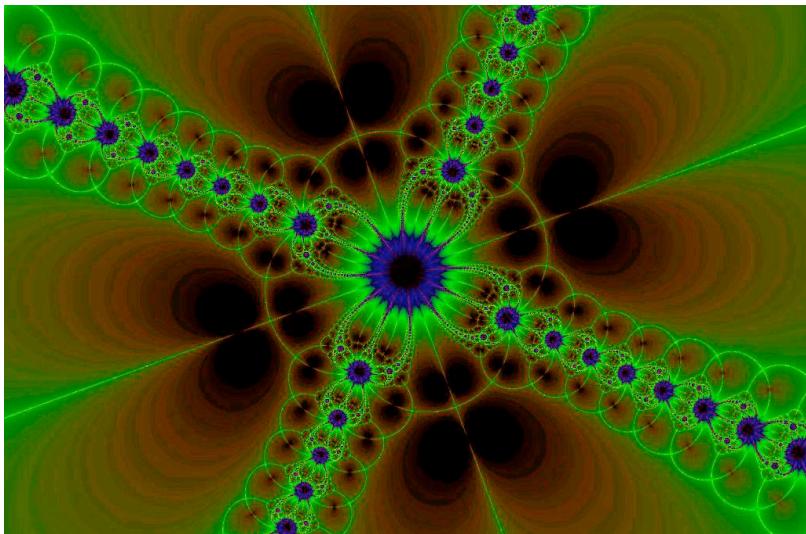


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# The Entheological Paradigm: An Overview



**MARTIN W. BALL, PH.D.**

For more information visit:

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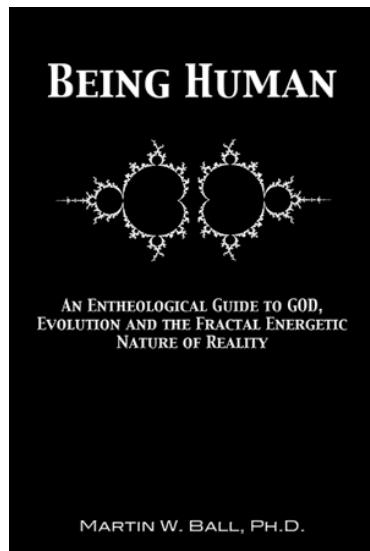
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For a more thorough presentation of the Entheological Paradigm,  
see the new book by  
Martin W. Ball, Ph.D.,

***BEING HUMAN: AN ENTHEOLOGICAL  
GUIDE TO GOD, EVOLUTION, AND THE FRACTAL  
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## **INTRODUCTION:**

This short booklet presents an overview to the Entheological Paradigm, a comprehensive map to the true nature of reality and how individuals can come to genuine knowledge of the self and the nature of God.

The ideas and arguments presented in the following rest on the fundamental understanding that human beings have both the right and ability to know themselves. Perhaps unexpectedly, the Entheological Paradigm articulates that the most genuine and effective path to self-awareness, personal liberation, and direct clarity into the true nature of reality is to be found through the use of entheogens, also known as hallucinogens and psychedelics.

Setting supposedly moral, political, social, and religious views aside, entheogens are simply tools for self-exploration and reflection: nothing more, and nothing less. The fact that they are largely illegal aptly demonstrates the deep level of fear of facing and knowing the self that exists in many modern societies. Ignorance is not bliss, however, and there are profound consequences for our unwillingness to face ourselves and the truth of our existence.

The Entheological Paradigm is here presented in overview in the hopes that rational dialogue and investigation can overcome the near hysterical fears irrational laws present in many modern societies surrounding entheogens and their use. Rational, healthy societies could make profound use of these unique tools. Yet despite the fact the scientific evidence continually accumulates showing the benefits of these medicines, laws and social policy lag far behind, being largely reactionary and prejudicial, especially when the “spiritual” use of entheogens is taken into account.

The Entheological Paradigm points even beyond the therapeutic and “spiritual” use of entheogens and shows how their intentional use is actually necessary for full energetic awareness, which is here equated with direct, genuine experience of the true nature of reality. This is revolutionary and holds the potential to radically and permanently change the course of human history for it shows how it is fully possible for humanity to answer the fundamental questions of existence. The focus on “faith” and “belief” in religions and spiritual traditions are actually obsolete, as is atheism and pure scientific materialism.

Entheogens make direct perception of reality available to anyone willing to do the necessary work and withstand the rigors of the experience. Everyone can experience this for him or herself. There is no longer a need to “believe” anything, and in fact, beliefs are exposed for exactly what they are in the process: beliefs, and not reality.

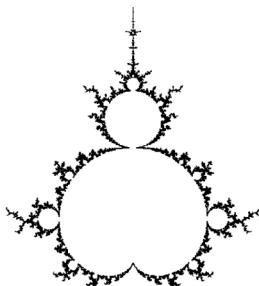
In the pages that follow, the Entheological Paradigm is presented as a coherent collection of ideas, positions, and experiential practices. For the most part, these ideas are presented matter-of-factly with little argumentation. Part of the power of these ideas is that, when taken as a whole, they make logical sense and can easily be accepted by those who approach them with an open mind and a willingness to consider what is genuinely and truly known about the nature of reality.

