side of my bed saying, “Buster, you just stopped breathing!” I believe there was a brief conversation which I cannot remember. Then I suddenly found myself back in my first dream. I was in the classroom again and I walked up to my teacher, Mr. Nolan, and excitedly told him I had just talked to my mother who died some years ago. I felt elated. He did not seem impressed so I walked back to my desk. The dream continued for awhile and I woke up and used the bathroom wondering if I had really seen my mother or whether it was a dream. (I do have a mild problem with apnea and have stopped breathing in my sleep momentarily.)

Ap. 22, 2001: ADC. The past few days I was thinking about my father and strange experiences he had during his life. I wondered if he could contact me from where he was and I asked him mentally to show me a sign if he was all right. Then, something inexplicable happened this morning. Margaret turned up the thermostat and the furnace would not come on. Then she noticed the emergency shut off switch in the kitchen was off. Neither she nor I ever touch this switch except in an emergency or when a

(Guiley continued from page 33)

repair man needs it off. How did it get placed in the off position? Dad?

Feb. 15, 2003: ADC. Yesterday, I was thinking about my mother who woke me up and told me I had stopped breathing. I have also on occasion been awakened by her voice. I wondered if Dad was also watching over me. He experienced many OBEs and a variety of paranormal events in his life. I asked him mentally why he was not making himself known. The last time I did this, we found the furnace switch off. In any event, last night, when I opened my top bureau drawer, I saw nothing unusual. This morning I opened the same drawer and there was a photograph of my father staring me in the face. It was on top of everything else. I did not know this photo was in the drawer and had not seen it last night. It did not seem possible I could have missed it then.

Mar. 14, 2004: ADC. This week Margaret and I were awakened several nights by what sounded like her alarm clock going off. But when we checked her clock, it was set for 6:30 a.m. Last night, Margaret was awakened again by the clock and woke me to tell me about it. Concurrently, I heard the last notes of our doorbell sounding faintly from downstairs. It is operated by radio frequency and is sometimes triggered by the cell phone of a passing motorist. Again, it was exactly midnight. This time Margaret noticed the sound was coming from my study. I checked the clock in the study and found that alarm had been set for midnight. Neither Margaret nor I had set that clock. Again, something strange coincided with my thinking about contact with my Dad.

Feb. 6, 2007: Time Warp. I got up to use the bathroom around 4 and noticed Margaret was not in bed. Her blankets were pulled back as if she had gotten up to go to the bathroom. The bathroom is next to our bedroom. A night light illuminates the bathroom and our bedroom doorway. I thought she must be in the bathroom and waited for her to come out. She did not, so I peeked around the corner and was surprised she was not in the bathroom. When I turned to go into the bedroom, I was shocked to see her in bed with the blankets over her. I have had things like this happen once in a while where I see future or past things in the present. I asked if she had been up to use the bathroom. She said around 4 AM, but we did not pass each other, or hear each other do so. It would have been impossible to miss her.

May 16, 2007: Time warp. While driving home, I glanced at the house of a friend about 100 feet ahead. Someone was mowing

the front lawn beside the road. I took my eyes off the person for a split second and looked again. No one there but the lawn looked freshly mowed but not raked!

Ap. 22, 2004: Time Warp. While vacationing in Massachusetts, we took one of our favorite walks near Cherry Hill Park in Danvers. Where we parked was a white car and another car to the left of our car. Coming back and at about 50 feet from our car, I remarked the two cars were still parked beside our car. I could see them plainly. Margaret replied that the white car was

gone. I glanced up and for a moment, I could still see the white car before seeing an empty space where it had been. The third car was still there. This has happened to me with cars before. The difference this time was I could still see a car while Margaret said she could not see it. Again, am I hallucinating? or momentarily glimpsing the past? as I seem to have on previous occasions!

Rosemary Ellen Guiley is a leading expert on the paranormal with a “big picture” perspective developed from 25 years of full-time research. She has written 31 nonfiction books, including seven encyclopedias, on a broad range of subjects. She covers ufology for FATE magazine, participates in paranormal investigations, and lectures widely. Her website is <http://www.visionaryliving.com>.



Feb. 20, 2004: Time Warp. Margaret and I took a walk on Blueberry Plain this afternoon. As we approached the tiny parking lot, I noticed a car was already parked there. I turned my eyes away for a moment and then looked again. There was no car there although I had seen it as plain as day a moment before. Margaret had not noticed the car and in fact insisted there could not have been one and I must have imagined it. I wonder if the car had been there sometime in the past and I momentarily glimpsed the past. Perhaps this happens more often than people think but they usually do not have a reference point to judge by.

Ap. 29, 2003: Time Warp. Another incident where I may have seen the past or future in the present. I arrived to go fishing at the Merriland River and found three cars parked at the River. I hoped whoever was fishing were not at some of my favorite places. I

figured there were at least three fisherman, so I decided to count them as I made my way along the stream. I saw the first one and continued walking.