Readers may find that certain ideas make them very uncomfortable. Whenever such occurs, readers are encouraged to consider how the ideas presented here may conflict with their beliefs and on what grounds. Is there a belief there that could be let go of? What is served by holding onto that belief, and can that belief be confirmed by a consensus view of reality through rational exploration or investigation? Ultimately, a significant part of the process of fully opening to ones true nature is to undergo a process of “unlearning,” as in the end, all beliefs are self-created energetic limitations that can be transcended through the simple act of making the choice to do so. The key, of course, is knowing how to actually make the choice and how that affects the individual energetically.

For a more thorough presentation of the Entheological Paradigm, readers are directed toward *Being Human: An Entheological Guide to God, Evolution, and the Fractal Energetic Nature of Reality*.

- Martin W. Ball

## **THE BASICS**



While the Entheological Paradigm has some similarities to various religions, spiritual traditions, philosophies, and other worldviews, it is not a "belief" system and is in fact a comprehensive explanation for the fundamental, unitary, energetic nature of reality.

The Entheological Paradigm provides unprecedented clarity into what it means to be human free from any metaphysical speculation, religious dogma, ego-generated illusion, and mythological thinking. It can be experienced directly by anyone who is willing to undergo the process of opening to their true energy and genuine nature with the guided use of entheogenic neurotransmitters.

The level of individual awareness and responsibility that the Entheological Paradigm provides is unprecedented in human history as it offers a direct and immediate route for each individual to directly experience and understand him or herself as an embodiment of God. Incomparable to any other method or technique, the Entheological Paradigm is fundamentally unique.

## **REALITY**

All of reality, including all life and consciousness, is the manifestation of a Unitary Energy Being. In simplest terms, everything that exists is God. There is nothing that is not God.

Reality, the physical and mental universe that we find ourselves in, is what God is "doing." Reality is an ongoing process of transformation of energy in the being that is God. God is the only being that exists. Reality is God's way of overcoming infinite unity: the imposition of energetic limits so that there might be multiplicity and experience. What we experience as limitations in physical reality are necessary for the energetic system of reality to function and evolve.

All of reality is energy, in one form or another. There is nothing that exists that is not a form of energy. Life and Consciousness are also forms of energy.

## ENERGY

All energy continually transforms and interacts with other expressions of energy.

The nature of energy and the transformations of energy are mathematical in nature.

Mathematical permutations of energy take the forms of fundamental geometry (crystalline structures, basic geometric shapes) and fractal geometry (organic and inorganic meta-structures).

Both large-scale and small-scale structures, from quantum objects to DNA and river systems are fractal expressions.

Life and consciousness are also fractal expressions of energy and exhibit fundamental geometry as expressed through habitual behaviors, thought patterns, mannerisms, belief systems, and means of personal and individual expression.

All systems and spectrums of energy are united in the Unitary Energy Being, God. God is a fractal energy being that unifies all of

reality through multiple energetic permutations of itself in infinite forms simultaneously.

## LIFE AND CONSCIOUSNESS

Living beings are direct embodiments of the Unitary Energy Being. Each individual life is a unique perspective of the One Being. Each individual is also completely autonomous and has free will to choose, within the energetic limits of reality.

Life and Consciousness are not mere accidental “by-products” of physical evolution. They are a fundamental energy that exist in the being of God and in fact are God.

God has been evolving all of reality through billions of years of energetic transformations in order to evolve increasingly complex and sophisticated bio-vehicles for it to experience reality with.

Human self-awareness and ability is the epitome of the evolution of the universe. It is the purpose of existence: God embodied in self-aware beings with the ability and capacity to understand their true place in existence and the physical ability to manipulate that reality and shape it according to choice.

However, humans are limited by their egos, the very function of consciousness that allows them to have true self-awareness. In order for humans to become genuinely aware embodiments of God, they must directly experience their true infinite nature as energetic beings. A full energetic opening coincides with ego transcendence.

## THE ROLE OF ENTHEOGENS

Entheogenic substances are necessary tools for human beings to be able to fully perceive and experience their true energetic natures. Similar to the role of telescopes in astronomy, microscopes in microbiology and particle accelerators in quantum physics, human

neurotransmitters such as DMT, and particularly 5-MeO-DMT, are necessary catalysts for human perception to fully open to energy.

Through the proper, guided and intentional use of entheogens, as outlined in the book *Being Human: An Entheological Guide to God, Evolution, and the Fractal Energetic Nature of Reality*, individuals can learn how to identify and accept their genuine energetic natures.

Opening to the reality of energy brings about transcendence of the ego, personal transformation, and ultimate liberation from all limiting belief systems, behavior patterns, and harmful modes of thought and action to self and others.

En-theo-gen: a substance generates the experience of God within.

## ENTHEOGENIC EVOLUTION AS SUPRA-TRANSCENDENTAL EVOLUTION

Reality has moved through distinct evolutionary stages: inorganic, organic, transcendental evolution (human self-awareness and expression through religion, culture, arts, sciences, etc.), and supra-transcendental evolution (the transcendence of limited, egoic consciousness)

Through the use of entheogens, humans have the ability to come to direct knowledge of their true energetic natures, thereby transcending all religious, cultural, speculative, and illusory concepts of reality and self-identity as created by the ego.

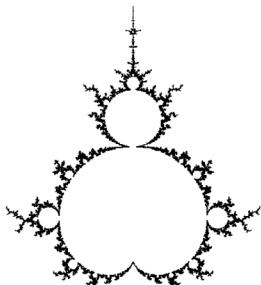
When this can be accomplished on a large-scale, human evolution will catapult into the supra-transcendental stage where all religions, cultures, and divisive and contradictory belief systems will be transcended and human societies will enter into an

unprecedented level of cooperation, unity, respect, and responsibility for the reality of our fundamental unity.

The next stage in evolution hinges on the conscious choice of individuals to let go of their illusions and resistance to the reality of being God in a body and take responsibility for who and what they truly are. The only way for this to occur is for individuals to embrace and take responsibility for their genuine energetic natures.

## **BELIEF SYSTEMS**

## **LIBERATION THROUGH UNKNOWING**



The Entheological Paradigm, while embracing and promoting a highly-revised and innovative understanding of God, is largely at odds with both traditional and New Age religious and spiritual views. Mystics have claimed throughout the ages that God is one, is within each individual and is, in some mystical sense, reality. Yet these insights have been obscured and wrapped in mystification, ritual, symbolism, and religious beliefs and cultural systems of identity. Unlike any other description of reality, The Entheological Paradigm is a work of systematic clarity with no mystification or positing of unseen realities.

The Entheological Paradigm therefore promotes "liberation through unknowing." Ultimately, all religious and spiritual beliefs are impediments to directly experiencing the fundamental energetic nature of reality in the present moment. All limiting and illusory beliefs must be transcended in order for reality to be experienced with clarity, liberated from all self-generated and ego-produced confusion.

The truth is that each individual living being is a direct embodiment of God, the Unitary Energy Being that is the source of

all the energy in existence. Humans, as living beings, are unique expressions and embodiments of God for the fact that humans have self-awareness and egos - something that is largely absent in other living beings, with some rudimentary exceptions for apes and cetaceans. Because of this fact, humans have a unique capacity to awaken to their true identities as embodiments of the infinite energy being that is reality. To do so, they must learn how to energetically transcend their egos into full, infinite self-awareness through the guided use of entheogens.

Unlike most religious and spiritual traditions, The Entheological Paradigm promotes the distinct view that "this is it!" Reality, as we experience it as embodied beings in a "physical" universe is what is "real." There is nothing "beyond." Simply put, this is it. What we see is what we get.

Also unlike most religious and spiritual traditions, The Entheological Paradigm concludes that there are no intermediary realms, entities, or metaphysical energies between living beings and God: Living beings are God directly in embodied form. In the case of humans, it is only the limiting energetic constructs of egoic-beliefs and projections that separate humans from awareness and acceptance of their true natures as embodiments of God.

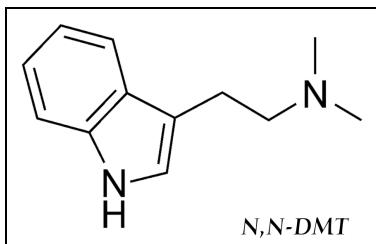
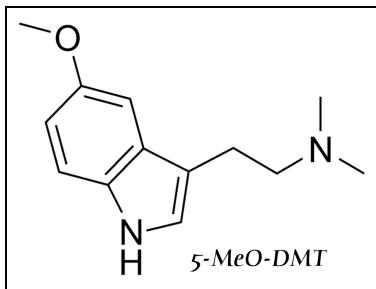
The Entheological Paradigm promotes radical non-dualism. There is no separation. Any perception or experience of separation is self-generated and ultimately illusory.

## THE BASIC TRUTH

The logic of the Entheological Paradigm is quite simple: God is a unitary energy being that is all of reality. The only thing that separates humans from their direct experience and acceptance of themselves as God is the energetic limitations created by their belief systems, which in turn influence the choices individuals make, how they choose to express themselves, and how they relate to the genuine and authentic energy that gives them life, awareness, experience, and being.