I then came across number two standing in the water about 70 –100 feet from me. I stopped to watch him and counted two. I started to walk on, but glanced again to see what he was doing. No fisherman there! The area was wide open. There was nowhere he could have gone in several seconds. I looked up and down the river but there was no one there!

These are a few samples of the strange things I experience in addition to the amazing synchronistic events in my life.

They told Betty we are being prepared for when the “Big Door” will open.

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(Guiley continued from page 34)

Rosemary: How are the characteristics of abductions changing? Increasingly, it appears humans are being prepared for something rather than just being examined. What are your views on this? What are the dominant messages abductees are being given now, and what is their significance?

Ray: I am no longer investigating abductions, so am not aware of how it may be changing. As mentioned, we may be being prepared and conditioned for life in their realm after we shed our dead bodies in this realm. One of the dominant messages given abductees regards ecology and the damage humans are causing the earth and its life forms. Interestingly, the same message is given to those who return from near-death experiences. Another interesting alien message was given to Betty Andreasson. She was told humans are more than flesh and blood and we are being prepared for a time when the Big Door will be opened. Abductee Herbert Schirmer was told by his captors that “one day you will see the universe as we have.”

Rosemary: To what degree do you think aliens have assimilated themselves into human society? Who are they, and what ends are they working toward?

Ray: I don't know. All we can do is speculate. However, if you put a business suit on a Nordic and gave him a hair cut I doubt anyone would think he was an alien. A Nordic would blend quite well into our society. We seem to be made in the image of the Nordics. I believe aliens and humans are related. As the comic strip character Pogo once said, “We have met the aliens and they is us!”

Again, there is a parallel between humans breeding and maintaining lower life forms and the UFO abduction operations. Reports indicate they can control the human mind. This being the case, they can bring specific humans together for specific breeding, and genetic engineering. They mix, match and track families over generations (just as we do with lower life forms on earth) for purposes beyond our current understanding.

Rosemary: In the past you've been a fundamentalist Christian but have since expanded your theology, as a result of your research and own abductions. How would you describe your personal religious beliefs now?

Ray: I am no longer what one would call a fundamentalist Christian. I still attend church and take part in Bible Study, Nursing Home Programs, Choir and Soloist. I believe strongly in the moral teachings of the Judaic-Christian tradition but have problems with aspects of Christian theology. It is a difficult tightrope for me to walk within the Christian community. A number of Christians I meet have had UFO sightings, abductions and NDEs, but still feel strongly God wants them to remain in a loving church family that reaches out to help the needy.

Rosemary: One area JAR is asking experts to address is, how do abductees and their families cope? In your case, you have not had family support in the past. Please share with us how you and your family have continued to address this part of your life. How has it affected your relationships?

Ray: Since my last book on UFOs, my family has become less agitated about my interest in UFOs. They had reluctantly put up with my interest for many years but later became both alarmed and embarrassed when I went public with my own abduction experiences in my book *The Watchers*. My wife was so upset she went for pastoral counseling. My daughter urged my pastor to counsel me. My son suggested we pay for an evaluation by a psychiatrist. However, my pastor told both my wife and daughter I should continue to probe the UFO phenomenon. His wife had had a close encounter with a disk-shaped object that followed her car in broad daylight. When I told my son I had already taken and passed psychiatric testing, he backed off. My daughters who initially were frightened to have our grandchildren spend the night at our home now have allowed them to do so. They even said when their daughters are 18, they would not mind their reading my books.

Currently, things are much better as long as I don't talk about the subject to them. Thankfully, on the other hand, it has not impacted our loving relationships and activities together. My wife even jokes about it sometimes. She does not mind my teaching classes on UFOs and the paranormal as long as she is not involved. She even serves as hostess to some of my meetings on these subjects. However, this could change if my abduction experiences were publicized in such a way that neighbors, friends and the local populace knew about them.

On May 19, 2007, I gave a public UFO lecture to the Association of Former Intelligence Officers (AFIO) at the local library. My wife did not object, but both of us hoped in the discussion period no one would ask me about my abduction experiences. Until this time I had turned down such public lecture requests, but felt obligated to do this one because I am friends with two former CIA officers in the group. [Note: No one asked about Ray's own abduction experiences.]

Rosemary: What advice do you have for abductees whose families are skeptical or even antagonistic, and for family members having a hard time coping with an abductee?

Ray: My advice to abductees with family problems is they should keep their experiences to themselves at home, and with friends, unless asked about them. They should become acquainted with and find support from others who have had such experiences. The non-abductee family members should not be hostile to the abductee, but should realize the abduction phenomenon is only one of many mysteries we learn to live with in our lifetime.

Rosemary: You've said in the past that you promised your family you would end your direct work in UFOs. Have you held to that? What have your alien contacts had to say about it?

Ray: I told my family *UFO Testament* would be my last book on UFOs and I would no longer conduct UFO investigations for MUFON. I have kept that promise, although UFOs were mentioned in connection with NDE and synchronistic experiences in my book *Synchrofile*. I have no idea what aliens had to say about this except that my synchronistic experiences seem to tell me what I am doing at the present time is what I am supposed to be doing. 