While religions and spiritual traditions have taught methods to transcend the ego, these methods have consistently been wrapped within ego-generated illusions of metaphysical realities, invisible spirits and energies, and numerous other wild and unsupported speculations that require adherence to practices of “liberation,” “salvation,” and “enlightenment”. These beliefs separate individuals from their immediate energetic reality. Even when providing some extent of ego-transcendence, the belief systems themselves provide ample opportunity for egos to stay attached to illusions and cultural constructs, helping them to shape their identities and sense of self. Religions, at best, provide an expanded sense of self, but it is still limited from true energetic reality.

The only truly effective method for both transcending all belief systems as well as simultaneously opening an individual's ability to perceive and experience energy, the fundamental nature of reality, is the careful, guided, and intentional use of entheogens, especially 5-MeO-DMT, a natural neurotransmitter found in every mammal and every human being.



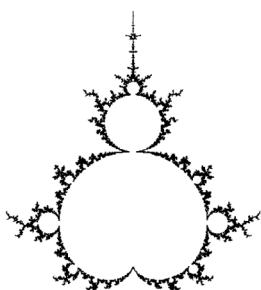
### Crystal Keys to Expanded Awareness

DMT and 5-MeO-DMT are human neurotransmitters and play significant roles in human perception and the proper functioning of the nervous system. When small quantities are consumed from an external source, perception and energetic awareness are profoundly affected, radically opening one to a “full spectrum” experience of one’s natural energy as a conscious, living being. DMT is considered a schedule I illegal drug in the U.S. and 5-MeO-DMT is currently under consideration for illegal status.

# **ENERGETICS**

## **UNDERSTANDING**

## **FUNDAMENTAL REALITY**



The key concept of the Entheological Paradigm is that of "energy." Everything that exists is a form of energy. While many religions and spiritual traditions make similar, if not identical claims, empirical, physical and mathematical sciences have done a superior job in producing genuine, culture-free knowledge of reality and the true nature of energetic systems. This is due to the scientific emphasis on measurement and observation. Reality is made out of math, and all expressions of energy have mathematical qualities. When given shape in space and time, these mathematical permutations of energy evolve into fractal forms, constituting the perceivable universe.

Energetic systems are fractal systems. Fractal mathematics can describe everything from quantum physics to the shape of DNA, the branches on a tree, the veins in our bodies, the rivers that cross the land, the clouds that grace the sky, to the vast forms of cosmic gas that float through space.

All of reality is one vast, infinitely complex, energetic system.

## A LIVING UNIVERSE

Yet is it not just a "dead," "physical" system. While the Entheological Paradigm is largely in agreement with the empirical, physical, and mathematical sciences, it is far more encompassing in its scope of energetic reality. Grand Unified Theories in physics, for example, have no account or explanation for the existence of life and consciousness in a supposedly purely "physical" system. The Entheological Paradigm is a true Grand Unified Theory for it accepts the unique energy of life and consciousness as not being a mysterious "by-product" of the universe, but rather as a fundamental energy of reality. In short, reality is itself a conscious, self-aware, living being. That being is God: The Unitary Energy Being. That being replicates itself in countless energetic forms simultaneously and is the very life and consciousness that finds expression in each individual living being. God is the very energy of existence and life itself.

God is a Fractal Energy Being that continually replicates itself through evolution within a universe of its own creation in order for there to be a genuine arena in which the exercise of free will, or conscious choice, by autonomous individuals, is an experiential reality.

Enactment of choice is an expression of energy. Choices that align with the true energy of reality are harmonious. Choices that are out of alignment with true reality (choices based on illusions or false beliefs) cause suffering as there is resistance between the agent making the choice and the genuine energy of reality. Religious beliefs are almost universally out of alignment with genuine energetic reality in that they posit numerous imaginary constructs: souls, an afterlife, reincarnation, etc. Choices based on religious beliefs are therefore almost always trapped in egoic constructs that are fundamentally untrue.

## THE HUMAN ENERGETIC SYSTEM

In the simplest terms, a human being is a perfect bio-vehicle for God to enjoy reality in. Through the evolution of living beings over countless eons, the Unitary Energy Being that is reality has been developing more and more sophisticated bio-vehicles. This is the nature of energetic evolution: systems become more complex and sophisticated over time. Energetic systems are expressions of interlacing mathematical patterns that build on earlier transformations of energy.

As an energetic system, the evolution of life has reached an energetic breakthrough in humanity: bio-vehicles with sufficiently sophisticated nervous systems and the mental capacity to become self-aware (something largely lacking from the rest of biological life). Thus the evolutionary energetic construct of the ego developed in human consciousness to facilitate the process of awakening to self-awareness.

The ego, however, is ultimately an illusory construct. Given that all life and reality is, in truth, one, the egoic perspective of being an individual being among others in a universe that is fundamentally separate from the self is a sophisticated illusion. It is necessary for the evolution of self-awareness, but it is still an illusion.

When the ego is transcended through energetic opening to ones true nature, reality can be directly experienced as one, interconnected, vastly complex, living being. The surprise for the ego is that YOU ARE THAT BEING. There is no separation - only the illusion of separation. And that being is clearly not the ego, or what the ego thinks of as its self.

The inevitable conclusion, the simple truth that all humans must simply accept, is that each individual is God. We are all one being, multiplied out into innumerable autonomous versions of itself.

As bio-vehicles for God, humans have three primary energy centers that powers their vehicle directly from source. These three centers are consciousness as physically manifested through the brain, sensory organs, and nervous system, life energy /love as manifested through the heart, lungs, and vascular system, and the energy of creation as manifested through the sexual organs and gonads and as given greatest expression in procreation.

As individual vehicles, humans also have the energy center of their central core as individual physical beings, which is comprised of the throat and stomach/ digestive tract. Our throat is our energetic input/output mechanism that allows us to intake from reality (food and nourishment) as well as express ourselves and our minds through sound, expression, and language. What we do with our input/output mechanism affects the digestive tract and influences how we are processing reality.

How we choose to think, feel, love, act, and express ourselves is our engagement with the energy that is our life. When our choices are energetically in alignment with reality, we live in harmony and truth. When our choices are out of alignment, we feel energetically disturbed. We feel fearful, judgmental, irrational, jealous, cynical, hopeless, hated and hateful.

Physical, biological beings are energy beings. Our bodies run on electromagnetic energy. The source of all life and energy is one. We are liquid crystalline beings, animated by energy that permeates the holographic grid of our fractal DNA, giving our life and consciousness expression in physical form.

If all living beings are embodiments of the one energy being, then what makes humans so special? The answer is that our capacity for expression, communication, and manipulation and understanding of our physical environment far surpasses any other life form. For this reason, humans are the most capable of expressing God's infinite nature of all the bio-vehicles God has to enjoy and experience reality in. Humans, of all living beings, have the greatest capacity for the expression of free will and choice.

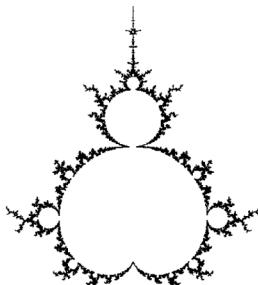
Because humans are the most sophisticated bio-vehicles for God, they also bear the greatest responsibility for themselves and how they choose to shape their world, both internally and externally, and their interactions with others.

Our choices affect us energetically. Choices that deny or conflict with our fundamental energy do us damage physically, emotionally, and mentally. Such choices also increase the likelihood that one will inflict harm and suffering on others as well.

Clarity in who one is and what ones energy is produces harmonious experience for the self and for others.

## **THE WORK**

### **OPENING TO ENERGY WITH ENTHEOGENS**



The basic truth that each individual human being is God in a body, yet most are largely unaware of this fact and even if "believed," is still not practically understood, necessitates a methodology for discovering, accepting, and embodying this fundamental truth of our existence.

Given that God is an energy being, to be able to fully experience oneself as God means that one must learn to process, perceive, experience, and work with the true energy of ones being. Religious and spiritual traditions have developed various methods for deepening ones perception and awareness of oneself, and have even developed energetic methodologies and teachings. The problem is that these teachings almost inevitably involve concepts of "subtle" energy, "subtle bodies," and unseen, mystical forces. These teachings are also wrapped in complex symbolism, mythology, and esoteric systems of personal "liberation," often pointing to the "true reality" as being anywhere but the actual reality that we all collectively inhabit on planet Earth.

For example, in Eastern traditions such as Buddhism and Hinduism, there is the teaching of the "chakra" system: a series of

"invisible" energy centers both within and outside of our physical bodies. Practitioners are taught how to "visualize" and "access" these energy centers. While producing energetic experiences, this is ultimately an imaginary system. No scientist or doctor will ever be able to find or detect your chakras because they don't exist. Furthermore, these energetic teachings are based in a belief system of reincarnation and the need for ultimate "liberation" from this process of death and rebirth. This is an entirely erroneous concept as each living being is already God. There is only one being, so concepts of personal reincarnation are baseless and illusory.

Shamanic energy work does not fare any better. While many shamans work directly with energy, they also work with disincarnate entities, spirits, and "otherworlds." Though effective, to some extent, working with spirits is ultimately working with illusions and projections in the Divine Imagination (explained below). Remember: the Entheological Paradigm teaches that all biological, living beings are God - they do not have "spirits" and there are no other "realms" with "living" beings in non-biological forms.

So how can one encounter ones energy and learn to work with it unburdened by imaginary belief systems and illusions?

The answer is simple: entheogens.

Entheogens are "substances that generate the experience of God within." Many religions and shamanic traditions have made use of entheogens, but the methodology of the Entheological Paradigm is unique from these previous entheogenic practices and therefore presents a new system of direct, immediate experience to humanity.

## DIRECT AND IMMEDIATE CLARITY

5-MeO-DMT, a natural neurotransmitter that is found in every mammal and every human, has played an important role in both

mammalian evolution and human consciousness. Present in the human nervous system, this neurotransmitter regulates the human ability to perceive and experience extremely fine levels of energetic vibrations. When small amounts (10-20 mg) of this crystalline compound is consumed from an outside source, it produces an almost instantaneous shift in ability to perceive and experience energy. The experience of energy is so profound, in fact, that it almost demands a full surrender of the ego, releasing the individual into a fully expanded energetic state, if the individual can choose to completely let go. It is highly significant to recognize that "letting go" completely into ones energy is always a matter of free choice. It is always possible for resistant individuals to attempt to "keep a grip" on their illusions and structured sense of self, unwilling to release the death grip of the ego on ones personal perspective.

The radical and immediate perceptual shift afforded by ingestion of 5-MeO-DMT is incomparable to any other method or tool available to humanity. For those who are ready to accept what they experience, it is the greatest possible clarity into the true nature of ones being. It is direct, immediate, and obviously the fundamental nature of reality and ones being. It is the fullest energetic experience of being God in a body that humans are capable of achieving.

Traditional meditation and energetic practices as taught by religions and spiritual traditions are of a far lower order of magnitude than the 5-MeO-DMT experience. While "mystical" experiences of "union" with God have been known throughout history, the full energetic opening occasioned by ingestion of 5-MeO-DMT is a direct and immediate immersion in full energetic reality that is incomparable in nature and perfect clarity.

Given that 5-MeO-DMT is a compound that anyone could potentially consume for their own personal exploration and self-transcendence, it renders religious and spiritual traditions obsolete. Every human being already is God: they just need a crystal key to

unlock their ability to perceive and experience themselves as such. Spiritual paths and religious dogmas are simply no longer relevant.

## WORKING WITH THE MEDICINES

There are a variety other entheogenic compounds that allow for direct openings to ones genuine energy. 5-MeO-DMT provides the fullest, most expanded experience, but DMT follows a close second. For the most rewarding and productive entheogenic work, these are the two compounds that are most useful for human development. Both are natural human neurotransmitters and therefore, while occasioning deeply expanded experiences of great complexity and beauty, are very natural for human use as there is nothing "foreign" about their chemistry. In fact, they are among the few compounds that are so readily accepted by our brains that they almost instantly cross the blood / brain barrier when consumed.

Working with entheogens is a unique methodology that, if used properly, can achieve the following results for dedicated individuals:

- Removal of energetic blocks and patterns of resistance
- Transcend the ego and habitual patterns of behavior and thought
- Purge energy stored from fear, judgment, illusion
- Release attachment to illusory beliefs and self-created delusions
- Expand fully into ones true energetic state
- Perceive and experience the fundamental energetic unity of all things
- Perceive and experience the fundamental unity of all life and consciousness
- Heal traumatic experiences and release energetic residue
- Achieve personal clarity into ones true nature
- Take responsibility for all of ones choices
- Understand the nature of free will and conscious choice
- Discover ones true energetic core

- Learn authentic expression and speaking in absolute truth
- Harmonize ones inner relationship with oneself and thereby all beings
- Liberation from all personal imaginary limitations

The above benefits are achieved when individuals relax completely into their experience. It is best for individuals to keep their postures energetically open in order to experience the most relaxed state. This means lying back with legs slightly open and knees slightly bent. Arms should be kept at the sides with palms up and hands open. This posture communicates "I am open and willing to receive whatever comes during my experience."

Unlike mystical and shamanic traditions that teach that ones consciousness can enter into other planes of existence and communicate with mysterious, mystical spirits and beings, the Entheological Paradigm holds that all such experiences are best understood as manifestations of the Divine Imagination. The Divine Imagination is an energetic state of perception and experience that is ultimately a mirror reflection of the individual's perspective. The Divine Imagination is like an interactive, multi-dimensional virtual reality that is projected from our own energy and there is nothing within it that is not the self, in some form or another. It is a highly sophisticated, interactive mirror.

The clearest experiences of the Divine Imagination occur with high-level entheogenic experiences where the fundamental, underlying energy of reality is perceived and experienced directly as the self. This is the clearest reflection in the mirror of the Divine Imagination. At high levels of DMT, for example, individuals experience themselves as startlingly complex arrays of intricate geometric patterns, grids, and energetic architecture. This is a clear reflection of our fractal / geometric energetic natures as the One Energy Being: God.

However, since it is an imaginative experience, the fundamental energetic geometry can appear to one in any variety of forms from entities to landscapes, complex architecture, scenes and vistas, and

encounters with seemingly very real beings. Many of these visionary experiences can be very revealing to individuals, especially when they are appreciated for what they are: reflections of the self.

Part of the process of working with entheogens for the purpose of full energetic awakening is learning to accept all that one experiences are manifestations of the self, no matter how "other" or alien the experiences may seem. The simple truth is that for one who is clear and centered in their energy, not even the strongest entheogen can remove them from being immediately present and focused. Those who know who and what they are are not caught by illusions or flights of thought.

## **WORKING IN AN EGO-SUSPENDED STATE**

When sufficient quantities of entheogens are consumed so that the practitioner can reach a "full release" state, the ego can be transcended. The ultimate goal of practice is to learn to maintain ones center in an ego-transcended state and fully present at all times, not just when working with entheogens. But learning what this actually means takes time and practice with the medicines. Because operating from a fully energetically open state is so fundamentally distinct from "normal" human action and interaction, it must first be learned with the assistance of the entheogenic medicines. Once one is sufficiently familiar with the practice and the experiential state of being liberated from the ego, then full integration of the experience with everyday life and consciousness becomes possible. When this is achieved, a person has successfully self-liberated themselves from the confines of their ego and are able to live in the energetic truth of reality.

Entheogenic experiences can be described as an arc of ego transcendence, which takes its most dramatic form when working with powerful tryptamines such as DMT and 5-MeO-DMT. In the first few instants, the ego has the choice to struggle to hold on, or

release in surrender and trust. If the ego fails to release, it will use whatever "tricks" have served it best to keep the individual's consciousness locked into self-projection. Some will use fear, others "thinking too much." The ego will grasp at whatever tools it has found useful in the past.

When the ego lets go, however, the individual enters into an open energetic state. At this point individuals generally begin to be moved by their authentic energy. If they need to release deep energy, they may purge, scream, cry, or any other similar, forceful manner of releasing. It is quite common for individuals to find many subsequent layers of energy to release and let go of.

Resisting the flow of energy can create vibrations throughout the body. When this occurs, vibrations can be minimized by consciously relaxing and returning to the open body posture described above. Vibrations can also serve to clear out blocks in the body and open up areas in your being where your current might be weak or constricted.

When individuals are truly relaxed and centered, they begin to move spontaneously in mirrored symmetrical movements that coincide with the bilateral symmetry of their bodies. In such states individuals always maintain a center line down the middle of their body such that their two hands might meet together, but hands will not cross to the opposite side of the body.

Many individuals also begin to spontaneously vocalize. The purest forms of vocalizations in such states are generally pure tones, throat and overtone singing, and other vibratory noises. Glossolalia, or "speaking in tongues," is generally a sign that someone is trying too hard and their ego is intervening.

Eventually the ego will begin to reassert itself and an individual might find themselves asking themselves what it is that they are doing or why they are moving about and making the sounds that they are. These are the first glimmers of egoic self-consciousness. If one chooses, one can continue to let go of the ego at this point

and continue the experience. This is a learned skill, however, and generally as soon as the ego can reassert itself, it will and the individual will return to "normal" egoic consciousness.

The goal of such practices is to allow the individual to learn to recognize and trust their own innate energy. In the entheogenic state, they will feel "inspired" by their energy. They will learn how it directs their body, their thoughts, their feelings and their very life. They can then learn to recognize how the choices they make, especially how they choose to react to situations and events and in their relationships with others and themselves, bring them either into or out of alignment with their innate flow of energy.

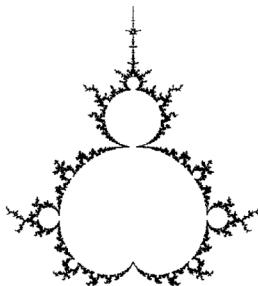
What this fundamentally boils down to is learning how to live in the truth of ones genuine energy. One then learns how to be responsible for oneself - the only person anyone can every truly be responsible for. One learns to how be truthful with themselves and with all aspects of their life, bringing them into greater and greater harmony with their highest expression of themselves as an embodiment of the One Being.

Opening to ones energy with entheogens is a demanding, yet profoundly rewarding, process. Truly opening to energy requires letting go of all preconceptions and willingness to surrender in trust to your life force and the energy of all that is. This is not work that should be taken lightly. It is powerful and transformative.

Trusting your energy means being able to trust the flow of your life and trusting the energy of your heart. You have embraced yourself fully and you know that there is nothing in your energy to fear. You live in the truth of your being and you live in genuine reality, unencumbered by self-generated illusion.

# THE FRUITS

## LIBERATION FOR ALL



The fruits of doing the work to open to ones energy and true nature with entheogens are many. In truth, it is nothing short of genuine human liberation. In the most practical terms, when one has learned how to recognize and accept ones true energy and transcend the ego, then an individual can simply be him or herself, fully, completely, and authentically.

This is the ultimate goal of the Entheological Paradigm: helping people become themselves in their genuine, fully energetically open form. The goal is to be fully human.

As surprising as it may seem, people are honestly confused about what it means to be human, and are especially confused about what it means to truly be themselves. This is for a variety of reasons, but much of the problem boils down to culture, identity, and belief systems. All humans are born into a family, culture, ethnic group, religion, tradition, and other systems of belief, practice, and worldviews. Individuals are shaped by the context in which they find themselves. All belief systems, however, are constructs of culture, as are the behavior patterns that grow from these belief systems.

Constructs, while communicative, meaningful, and shared among collections of individuals to produce group affirmation of experience and interpretation, are not necessarily reality. They are constructs. The difference between reality and a construct is that reality is how things are, not how they might be, nor how they might be otherwise. Culture is always "how things might be otherwise," for another culture, religion, or tradition, could always "do it differently" and have completely contradictory values, beliefs, and understandings. Genuine, True Reality is made of limits that must be accepted because we cannot choose for things to be otherwise. Cultures, by contrast, are largely collections of relative choices.

Any human being could potentially be raised in any religion, culture, or identity group. Anyone can potentially take on the beliefs, experiences, and patterns of any system. The human potential for variety is infinite. Each system presents options for choices and evaluations for human action and thought. Each system has its own version of what it means to be human, and also what it means to be a good or bad, successful or unsuccessful, human. Yet virtually all such constructs are relative. They are not fundamentally true. For this reason, culture (religion, tradition, belief system) is inherently limiting for any given individual as it arbitrarily limits the individual's true, infinite nature. To accomplish this, the culture or tradition needs to convince the ego to internalize the beliefs, values, and systems of thought and practice, thereby shaping the identity of the individual. The effect is universal and comprehensive: confused, self-limiting individuals who cause their own unnecessary suffering and bring suffering to others, especially those who are considered "not us" or "other."

Liberation into the true energetic nature of the self and ones being through entheogens bypasses all cultural constructs and belief systems, particularly at high levels of energetic opening and experience. It is immediate experience that transcends all imposed limits that have been accepted by the ego. It is the complete transcendence of egoic identity.

## ENCOUNTERS WITH THE TRUE SELF

Through practice while in an open energetic state, individuals learn how to recognize and accept their genuine energy, liberated from the constructs of culture, tradition, and belief systems. It is this experience that allows an individual to perceive genuine truth, unencumbered by arbitrary limitations. The individual learns to recognize the truth of the energy of his or her being in the present moment. Freed from all projections and ego games, the moment of now unfolds into infinity, revealing the unity of all things.

Recognition of the unified nature of reality and the center of the self is the beginning of trust. Trust brings about greater relaxation, confidence, and enjoyment of life and all moments. The present moment becomes the true focus of ones attention and life, for it is here, now, in this very moment that the energy of your life is continually transforming and responding to all the energies around it. You see how your choices, every choice, in every moment, guide the unfolding of your life. Living in honesty, truth, and all that is genuine and real becomes the foremost concern in ones life. Being present. Being here. Being human. Being yourself.

In the end, this is the only purpose of existence: for each individual to fully and completely be him or herself. Human beings, because we are so thoroughly cultural animals, have the greatest difficulty in discovering and trusting in who we truly are. The meta-structures of culture, tradition, religion, and belief systems have provided for continuity of societies and ways of life, but the time has now come where humans are ready to transcend the arbitrary limits they have placed on themselves. The time has come for people to truly be who they are: Full embodiments of God, with infinite potential to live harmoniously and gloriously in reality. None of us need to be saved. None of us need to escape the wheel of rebirth. None of us need to purify ourselves. None of us need to deny who or what we truly are for imaginary egoic projections and illusions. We only need to be ourselves fully, in every moment, and live with each other in the honest recognition of reality.

## LIBERATION INTO TRUTH AND REALITY

Humanity has been in its infancy. Cultures have told themselves countless stories about themselves and the universe, giving meaning to their existence and satisfying our true desire to know and understand. Through altered states of consciousness, humans have always experienced the fantastical, otherworldly, the terrifying and the sublime. Yet when genuine empirical investigations into nature revealed no such genuine realities, the Divine Imagination was exposed for what it is: an imaginative experience. Complex, paradoxical, beyond "normal" human imagination, but imagination, nevertheless. A sophisticated way humanity has been interacting with itself as both perceiver and that which is perceived.

Now humanity has found a method to reach genuine consensus about the nature of reality through empirical, mathematical, sciences. Particle physics and astrophysics are genuine knowledge about the energetic structures and systems of reality. There are no angels, divine beings, or ascended masters out there: just infinite amounts of energy. It doesn't take a ritual or a prayer to log onto the internet or make your computer work. You don't have to "believe" in technology for it to work because it is based on knowledge that is true: precise, mathematical knowledge of energy and energetic systems.

And when we look within, with clarity and honesty, we find that there is only the "I." And what is that "I" that flows in a torrent of infinite energy that unites and unifies all things in one vast, interconnected network of energy? If there is nothing between you and that infinite energy, then all separation is merely illusion.

It is you. It is I. It is God.

To be God is to be liberated from all ego games of illusion and suffering. It is to live in truth and accept the full reality of ones life.

And the reality is that from this perspective, you are a human life, a human being. You are God, but you are also God as embodied in a human bio-vehicle. Only you can liberate yourself into genuine awareness of who and what you are. The responsibility is 100% yours and yours alone.

Human life is short. The time each individual has is limited. True liberation awaits YOU. NOW.

